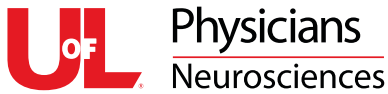


# Motor Retraining (MoRe) for Functional Movement Disorders: *A Multidisciplinary Treatment Approach*



Parkinson's Disease and Movement Disorders



## March 23, 2019

Rudd Conference Center, Jewish Hospital  
201 Abraham Flexner Way • Louisville, KY, 40202

UofL Physicians – Neurosciences – Parkinson's Disease and Movement Disorders in collaboration with Frazier Rehab Institute is offering a CME/CE activity to learn about Functional Movement Disorders (FMD) with a focus on a pragmatic, multidisciplinary treatment approach. The Motor Retraining (MoRe) program for FMD was established at Frazier in 2014, and has to date treated patients from 27 US states. The program employs successful rehabilitation strategies using physical, occupational and speech therapy as well as cognitive behavioral therapy modules. Faculty from UofL Physicians and Frazier Rehab Institute will present in-depth knowledge and practical training opportunities for healthcare providers to become confident in the diagnosis and successful treatment of FMD patients.

### Target Audience:

Neurologists, physiatrists, physical, occupational and speech therapists, psychologists, social workers and other health care providers interested in the treatment of FMD.



## Agenda

### Friday, March 22, 2019

Pre-Course Welcome Reception at "Angel's Envy"  
500 E. Main Street, Louisville, KY 40202

6:00-8:30 p.m. Join us at one of Kentucky's finest bourbon distilleries for a special event to get to know the course faculty in an intimate setting and network with others interested in FMD. Distillery tours available.

### Saturday, March 23, 2019

7:30 - 8:00 a.m. Registration and Breakfast  
8:00 - 8:15 a.m. Welcome and Course Overview (*Kathrin LaFaver, M.D.*)  
8:15 - 9:00 a.m. Functional Movement Disorders: How to make the Diagnosis (*Kathrin LaFaver, M.D.*)  
9:00 - 9:45 a.m. Motor Retraining for FMD: Treatment Principles and Patient Outcomes (*Darryl Kaelin, M.D.*)  
9:45 - 10:00 a.m. Coffee Break  
10:00 - 10:30 a.m. Physical Therapy: Regaining Control over Movement (*Cory Child, PT, DPT*)  
10:30 - 11:00 a.m. Occupational Therapy: Focus on Function (*Dana Backus, MSOT*)  
11:00 - 11:30 a.m. Speech and Cognitive Therapy: Being Understood Clearly (*Brittany McAndrew, MA, CCC-SLP*)  
11:30 a.m. - Noon Psychotherapy: Helping Patients to Help Themselves (*Megan Jablonski, Ph.D.*)  
Noon - 12:30 p.m. Q&A  
12:30 - 1:00 p.m. Lunch Break  
1:00 - 2:30 p.m. Treatment in Practice: Breakout Sessions  
Case-based small group sessions focused on practical implementation of treatment strategies for FMD.  
Session A: Physical Therapy (*Cory Child, PT, DPT*)  
Session B: Occupational Therapy (*Dana Backus, MSOT*)  
Session C: Psychotherapy (*Megan Jablonski, Ph.D.*)  
Session D: Setting up a multidisciplinary FMD Treatment program – Practical Points (*Kathrin LaFaver, M.D., Darryl Kaelin, M.D., Cathy Parker, RN, BSN*)  
We will have a discussion on key factors to establish a successful FMD treatment program including insurance and reimbursement issues.  
2:30 - 2:45 p.m. Break  
2:45 - 3:15 p.m. Treatment of Children and Adolescents with FMD (*Catherine Schuster, M.D.*)  
3:15 - 4:00 p.m. Patient Panel Discussion: MoRe and Beyond  
4:00 - 4:30 p.m. Future Outlook (*Kathrin LaFaver, M.D.*)

# Speakers

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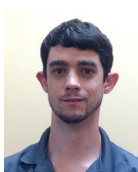
## Kathrin LaFaver, M.D.

Dr. LaFaver is the Director of the Parkinson's and Movement Disorders Clinic at UofL Physicians, Assistant Professor of Neurology and Raymond Lee Lebby Chair for Parkinson's Disease Research at the University of Louisville. She is a native from Germany and completed a Neurology residency at the Mayo Clinic in Rochester, Minn. She pursued fellowship training in Movement disorders at Beth Israel Deaconess Medical Center in Boston and at the National Institutes of Health in Bethesda, Md. Dr. LaFaver has a longstanding interest in functional movement disorders (FMD) and established the inpatient MoRe program for the treatment of FMD at Frazier Rehab Institute in 2014. She is a nationally recognized FMD expert, has published extensively and is a frequently invited speaker on this topic. Her research is focused on understanding the pathophysiology and defining best treatment options for patients suffering from FMD.



## Darryl Kaelin, M.D.

Dr. Kaelin is a Professor and Chief of the Division of Physical Medicine and Rehabilitation at the University of Louisville. He is the Medical Director of the Frazier Rehab Institute. He specializes in neurorehabilitation with a focus on traumatic brain injury and stroke. He speaks nationally and internationally on concussion, spasticity management and neuropharmacology. Dr. Kaelin oversees the management of FMD patients during their inpatient stay in the MoRe program.



## Cory Child, PT, DPT

Cory Child, PT, DPT is a physical therapist working at Frazier Rehab Institute on the inpatient neuro-unit since 2011. He received his bachelor of arts in Biology from the University of Louisville and his Doctorate in Physical Therapy from the University of Kentucky in 2011. He is a certified brain injury specialist and clinical instructor. Cory has worked with patients in the MoRe program since its inception at Frazier.



## Dana Backus, MSOT

Dana Backus, OTR/L has been an Occupational Therapist for 10 years at Frazier Rehab Institute. She works with patients with various diagnoses such as stroke, Parkinson's disease, traumatic brain injury and cancer in addition to patients from the MoRe program. Mrs. Backus is legally blind and has spent her life trying to be as independent as possible despite not being able to drive until age 50. She gets satisfaction by helping others to reach their highest level of independence also.



## Brittany McAndrew, MA, CCC-SLP

Brittany McAndrew, MA, CCC-SLP is a Speech-Language Pathologist at Frazier Rehabilitation Institute. Brittany received her B.S. from Western Kentucky University and M.A. from Indiana University. She specializes in clinical evaluation, management, and treatment of communication, cognitive, and swallowing disorders in adults with a variety of communication, cognitive, and swallowing disorders, including those in the MoRe program.



## Megan Jablonski, Ph.D.

Dr. Megan Jablonski is a Clinical Psychologist at Frazier Rehab Institute. She completed her doctoral degree at the University of Louisville, where she studied the impact of meditation-based interventions on physical health and emotional well-being. Her primary clinical interests are within health psychology and rehabilitation psychology. Dr. Jablonski has worked with the MoRe program since 2014, involved in providing assessment and clinical care for patients with functional neurological disorders.



## Catherine Schuster, M.D.

Dr. Schuster is board certified in Physical Medicine and Rehabilitation and gathers expertise from a multidisciplinary team of healthcare professionals to offer a comprehensive approach to children and adolescents with conditions affecting motor development, function and independence. Through the use of state-of-the-art equipment, advanced rehabilitation techniques and access to the most progressive research available, she is committed to bringing each child to their highest level of function possible for their specific condition. In 2018, Dr. Schuster established the CAMP@Frazier program for children and adolescents with FMD.



## Cathy Parker, RN, BSN

Cathy Parker, RN, BSN is a Clinical Assessment Liaison at Frazier Rehab Institute. She graduated from the University of Louisville. She has over 27 years nursing experience in the areas of psychiatry, home health and rehabilitation. She has worked the past 17 years, at Frazier, facilitating admissions to inpatient rehab. She enjoys working with Trauma, SCI, TBI and FMD populations. The opportunity to be a part of the MoRe program, throughout its planning and implementation, has enabled Cathy to cumulatively utilize her nursing knowledge and experience.



### Designation Statement

The University of Louisville School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



### Accreditation Statement

The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Nurses** - This program has been approved by the Kentucky Board of Nursing for 8.7 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-20-1107. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content. Completion criteria to obtain CE's: Attend entire session and complete the evaluation.