

# ***“Thrive: how psychological therapies transform lives and save money”***

**Date:** November 1, 2018 (Thursday)

**Time:** 6:00-7:00 p.m.

**Location:** The Clifton Center, Theatre  
2117 Payne Street, Louisville, KY 40206

**Presenter:**



**David M. Clark, Ph.D.**  
Professor of Experimental Psychology  
University of Oxford, Oxford, England  
Director, Oxford Centre for Anxiety Disorders & Trauma

*“Effective psychological treatments are available for most mental health problems, but the public rarely benefits. This can be changed. The clinical and economic arguments for increasing access to psychological therapies are overwhelming and change can happen.”*

*.....David M. Clark, Ph.D.*

## **Learning Objectives:**

1. Recognize how psychological therapies can transform people’s lives.
2. Identify the benefits from making effective treatments widely available.

***“Building Hope”*** community presentation series.....***free and open to the public***

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University of Louisville Depression Center  
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