

# BETTER UNDERSTAND THE SYMPTOMS AND CARE OPTIONS OF IBS

By Attending this Complimentary CME Event

## “Diagnosing and Treating Irritable Bowel Syndrome (IBS-D) for Primary Care Clinicians”

**Houston, TX**

**Wednesday, March 11, 2020**

**6:30 – 9:00 pm**

**Maggiano's Little Italy**

**2019 Post Oak Blvd.**

**Hosted by Harris County**

**Academy of Family Physicians**



Nearly 1 in 10 adults and nearly 15% of children suffer the fluctuating symptom patterns of abdominal pain, disturbed defecation, and extra-intestinal symptoms associated with Irritable Bowel Syndrome. IBS represents a significant health burden owing to direct medical costs and indirect costs. Misdiagnosis and under treatment leads to waste and unnecessary patient suffering.

Diet, stress and other sociocultural factors can influence prevalence, health care-seeking behavior, symptoms, and treatment response. Regrettably, practicing physicians and mid-level providers do not always fully understand the pathways and treatment options available now and those in development.

Topics to be covered in this highly interactive seminar include:

- An overview of the pathogenesis of IBS in both adults and children and update on the Rome IV diagnostic criteria
- Primary care's role in the diagnosis and treatment of the IBS-D patients - including diet and behavioral approaches
- Recently approved medications and those in development
- A team approach to patient care management
- When to refer patients to GI specialists and the range of available therapeutic options

Those who complete this activity will better identify how to screen, diagnose and treat their patient with Irritable Bowel Syndrome and when to refer them for more advanced care.

**There is no charge for this event, but space is limited and Pre-registration is Required.**

**For More Information  
and to Register:  
<http://bit.ly/IBS-D19>**



**Your Course Faculty**  
**Brooks D. Cash, MD**  
Chief, GI, Hepatology and Nutrition  
University of Texas  
Health Science Center

### Joint Provider Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Louisville and SC Liver Research Consortia. The University of Louisville is accredited by the ACCME to provide continuing education for physicians.



### Designation Statements

**Physicians** - The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses** - This program has been approved by the Kentucky Board of Nursing for 1.2 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-20-1125. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

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