**LBST 400 – Cooperative Internship**

**STUDENT REFLECTIVE STATEMENT**

Cover Sheet and Information

**Liberal Studies Program/College of Arts & Sciences/University of Louisville**

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Last Name First Name M.I.

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Student ID Number University Email Address

LBST 400 – Section \_\_\_\_\_\_\_\_ Year \_\_\_\_\_\_\_ Term \_\_\_\_\_\_\_ Credit Hours \_\_\_\_\_\_

Course Topic (if applicable – see program advisor for more information)

24 character limit

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Co-op Site Name of Supervisor

Your reflective statement on your co-op experience should be at least 500 words in length, and should address the following questions:

1. What specific skills and knowledge did you gain?
2. What experiences during your co-op were most valuable to you?
3. How did your co-op experience differ from your expectations? How did it supplement what you had learned in the classroom?
4. What was the most challenging aspect (positive or negative) of your internship?
5. Did the experience spark interest in unexpected areas or deeper interest in a related field?
6. In your proposal you identified unique learning outcomes for your individualized major. Do you feel your cooperative internship helped you achieve these outcomes? If so, how?
7. Would you recommend this co-op site to other students? If not, why?

When you have completed your reflective statement, please submit it with this form to the Liberal Studies Program Director.

Your statement will be treated as confidential by all University of Louisville staff.