## **SEMINAR OVERVIEW**

This seminar series will provide updates on the diagnosis and treatment of chronic liver disease with a strong focus on patient care and symptom management. Teams of local, hepatology experts (physicians and advanced-practice providers) will deliver an interdisciplinary, team-based approach in a classroom setting that stresses interaction between participants and faculty.

To lower the barriers to participation and increase access, the program will be offered on Saturdays in twelve cities throughout the country beginning in December 2018. See the calendar of programs.

The seminar will concentrate on key diseases of the liver and address the latest diagnosis, treatment and care management approaches for each.

Primary Biliary Cholangitis (PBC) is an old disease but one that is experiencing some major changes. A new treatment, Obetacholic Acid (OCA), the first new drug for the disease in 20 years, is a breakthrough for patients who have had an incomplete response to Ursodiol (URSO).

Non-Alcoholic Steatohepatitis (NASH) is an epidemic in the US and is expected to be the major cause of cirrhosis in the coming decades as chronic Hepatitis C quickly wanes. There are many unmet needs associated with NASH including simple biomarkers and other non-invasive tests to help diagnose it and promising therapies coming out of research trials. Also there are new breakthroughs in the treatment of Thrombocytopenia and NAFLD.

**End Stage Liver Disease (ESLD)** is expected to continue to grow in prevalence largely due to the burden of chronic viral hepatitis that exists in our population. As these patients age, a larger number will develop decompensation events such as variceal bleeding, hepatic encephalopathy, hyponatremia and renal failure.

**Hepatocellular Carcinoma (HCC)** is the most common form of liver cancer and occurs predominantly in patients with underlying chronic liver disease and cirrhosis. HCC is now the third leading cause of cancer deaths worldwide, with over 500,000 people affected. New research is yielding some promising therapies to treat and/or reduce tumor size.

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## **LOCATIONS & FACULTY**

#### ST. LOUIS, MO

Saturday, February 23 Sheraton Westport Chalet Hotel

#### Bruce Bacon, MD

St. Louis University School of Medicine

#### Adrian Di Bisceglie, MD

St. Louis University School of Medicine

## Alexa Fider-Whyte, PA-C

St. Louis University School of Medicine

## DALLAS, TX

Saturday, March 2 **Embassy Suites** Dallas Park Central

#### Stephan Harrison, MD

Pinnacle Clinical Research

#### Jacqueline O'Leary, MD

Baylor University Medical Center

## Jordan Mayberry, MPAS, PA-C

UT Southwestern Medical Center

## PALO ALTO, CA

Saturday, March 16 Sheraton Palo Alto

#### Danielle Brandman, MD

UCSF Medical Center

#### Todd Frederick, MD

California Pacific Medical Center

#### Marice Thomas, APRN, FNP-C

California Pacific Medical Center

#### **NEW ORLEANS, LA**

Saturday, March 30 Embassy Suites Convention Center

#### Shobha Joshi, MD

Ochsner Clinic

## Fredric Regenstein, MD

Tulane University School of Medicine

#### Cynthia Benz, APRN

SE Louisiana Veterans Health Care

## PASADENA, CA

Saturday, April 27 Sheraton Pasadena

#### Tse Ling Fong, MD

USC Keck School of Medline

#### Sammy Saab, MD

UCLA School of Medicine Lucy Mathew. ACNP-BC Cedars Sinai Medical Center

St. Louis, MO February 23

Dallas, TX

March 2

Palo Alto, CA

March 16

## PROGRAM HIGHLIGHTS

**National Program Coming** 

**Don't Miss Out On This** 

**To A City Near You!** 

The conference will focus on the challenges of: Diagnosis and treatment of chronic liver disease: current and emerging drug and surgical therapies and incorporating new knowledge to improve patient outcomes

- Updated content based on the latest medical guidelines and clinical trial results
- Strong patient-focused educational sessions using evidence-based studies from the latest AASLD, EASL and DDW programs
- Interactive format that includes practical patient case review, small group discussion and the use of Audience Response technology to gauge opinion and build consensus
- ▶ Teams of local experts, comprised of physicians and advanced-practice clinicians, providing an interdisciplinary, team approach to treatment
- Participants can receive up to 6.0 AMA PRA Category 1 Credits™ or up to 7.1 nursing education credits

# New Orleans, LA March 30

## WHO SHOULD ATTEND

This program is especially developed for Hepatologists, Gastroenterologists, Internists, and Family Physicians as well as Advanced-practice **Providers, Clinical Pharmacists and Nurse Specialists.** 

These are the providers who are primarily tasked with caring for patients with chronic liver disease, both in the hospital and in the outpatient setting.



## **FUTURE EVENTS**

Raleigh, NC, May 4 Detroit, MI, June 1 Washington, DC, June 15 | Denver, CO, June 22





## 7:30 am Registration, Continental Breakfast & View Exhibits

#### 8:00 am Welcome and Pre-Test

## 8:20 am End Stage Liver Disease: Treatment, Managing **Complications and Transplant**

- ▶ Staging, workup, and diagnosis of cirrhosis
- ▶ Medical care of the patient with end stage liver disease

#### **Liver Transplantation**

▶ Listing criteria, MELD scores, exceptions and the transplant process

Case Study 1 - Cirrhosis and Encephalopathy

#### 9:20 am Hepatocellular Carcinoma

- Screening diagnostic serum assays and imaging tests
- ▶ Diagnosis without histology
- ▶ Treatment and management options: Ablation, TACE and Surgery

#### 10:00 am Break & View Exhibits

#### 10:15 am Hepatocellular Carcinoma: New Systemic Treatment Options

- ▶ Current FDA-approved therapies
- ▶ New chemotherapy regimens in development and testing
- Immunotherapy as the new MoA for HCC

Case Study 2 - Diagnosis and Treatment of Hepatocellular

## Carcinoma

- 11:00 am Primary Sclerosing Cholangitis (PSC) Epidemiology
  - Ursodiol and Antibiotic Treatments
  - ▶ Predicting Outcomes and Improving Survival

#### 11:25 am New Treatments for Primary Biliary Cholangitis (PBC)

- Causes and Markers of PBC
- ▶ Treatment Management
- ▶ Ursodeoxycholic Acid (UDCA) and Obeticholic Acid

#### 12:00 pm Lunch and View Exhibits

#### 1:00 pm The Best Use of Non-Invasive Imaging for Fibrosis Assessment

▶ Technologies, Procedures and Outcomes

#### 1:30 pm NAFLD, LAL-D and NASH

- ▶ Epidemiology, Demographics and Diagnosis
- ▶ Treatment options for Thrombocytopenia; including alternatives to platelet transfusion.
- ▶ Treatment of patients with Lysosomal Acid Lipase Deficiency (LAL-D) causing adult Fatty Liver Disease

#### 2:15 pm Break & View Exhibits

#### 2:30 pm NASH Treatments in Development

- ▶ Current therapies for NASH
- ▶ Life style change as a therapy
- ▶ Drugs in clinical development for NASH

Case Study 3 - NASH Diagnosis and Treatment

#### 3:30 pm Post Test and Adjourn at 3:45pm

## **EDUCATIONAL OBJECTIVES**

After attending this activity, participants should be able to:

- ▶ Summarize the causes of chronic liver disease and hepatic encephalopathy
- ▶ Comprehend the complexities of organ transplant procedures and waitlists
- ▶ Review the current therapies for PBC and clinical approaches for PSC
- ▶ Learn about diagnostic tests for NASH that may soon be in daily use
- ▶ Discuss the importance of liver biopsy for assessment of liver disease as well as less invasive tools and procedures
- ▶ Integrate newer treatment options for HCC as well as approaches to reduce tumor size and number
- ▶ Discover why Immunotherapy is the new Method of Action for Hepatocellular Carcinoma
- ▶ Discuss treatment options for thrombocytopenia; including therapeutic alternatives to platelet transfusion
- ▶ Employ the progression pathways of Fatty Liver Disease to NASH to Liver Cancer to improve patient management processes and clinical outcomes.
- ▶ Utilize current clinical cases to improve diagnostic and treatment skills

## **COURSE DIRECTORS**

## Paul Pockros, MD, FACG

Director, Liver Disease Center Scripps Clinic

#### Catherine Fernette, MD

Medical Director for Liver Transplantation Scripps Center for Organ and Cell Transplantation

## **Registration Information**

	<b>Early Registration</b>	Regular Registration
Physicians and Clinical Pharmacists	\$95	\$115
Nurses, Nurse Practitioners and PA's	\$70	\$90
Medical Residents & Fellows	\$60	\$80

## To Register & For More Information: http://bit.ly/liver18-19

Or call: University of Louisville CME & PD (502) 852-5329

**Early Registration** ends Tuesday prior to program date.

Regular Registration begins Wednesday prior to through program date.

Cancellation Policy - Requests for cancellation must be submitted to <a href="mailto:cmepd@">cmepd@</a> louisville.edu at least seven (7) days prior to the program. Such requests will receive a full refund less a \$20 processing fee.

## **ACCREDITATION**

#### **Joint Provider Statement**



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for ACCME Continuing Medical Education (ACCME) through the joint providership of the University of Louisville School of Medicine and SC Liver Research

Consortium. The University of Louisville School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## **Designation Statement**

Physicians (MD/DO) - The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s) M. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses - This program has been approved by the Kentucky Board of Nursing for 7.1 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-18-1085. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

Nurse Practitioners & Physician Assistants - AANP and AAPA accept Category I credit from **AMA PRA Category 1 Credit(s)**™ organizations accredited by ACCME.

## **SPONSORS**



The mission of the University of Louisville Continuing Medical Education and Professional Development program is to facilitate the needs of physicians and other healthcare team members as they seek self-improvement through life-long

learning. For more information visit <a href="http://louisville.edu/medicine/cme">http://louisville.edu/medicine/cme</a>



Liver Research Consortium
Your Link to a Successful Clinical Trial organization of physicians specializing in hepatology

and gastroenterology clinical research. SCLRC's mission is to team research sponsors and SCLRC's over 90 research sites together to provide faster, higherquality research results compared to the current "conventional" sponsor-site arrangement. For more information visit www.scliver.com

#### **DISCLOSURE**

This course is supported, in part, by educational grants from industry, in accordance with ACCME Accreditation Standards for Commercial Support. At the time this brochure was developed, a complete listing of commercial supporters is not available. Appropriate acknowledgment will be given to all supporters at the time of the educational activity.

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