

YOUTH CONNECTION + RESOURCE GUIDE

LOUISVILLE METRO AREA, KENTUCKY AND SO. INDIANA



IN AN EMERGENCY OR CRISIS

For assistance in an emergency

Dial 911- Ask for CIT officer

Centerstone 24/7 Crisis Hotline

Adult: 502-589-4313 or 800-221-0446

Youth: 502-589-8070 or 800-432-4510

Lifespring Crisis Hotline (So. Indiana)

502-583-4313

National Suicide Prevention Lifeline

Talk: 1-800-273-TALK (8255) Text: 741741

Chat: <http://suicidepreventionlifeline.org/chat/>

LGBT Youth Suicide Hotline

866-4-U-TREVOR www.thetrevorproject.org

Trans Lifeline—877-565-8860

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

KY: 877-597-2331 IN: 800-800-5556

Domestic Violence Hotline

National: 1-800-799-SAFE (7233)

Local: 844-237-2331

Human Trafficking Hotline

1-888-373-7888 or text: 233733

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

YOUTH HELPLINE-YOUR LIFE YOUR VOICE

1-800-448-3000 www.yourlifeyourvoice.org

COMMUNITY RESOURCE DIRECTORY

Family Scholar House

LouieCONNECT
Metro United Way 2-1-1

Call 2-1-1 Go to: www.louieconnect.com/

Louieconnect is regularly updated and is your one stop shop for finding resources for basic needs, health, housing, services + more. Also at: <https://metrounitedway.org/get-help-now/>

Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

Safe Place Services

Louisville metro—502-635-5233

So. Indiana--812-284-5229

Free TARC to Safe Place—502-585-1234

Safe Place Services 24hr staff support, shelter, case management, services for young people

Louisville-- 2400 Crittenden Dr. 40217 www.ymcasafeplaceservices.org

Indiana Clarks County Safe Place Youth Shelter/Family --812-284-5229

118 E. Chestnut St. Jeffersonville 47130 <https://www.ccysfs.org/>

Center for Women and Families—1-844-237-2331 www.thecenteronline.org

24hr crisis line, advocacy & support, basic needs, housing, family & children's services

INFORMATION AND REFERRAL + TREATMENT FINDER RESOURCES

SAMHSA's National Helpline

800-662-HELP (4357)

<http://findtreatment.SAMHSA.gov>

24hr info/referral for Mental Health and/or Substance Use to local treatment facilities + supports

National Council for Behavioral Health

help finding a local behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

National Alliance on Mental Illness (NAMI)

Information HelpLine-800-950-NAMI (6264) Information and referral service Mon-Fri business hours



TREATMENT RESOURCES

Mental Health Treatment

Centerstone Info & appointments: KY-502-589-1100; IN-800-344-8802

The Family Ark Behavioral Health Center—812-284-1760 Email: fabhc@thefamilyark.org
Individual/family/group counseling, substance abuse treatment, assessment-Jeffersonville, IN

Family & Children's Place 502-893-3900 www.familyandchildrensplace.org
Child & family individual/family/group/school based counseling and interventions

Kentucky Psychological Association Information & Referral 502-894-0777

Substance Use/SUD Treatment for Youth

FindHelpNowKY.org

Call: 1-833-8KY-HELP(859-4357) or go to:
<https://findhelpnowky.org/>
Statewide substance abuse treatment locator

Families Linking Families-So IN Resource

812-949-5519 addiction resources
<https://www.soinaddictionresource.org/resources>
or Email info@soinaddictionresource.org

Centerstone Youth Access line- 502-589-8070 www.centerstoneky.org Adult and youth
Substance Use Disorder detox, assessment and treatment.

The Family Ark Behavioral Health Center— 812-284-1760 Email: fabhc@thefamilyark.org

The Morton Resource Center – 888-421-4321 <http://www.themortoncenter.org>

Gay, Lesbian, Bisexual, Transgender, Queer/Questioning+ Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Louisville Youth Group (LYG)

502-430-2016 www.louisvilleyouthgroup.org
Safeplace for LGBTQIA+ young people with
programs, advocacy and support.

SELF-HELP RESOURCES AND GROUPS *Find a time and location of a meeting.*

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources
www.louisvilleaa.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
Local: 502-569-1769 www.nalouisville.net

Al-Anon and Alateen

888-425-2666 Local: <http://kyal-anon.org/>
Support group for family/friends

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Kentucky Suicide Support Groups

<http://www.suicide.org/support-groups/kentucky-suicide-support-groups.html>

NAMI Louisville

Local office: 502-588-2008 M-F 8:30-4:30
Local Support Groups: <https://namilouisville.org/support-groups-2/support-groups/>

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