
Increasing Physician Awareness and Treatment Outcomes for Irritable Bowel Syndrome (IBS)

Sample Program Agenda

Welcome and Introductions

Presentation

- An overview of Irritable Bowel Syndrome (IBS)
 - Epidemiology
 - Clinical Presentation
 - Adult and Pediatric Patients
- Pathogenesis of IBS-D and IBS-C
- An updated classification system for IBS, the **Rome IV** diagnostic criteria
- Management of IBS-D and IBS-C Patients
 - Dietary approaches
 - Anti-spasmodic therapies
 - Dietary fiber supplements
 - Behavioral approaches
- Currently approved therapeutic agents for IBS
- Questions and Discussion for clinical cases
- Review and Re-Cap

Program adjourns

Learning Objectives

As a result of participating in this activity, participants should be able to:

- Recognize the pathways and symptoms of those with Irritable Bowel Syndrome
- Summarize the underlying physiologic and psychological determinants of symptoms
- Identify patients with IBS-D and IBS-C who are appropriate candidates for pharmacotherapy
- Review the diagnostic criteria and available tests
- Develop individualized treatment plans for patients with IBS-D and IBS-C by applying new clinical data
- Administer help to patients and their families for recognizing the causes and treatments for IBS so they can partner with clinicians to help manage symptoms and treatment which is especially important for young patients
- Review the benefits, efficacy, safety and mechanism of action of the new FDA approved treatment options
- Recognize when to refer patients to GI specialists and what therapeutic options may be available