



Living with Pride

Fall 2016

Wednesdays 4:30pm-5:30pm at the UofL Counseling Center

This group provides a safe and accepting space for members to discuss topics pertaining to emotional wellbeing as they relate to members' sexual and gender identities. The group is led by a licensed therapist who facilitates a supportive dynamic among group members dealing with similar issues.

Topics are based on students' interest and have included: exploring one's identity, trust in relationships, dealing with discrimination and safety issues, friendships and dating, family and societal expectations, spirituality and identity, balancing academics and personal life, and mindfulness and healthy coping skills.

If you have any questions or are interested in attending this group, please contact the group leader, **Kimberly Cherry, LMFT**, at the University of Louisville Counseling Center by calling **502.852.6585** or by email at **kimberly.cherry@louisville.edu**.

Come join us Wednesdays beginning September 7th at 4:30pm-5:30pm at the Counseling Center at 215 Central Ave, Suite 201, Louisville, KY 40208.

www.louisville.edu/counseling

Meeting Dates: September 7, 14, 21, 28, October 5, 19, 26, November 2, 9, 16, December 7, 14