Reflections Exercise

For this activity take turns reading the "teacher" statement and then respond with your own reflection. Then evaluate the reflection; was it simple or complex? Did it feel affective?

1. **Teacher:** "I've been thinking a lot about the skills we discussed, and I think they might help me keep the students engaged during my lessons"

   _____
   _____
   _____

   Was your reflection simple or complex? _____

2. **Teacher:** "I think positive feedback is an important strategy, but my students don't really respond to it at all."

   _____
   _____
   _____

   Was your reflection simple or complex? _____

3. **Teacher:** "I've had a lot going on at home, and I think that it's influenced my teaching. I still care about the class, but I feel less focused."

   _____
   _____
   _____

   Was your reflection simple or complex? _____

4. **Teacher:** "The most important thing to me is that I stay on track with me lessons, once I get behind, I try and cover too much to quickly, and loose the kids attention."

   _____
   _____
   _____

   Was your reflection simple or complex? _____