



14th Annual UofL Depression Center Conference, November 5 & 6, 2020

Registration Deadline: Deadline for online registration is 12 Noon, Friday, October 30. Day of registration is also accepted.

How to register:

- Online weblink:
<https://bit.ly/UofLDCC2020>

Registration fees:

- Non UofL Healthcare professionals, \$25
- UofL Faculty, Residents, Fellows, and Students: Free

Refund policy:

- Requests for cancellation must be submitted to cmepd@louisville.edu on or before Friday, 10/30/20. Requests received on or before 10/30/20 will receive a full refund. No refund will be given for requests received after 10/30/20.

Learning Objectives:

- ✦ Learn how to use cognitive and behavioral techniques to increase hope
- ✦ Learn how to identify, evaluate, and respond to hopeless cognitions
- ✦ Learn how to introduce simple, mindful movements into clinical practice to increase client motivation to be physically active
- ✦ Explore Coronavirus and its impact on older adults
- ✦ Learn to recognize the impact of the novel Coronavirus on psychiatric symptomatology
- ✦ Explore efficacy and tolerability of psychedelics in the management of resistant depression
- ✦ Explore the effects of grief and loss on mental health, discuss treatment approaches
- ✦ Learn to identify telemedicine methods in psychiatric treatment

Designation Statement



The University of Louisville School of Medicine designates this live activity for a maximum of 4.0 AMA

PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement



The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nurses - This program has been approved by the Kentucky Board of Nursing for 4.8 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-20-1171. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content. Completion criteria to obtain CE's: Attend entire session and complete the evaluation.

LPCAs/LPCCs – The Kentucky Board of Licensed Professional Counselors approved this program for 4 continuing education credits.

Social Work – CEU application pending

Psychologists – CEU application pending



14TH ANNUAL UOFL DEPRESSION CENTER ANNUAL CONFERENCE

Via Zoom link



November 5-6, 2020

8:20 – 10:35 a.m.

Via Zoom link

14TH ANNUAL UOFL DEPRESSION CENTER ANNUAL CONFERENCE

“Moving Ahead: Treating Depression in 2020 and Beyond”

Keynote Speakers:



Judith S. Beck, Ph.D.

As President of the Beck Institute, Judith S. Beck, PhD, provides the vision and leadership to further their mission: to improve lives worldwide through excellence in Cognitive Behavior Therapy. She is also Clinical Professor of Psychology in Psychiatry at the University of Pennsylvania where she teaches 2nd and 3rd-year psychiatric residents. Dr. Beck has written over 100 articles and chapters on different aspects of cognitive therapy. Other publications include: *The Beck Diet Solution: Train Your Brain to Think Like a Thin Person*, *Cognitive Therapy of Personality Disorders*.



Boadie Dunlop, M.D.

Boadie Dunlop, M.D., MSCR, is Associate Professor, Psychiatry and Behavioral Sciences, Emory University, and has served as the Director of the Mood and Anxiety Disorders Program (MAP) at Emory University since 2006. His clinical research is focused on the neurobiology, psychopharmacology and treatment of major depression, bipolar disorder, and anxiety disorders. Dr. Dunlop is a practicing psychiatrist at Emory Clinic and performs consultations for treatment-refractory patients with mood and anxiety disorders. He is course director for the Mood and Anxiety Disorders lecture services and provides supervision in psychopharmacology and psychodynamic psychotherapy for Emory psychiatry residents.

UNIVERSITY OF LOUISVILLE DEPRESSION CENTER

Keynote Session, Thursday, 11/5/20

8:20-8:30 AM, Welcome

Jesse H. Wright, M.D., Ph.D., Kolb Endowed Chair in Outpatient Psychiatry and Director, UofL Depression Center, Department of Psychiatry and Behavioral Sciences

8:30-9:20 AM, “Building Hope”

Judith S. Beck, Ph.D.

Workshop Session, Thursday, 11/5/20

9:45-10:35 AM, “Mindful Movement in Clinical Practice”

Paul Salmon, Ph.D., Associate Professor, UofL Department of Psychological and Brain Sciences

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9:45-10:35 AM, “Covid-19 and Mental Health”

David A. Casey, M.D., Professor and Chair, UofL Department of Psychiatry and Behavioral Sciences

Go to www.louisville.edu/depression for the list of 2020-21 Building Hope Community Presentation virtual series

UNIVERSITY OF LOUISVILLE DEPRESSION CENTER

Keynote Session, Friday, 11/6/20

8:20-8:30 AM, Welcome

Jesse H. Wright, M.D., Ph.D., Kolb Endowed Chair in Outpatient Psychiatry and Director, UofL Depression Center, Department of Psychiatry and Behavioral Sciences

8:30-9:20 AM, “Psychedelics in the Treatment of Psychiatric Disorders”

Boadie Dunlop, M.D.

Workshop Session, Friday, 11/6/20

9:45-10:35 AM, “The Genie Is Out of the Bottle-Technology and Social Media in Psychiatric Practice”

Robert Caudill, M.D., Professor and Director, Residency Training Program, Director, Telemedicine & IT Programs, UofL Department of Psychiatry and Behavioral Sciences, and **Chris Peters, M.D.**, Associate Professor and Outpatient Director, Bingham Clinic, UofL Department of Pediatrics, Division of Child and Adolescent Psychiatry and Psychology

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9:45-10:35 AM, “Helping Patients Work Through Grief and Loss”

Kathy Vincent, M.D., Professor and Vice-Chair for Education, UofL Department of Psychiatry and Behavioral Sciences, and **Jodene Miller, LCSW**, Therapist, UofL Physicians-Psychiatry