

### Audio Exercise: Reflections

*The goal of this exercise is to increase your ability to recognize the OARS skills in practice. Listen to the following audio scenario: our instructional coach and teacher are completing the Teacher Interview Form together. Listen for examples of Open-Ended Questions, Affirmations, Reflections, and Summaries throughout the conversation. We will occasionally pause the conversation to give you opportunities to identify some of the technical skills being used.*

**Example 1:** *“You feel energized when you play a part in helping a child develop a love of learning.”*

Which of the OARS skills is the clinician using here?

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Write an example of a **reflection** that would be an appropriate response to the teacher:

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**Coach Example 2:** *“When your students are difficult, you remind yourself why teaching is valuable to you.”*

Which of the OARS skills is the clinician using here?

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Write an example of a **reflection** that would be an appropriate response to the teacher:

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**Coach Example 3:** *“What do you consider your strengths as a teacher?”*

Which of the OARS skills is the clinician using here?

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Write an example of a **reflection** that would be an appropriate response to the teacher:

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**Coach Example 4:** *“You feel frustrated because the content is important to you, and you don’t always cover as much as you want to.”*

Which of the OARS skills is the clinician using here?

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Write an example of a **reflection** that would be an appropriate response to the teacher:

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Read the following quote from the teacher, come up with an **Affirmation** that you might respond with:

“I’m not always great at keeping the class focused in the moment, like during my lessons, but I always have my materials and schedule prepared. If I was disorganized, and the class was off task... we’d never get anything done.”

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