



15th Annual UofL Depression Center Conference, November 5, 2021

Registration Deadline: Deadline for online registration is 12 Noon, Monday, November 1. To register after 11/1/21, contact carol.wahl@louisville.edu

How to register:

- Online registration: <https://bit.ly/UofLDCC21>
- (Confirmation will be sent following completion of online registration.)

Registration fees:

- Non UofL Healthcare professionals, \$40
- UofL Faculty, Residents, Fellows, and Students: Free

Refund policy:

- Requests for cancellation must be submitted to cmepd@louisville.edu on or before Monday, 11/1/21. Requests received on or before 11/1/21 will receive a full refund. A \$10 refund will be given for requests received after 11/1/21.

Designation Statement



The University of Louisville School of Medicine designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement



The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nurses - This program has been approved by the Kentucky Board of Nursing for 5.4 continuing education credits through University of Louisville Hospital, provider number 4-0068-12-22-1230. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content. Completion criteria to obtain CE's: Attend entire session and complete the evaluation.

LPCAs/LPCCs – CEU application pending
Psychologists – CEU application pending
Social Work – CEU application pending



15TH ANNUAL UOFL
DEPRESSION CENTER
ANNUAL CONFERENCE

Via Zoom link



Friday, November 5, 2021

8:50 a.m. – 2:30 p.m.

Via Zoom

Register at:

<https://bit.ly/UofLDCC21>

15TH ANNUAL
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*“Progress in the Treatment of
Mental Disorders: Practical
Skills for Clinicians”*

Keynote Speakers:



Maurizio Fava, M.D.
Dr. Fava is Psychiatrist-in-Chief, Massachusetts General Hospital, Associate Dean for Clinical and Translational Research, and Slater Family Professor of Psychiatry at Harvard Medical School, and a leading authority on psychopharmacology of depression.



Cheri Levinson, Ph.D.
Dr. Levinson is Associate Professor, Director, Eating Anxiety Treatment Laboratory, Department of Psychological and Brain Sciences, University of Louisville.



Barbara O. Rothbaum, Ph.D.
Dr. Rothbaum is Professor and Associate Vice-Chair of Clinical Research, Director, Trauma and Anxiety Recovery Program, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine, and top expert on Post-Traumatic Stress Disorder.

Friday, 11/5/21

Keynote Sessions

8:50-9 AM, Welcome

Jesse H. Wright, M.D., Ph.D., Kolb Endowed Chair in Outpatient Psychiatry and Director, UofL Depression Center, Department of Psychiatry and Behavioral Sciences

9-10 AM, “Treatment of PTSD: What’s New, What Works”

Barbara O. Rothbaum, Ph.D.

10-11 AM, “Pharmacological Approaches to Treatment-Resistant Depression (TRD)”

Maurizio Fava, M.D.

11 AM-12 PM, “Unraveling the Complexity of Eating Disorders”

Cheri Levinson, Ph.D.

-----Lunch, 12-1 PM-----

Afternoon Workshop

1-2:30 PM, “Exposure Therapy for PTSD”

Barbara O. Rothbaum, Ph.D.

2:30 PM – Complete online evaluation to receive Certificate of Attendance (link will be provided in Syllabus). Social Work certificates will be emailed.

Learning Objectives:

- Describe the most common pharmacological strategies and recently discovered medications for treatment of resistant depression and the evidence for their efficacy
- Enhance knowledge of different types, understand treatment options, and learn of novel treatment research for eating disorders
- Become familiar with signs and symptoms of post-traumatic stress disorders; learn to recognize PTSD in patients, common comorbidities, particularly mood disorders
- Learn specific cognitive behavior therapy techniques for PTSD including prolonged exposure
- Learn the basics of prolonged exposure and its efficacy with PTSD



NATIONAL NETWORK *of* DEPRESSION CENTERS

The University of Louisville Depression Center is a founding member of the National Network of Depression Centers