

Audio Exercise: Introduction to OARS

The goal of this exercise is to increase your ability to recognize the OARS skills in practice. Listen to the following audio scenario: our instructional coach is engaging for the first time with a teacher who's been referred to them. Listen for examples of the coach utilizing Open-Ended Questions, Affirmations, Reflections, and Summaries throughout the conversation. We will occasionally pause the conversation to give you opportunities to identify some of the technical skills being used.

Coach Example 1: *"You're feeling enthusiastic about meeting, and you're interested in trying some new strategies in your class."*

Which of the OARS skills is the clinician using here?

Write another example of an OARS that would be an appropriate response to the teacher:

Coach Example 2: *"You embrace making changes when you need to. Tell me a little more about the students you mentioned that take some extra work?"*

Which of the OARS skills is the clinician using here?

Write another example of an OARS that would be an appropriate response to the teacher:

Coach Example 3: *"You enjoy them as students, but they are really demanding a lot of your energy and you are hoping for some new strategies."*

Which of the OARS skills is the clinician using here?

Write another example of an OARS that would be an appropriate response to the teacher:

Coach Example 4: *"You really care a lot about your kids, even the challenging ones. That's a valuable trait in a teacher"*

Which of the OARS skills is the clinician using here?

Write another example of an OARS that would be an appropriate response to the teacher:
