

LAURA M. FREY, PH.D., LMFT

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EDUCATION

<i>Doctor of Philosophy</i> May 2015	FAMILY SCIENCES University of Kentucky Lexington, Kentucky
<i>Master of Science</i> May 2011	MARRIAGE AND FAMILY THERAPY University of Kentucky Lexington, Kentucky
<i>Bachelor of Science</i> May 2009	YOUTH, ADULT, AND FAMILY SERVICES Minors: Psychology, English Purdue University West Lafayette, Indiana

ACADEMIC APPOINTMENTS

2020 – Present

Associate Professor
Couple & Family Therapy Program
Kent School of Social Work
University of Louisville, Louisville, KY

2015 – 2020

Assistant Professor
Couple & Family Therapy Program
Kent School of Social Work
University of Louisville, Louisville KY

RESEARCH EXPERIENCE

PUBLICATIONS (IN REVERSE CHRONOLOGICAL ORDER; * DENOTES A STUDENT)

REFEREED JOURNAL ARTICLES

- Mayer, L., Rüsich, N., **Frey, L. M.**, Nadorff, M. R., Drapeau, C. W., Sheehan, L., & Oexle, N. (2020). Anticipated suicide stigma, secrecy, and suicidality among suicide attempt survivors. *Suicide & Life-Threatening Behavior, 50*, 706–713. doi:10.1111/sltb.12617
- Fulginiti, A., & **Frey, L. M.** (2020). Are the “right” people selected for first disclosures about suicidal thoughts: Exploring what we know about advance directives in the context of safety planning. *Community Mental Health Journal, 56*, 174–185. doi:10.1007/s10597-019-00457-x
- Love*, H. A., **Frey, L. M.**, & Durtshi, J. (2020). The practice of suicide assessment and management by marriage and family therapists. *American Journal of Family Therapy, 48*, 16–35. doi:10.1080/01926187.2019.1673262
- Fulginiti, A., Pahwa, R., & **Frey, L. M.** (2019). Sharing suicidal thoughts in social networks: A multi-level perspective of disclosure among people with serious mental illness in India. *International Journal of Mental Health*. Advance online publication. doi:10.1080/00207411.2019.1664259
- Maple, M., **Frey, L. M.**, McKay, K., Coker, S., & Grey, S. (2019). “Nobody hears a silent cry for help”: Suicide attempt survivors’ experiences of disclosing during and after a crisis. *Archives of Suicide Research*. Advance online publication. doi:10.1080/13811118.2019.1658671

- Frey, L. M.,** Fulginiti, A., Sheehan, L., Oexle, N., Stage, D. L., & Stohlmann-Rainey, J. (2019). What's in a word? Clarifying terminology on suicide-related communication. *Death Studies*. Advance online publication. doi:10.1080/07481187.2019.1614111
- Singleton, M. D., **Frey, L. M.,** Webb, A., & Cerel, J. (2019). Public health surveillance of youth suicide attempts: Challenges and opportunities. *Suicide & Life-Threatening Behavior*. Advance online publication. doi:10.1111/sltb.12572
- Frey, L. M.,** Drapeau, C. W., Fulginiti, A., Oexle, N., Stage, D. L., Sheehan, L., Cerel, J., & Moore, M. (2019). Recipients of suicide-related disclosure: The link between disclosure and posttraumatic growth for suicide attempt survivors. *International Journal of Environmental Research and Public Health*, *16*, 3815–3829. doi:10.3390/ijerph16203815
- Sheehan, L., Oexle, N., Bushman, M., Fulginiti, A., & **Frey, L. M.** (2019). Suicide-related disclosure: Potential implications for inclusion and recovery. *Journal of Public Mental Health*, *18*, 162–168. doi:10.1108/JPMH-01-2019-0012
- Fulginiti, A., & **Frey, L. M.** (2018). Exploring suicide-related disclosure motivation and the impact on mechanisms linked to suicide. *Death Studies*, *43*, 562–569. doi:10.1080/07481187.2018.1504349
- Frey, L. M.,** Middleton, J., Gattis, M. N., & Fulginiti, A. (2018). Suicidal ideation and behavior among victims of sex trafficking in Kentuckiana. *Crisis*, *30*, 1–9. doi:10.1027/0227-5910/a000557
- Frey, L. M.,** Higgins, G. E., & Fulginiti, A. (2018). Testing the psychometric properties of the Self-Harm and Suicide Disclosure Scale. *Psychiatry Research*, *270*, 134–142. doi:10.1016/j.psychres.2018.09.016
- Williams*, S. M., **Frey, L. M.,** Stage, D. L., & Cerel, J. (2018). Exploring lived experience in gender and sexual minority suicide attempt survivors. *American Journal of Orthopsychiatry*, *88*, 691–700. doi:10.1037/ort0000334
- Fulginiti, A., & **Frey, L. M.** (2018). Suicide attempt survivorship and designation as a concealable stigmatized identity. *Families in Society*, *99*, 193–208. doi:10.1177/1044389418781556
- Frey, L. M.,** Fulginiti, A., Lezine, D., & Cerel, J. (2018). The decision-making process for disclosing suicidal ideation and behavior to family and friends. *Family Relations*, *67*, 414–427. doi:10.1111/fare.12315
- Middleton, J. S., Gattis, M. N., **Frey, L. M.,** & Roe-Sepowitz, D. (2018). Youth experiences survey (YES): Exploring the scope and complexity of sex trafficking in a sample of youth experiencing homelessness. *Journal of Social Service Research*, *44*, 141–157. doi:10.1080/04188376.2018.1428924
- Frey, L. M.,** & Hunt, Q. A. (2018). Treatment for suicidal thoughts and behavior: A review of family-based interventions. *Journal of Marital & Family Therapy*, *44*, 107–124. doi:10.1111/jmft.12234
- Sanford, R. L., Cerel, J., & **Frey, L. M.** (2018). Survivor of suicide loss support group facilitators: Do peers and professionals differ? *Social Work with Groups*, *41*, 306–322. doi:10.1080/01609513.2017.1351414
- Frey, L. M.,** & Fulginiti, A. (2017). Talking about suicide may not be enough: Family reaction as a mediator between disclosure and interpersonal needs. *Journal of Mental Health*, *26*, 366–372. doi:10.1080/09638237.2017.1340592
- Weisenhorn, D., **Frey, L. M.,** Hans, J. D., & Cerel, J. (2017). Suicide ideation, anxiety, & depression: Are children a protective factor for veterans? *Journal of Family Social Work*, *20*, 41–51. doi:10.1080/10522158.2017.1286278
- Frey, L. M.,** Hans, J. D., & Cerel, J. (2017). An interpretive phenomenological inquiry of family and friend reaction to suicide disclosure. *Journal of Marital and Family Therapy*, *43*, 159–172. doi:10.1111/jmft.12180
- Weisenhorn, D., **Frey, L. M.,** van de Venne, J., & Cerel, J. (2017). Suicide exposure and posttraumatic stress disorder: Is marriage a protective factor for veterans? *Journal of Child and Family Studies*, *26*, 161–167. doi:10.1007/s10826-016-0538-y

- Frey, L. M.,** Hans, J. D., & Sanford, R. L. (2016). Where is family science in suicide prevention and intervention? Theoretical applications for a systemic perspective. *Journal of Family Theory & Review*, 8, 446–462. doi:10.1111/jftr.12168
- Cerel, J., **Frey, L. M.,** Maple, M., & Kinner, D. G. (2016). Parents with suicidal behavior: Parenting is not always protective. *Journal of Child and Family Studies*, 25, 2327–2336. doi:10.1007/s10826-016-0377-x
- Fulginiti, A., Pahwa, R., **Frey, L. M.,** Rice, E., & Brekke, J. S. (2016). What factors influence the decision to share suicidal thoughts? A multilevel social network analysis of disclosure among individuals with serious mental illness. *Suicide & Life-Threatening Behavior*, 46, 398–412. doi:10.1111/sltb.12224
- Frey, L. M.,** Hans, J. D., & Cerel, J. (2016). Perceptions of suicide stigma: How do social networks and treatment providers compare? *Crisis*, 37, 95–103. doi:10.1027/0227-5910/a000358
- Frey, L. M.,** Hans, J. D., & Cerel, J. (2016). Suicide disclosure in suicide attempt survivors: Does family reaction moderate or mediate disclosure's effect on depression? *Suicide & Life-Threatening Behavior*, 46, 96–105. doi:10.1111/sltb.12175
- Frey, L. M.,** & Hans, J. D. (2016). Attitudes toward assisted suicide: Does family context matter? *Archives of Suicide Research*, 20, 250–264. doi:10.1080/13811118.2015.1004477
- Frey, L. M.,** & Cerel, J. (2015). Risk for suicide and the role of the family: A narrative review. *Journal of Family Issues*, 36, 716–736. doi:10.1177/0192513X13515885
- Hans, J. D., Hardesty, J., Haselschwerdt, M. L., & **Frey, L. M.** (2014). The effect of domestic violence allegations on custody evaluators' recommendations. *Journal of Family Psychology*, 28, 957–966. doi:10.1037/fam0000025
- Ashurst, K., Smith, L. W., Little, C. A., **Frey, L. M.,** Werner-Wilson, T. A., Stephenson, L., & Werner-Wilson, R. J. (2014). Perceived outcomes of military-extension adventure camps for military personnel & their teenage children. *American Journal of Family Therapy*, 42, 175–189. doi:10.1080/01926187.2013.799975
- Hans, J. D., & **Frey, L. M.** (2013). American attitudes in context: Posthumous use of cryopreserved gametes. *Journal of Clinical Research & Bioethics*, 51, 006. doi:10.4172/2155-9627.S2-005
- Frey, L. M.,** Blackburn, K. M., Werner-Wilson, R. J., Parker, T., & Wood, N. D. (2011). Posttraumatic stress disorder, attachment, and intimate partner violence in a military sample: A preliminary analysis. *Journal of Feminist Family Therapy*, 23, 218–230. doi:10.1080/08952833.2011.604530
- Werner-Wilson, R. J., Lianekhammy, J., **Frey, L. M.,** Parker, T., Wood, N., Kimberly, C., Perry, M., Blackburn, K., Smith, L., Terrana, K., Puckett, J., & Dalton, M. (2011). Alpha asymmetry in female military spouses following deployment. *Journal of Feminist Family Therapy*, 23, 202–217. doi:10.1080/08952833.2011.604534

PEER-REVIEWED EXTENSION PUBLICATIONS

- Hunter, J., & **Frey, L.** (2015). *Managing holiday expenses: How to reduce spending to decrease financial stress* (FCS5-462; pp. 1). Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food, and Environment.
- Compton, L.,** & Hosier, A. F. (2011). *Adolescence and military deployment*. (Pub #FCS7-195; pp. 3). Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture.
- Compton, L.,** & Hosier, A. F. (2011). *Renewing infant attachment bond following military deployment*. (Pub #FCS7-196; pp. 4). Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture.

BOOK CHAPTERS

- Cerel, J., **Frey, L. M.,** & Maple, M. (2014). "Postvention" after suicide: Epidemiology, role of psychological disorders, and challenges of intervention. In D. A. Lamis & N. Kaslow (Eds.), *Advancing the science of suicidal behavior: Understanding and intervention*. Hauppauge, NY: Nova Science Publishers.

ENCYCLOPEDIA ENTRIES (* denotes a student)Invited

- Williams*, S. M., & Frey, L. M. (2019). Suicide and family coping. In J. Ponzetti (Ed.), *Macmillan Encyclopedia of Intimate and Family Relationships* (pp 852–855). Farmington Hills, MI: Gale.
- Frey, L. M. (2017). Mesosystems in family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Thousand Oaks, CA: Sage Publications. doi:10.1007/978-3-319-15877-8_287-1
- Frey, L. M. (2017). Perverse triangles in family systems theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Thousand Oaks, CA: Sage Publications. doi:10.1007/978-3-319-15877-8_339-1

Not Invited

- Frey, L. M., & Hans, J. D. (2014). American Association for Marriage and Family Therapy. In M. Coleman & L. Ganong (Eds.), *The Social History of the American Family* (Vol. 1, pp. 61–62). Thousand Oaks, CA: Sage Publications. doi:10.4135/9781452286143.n28
- Frey, L. M., & Hans, J. D. (2014). Hite report. In M. Coleman & L. Ganong (Eds.), *The Social History of the American Family* (Vol. 2, pp. 672–673). Thousand Oaks, CA: Sage Publications. doi:10.4135/9781452286143.n282
- Frey, L. M., & Hans, J. D. (2014). Suicide. In M. Coleman & L. Ganong (Eds.), *The Social History of the American Family* (Vol. 3, pp. 1294–1298). Thousand Oaks, CA: Sage Publications. doi:10.4135/9781452286143.n513

BOOK REVIEWS

- Frey, L. M. (2015, October). [Review of the book *ASSIP—Attempted suicide short intervention program: A manual for clinicians* (A. Gysin-Maillart, Trans.), by Michel, K., & Gysin-Maillart, A. (2014). Ashland, OH: Hogrefe Publishing. (Original work published in 2013).] Retrieved from <http://www.suicidology.org/Portals/14/docs/Resources/BookReviews/ASSIP.pdf>

OTHER PUBLICATIONS AND REPORTS

- Frey, L. M. (2019, September). *Manual for “NAVIGATE: Family navigation for suicide risk.”* Louisville, KY: Center for Family and Community Well-being.
- Sanford, R. L., & Frey, L. M. (2018, Spring). The continuum of self-care: Delving deeper in whole-self care. *The New Social Worker Magazine*, 20–22. Retrieved from <http://www.mediafire.com/file/mc38ghf9qr27q5c/spring2018.pdf>
- Singleton, M., & Frey, L. (2017, April). Public health surveillance of youth suicide attempts: Challenges and opportunities. *Injury Control Research Center for Suicide Prevention*. Retrieved from <http://suicideprevention-icrc-s.org/public-health-surveillance-youth-suicide-attempts-challenges-and-opportunities>
- Middleton, J. S., Ghent, R., Gattis, M., Roe-Sepowitz, D., Goggin, R., & Frey, L. M. (2017). Youth experiences survey (YES): Exploring the scope and complexity of sex trafficking in a sample of youth experiencing homelessness in Kentuckiana. Report submitted by the Human Trafficking Research Initiative, University of Louisville, Louisville, KY. Retrieved from <https://louisville.edu/kent/research-special-programs-projects/current-projects/kentucky-2016-yes-report>
- Frey, L. M. (2015, March). The Morton M. Silverman Student Award winner is. . . *Newslink: An AAS Blog*. Retrieved from <http://www.suicidology.org/resources/newslink-blog/entryid/426/the-morton-m-silverman-student-award-winner-is>
- Frey, L. M., & Hunter, J. (2014, November). Beating the holiday financial blues. *Consumer Federation of America*. Retrieved from <http://americasaves.org/blog/929-beating-the-holiday-financial-blues>

Frey, L. M., & Hunter, J. (2014, August). Planning for college expenses. *Consumer Federation of America*. Retrieved from <http://americasaves.org/blog/872-planning-for-college-expenses>

MEDIA SPOTLIGHTS

- Hebert, M. (2019, September 23). *U of L Today with Mark Hebert*. [Audio podcast]. Retrieved from <https://soundcloud.com/uofl/09-23-19-ult-kakar-sears-frey>
- Dennis, J. (2019, September 10). U of L focused on suicide prevention well beyond awareness month. *U of L News*. Retrieved from <http://www.uoflnews.com/post/uofltoday/uofl-focused-on-suicide-prevention-well-beyond-awareness-month/>
- Keck, M. (2019, September 2). U of L to hold suicide risk training in September. *The Louisville Cardinal*. Retrieved from <https://www.louisvillecardinal.com/2019/09/u-of-l-to-hold-suicide-risk-training-in-september/>
- Hebert, M. (2019, June 11). *U of L Today with Mark Hebert*. [Audio podcast]. Retrieved from <https://soundcloud.com/uofl/06-11-19-ult-singh-frey-vatsalya-feng>
- Hebert, M. (2019, April 10). *U of L Today with Mark Hebert*. [Audio podcast]. Retrieved from <https://soundcloud.com/uofl/04-10-19-ult-lorkiewiczpossselfreyalaloullogsdon>
- Hebert, M. (2018, November 12). *U of L Today with Mark Hebert*. [Audio podcast]. Retrieved from <https://soundcloud.com/uofl/11-12-18-ult-rothsteinbigelow-frey-ridley>
- Louisville Health Advisory Board. (2018, October). *Question. Persuade. Refer. Help save lives and set a world record*. Retrieved from <https://www.louisvillecultureofhealth.com/qpr/>
- Hebert, M. (2018, October 9). *U of L Today with Mark Hebert*. [Audio podcast]. Retrieved from <https://soundcloud.com/uofl/10-09-18-ult-prost-lennon-frey-williams>
- Kappes, H. (2017, October 7). Having meaningful discussion with kids is focus of UofL lecture. *UofL News*. Retrieved from <http://www.uoflnews.com/releases/having-meaningful-discussion-with-kids-is-focus-of-uofl-lecture/?fbclid=IwAR2tDRh7J-5iLS1TCkjrQET0LoBRd9HgqyLXSqnrjZjQYA6npg9VbQgx8>
- Bassett, T. (2017, July 17). Suicide prevention [Radio program]. In T. Bassett (Producer), *Take It from Tara*. Louisville, KY: WCHQ. Retrieved from <https://www.facebook.com/pg/CrescentHillRadio/videos/>
- Hughes, J. (2016, Winter/Spring Issue). Beyond stigma: Research aims to help suicide survivors, families. *University of Louisville Magazine for Alumni and Friends*. Retrieved from <http://louisville.epubxp.com/i/643329-winter-spring-2016>
- Hebert, M. (2015, December 8). *U of L Today with Mark Hebert*. [Audio podcast]. Retrieved from <https://soundcloud.com/uofl/dec-8-2015-uofl-today-defillipis-daniels-frey>
- Harder, W. (2015, March 10). Eliminating the stigma: Suicide attempt survivor sharing her story at UK. *UK College of Social Work*. Retrieved from <https://socialwork.uky.edu/eliminating-the-stigma-suicide-attempt-survivor-sharing-her-story-at-uk/>

PEER-REVIEWED CONFERENCE PRESENTATIONS (* denotes a student)

INTERNATIONAL

Submitted

Barbee, A., Antle, B., & **Frey, L.** (in review). *Suicidality among youth in residential care: Impact of the Love Notes curriculum*. Submitted for presentation at the European Scientific Association on Residential & Family Care for Children and Adolescents, Zurich, Switzerland.

Presented

Frey, L. M., Goldston, D., Fulginiti, A., Le, J., & Gibson, S. (2019, October). *Expanding the system: The impact of family dynamics on help-seeking and treatment for suicidal adolescents*. Submitted for presentation at the IASR/AFSP International Summit for Suicide Research, Miami, FL.

- Frey, L. M.,** Fulginiti, A., Sheehan, L., Oexle, N., Stage, D. L., & Stohlmann-Rainey, J. (2019, September). *What's in a word? Clarifying terminology on suicide-related communication*. Proposal accepted for presentation at the International Association for Suicide Prevention World Congress, Derry-Londonderry, Northern Ireland.
- Sheehan, L., Oexle, N., **Frey, L. M.,** & Corrigan, P. (2017, September). *Stigma and its impact on suicide attempt survivors*. Presented at the International Together Against Stigma Conference, Copenhagen, Denmark.

NATIONAL

Presented

- Love, H., **Frey, L. M.,** & Durtschi, J. (2019, August). *The practice of suicide assessment and management by MFTs*. Presented at the American Association of Marriage and Family Therapy Annual Conference, Austin, TX.
- Barbee, A., Frame, C., Cooper*, S., & **Frey, L.** (2019, June). *Adapting a sexual risk avoidance curriculum, Love Notes, for the LGBTQ+ population*. Proposal accepted for presentation at the Adolescent Pregnancy Prevention Program Grantee Conference, Washington, DC.
- Williams*, S. M., & **Frey, L. M.** (2019, April). *Exploring college student typologies based on suicide experience, knowledge, and attitudes*. Presented at the American Association of Suicidology Annual Conference, Denver, CO.
- LeCloux, M., Gladden, D., **Frey, L. M.,** & Gipson, P. Y. (2019, April). *Expanding our definition of the early career Suicidologist: The importance of breaking down the silos*. Presented at the American Association of Suicidology Annual Conference, Denver, CO.
- Hunt, Q., **Frey, L. M.,** & Levy, B. (2018, November). *What works with suicide and families: Common factors and concerns*. Presented at the American Association of Marriage and Family Therapy Annual Conference, Louisville, KY.
- Frey, L. M.,** & Fulginiti, A. (2018, April). *Expressed emotion and family stigma following suicidal behavior*. Presented at the American Association of Suicidology Annual Conference, Washington, DC.
- Gipson, P., **Frey, L. M.,** Gladden, D., LeCloux, M., Kene, P., & Cerel, J. (2018, April). *Stepping into leadership as early career Suicidologists*. Presented at the American Association of Suicidology Annual Conference, Washington, DC.
- Kheibari*, A., Cerel, J., Brown, M., **Frey, L. M.,** & Williams*, S. (2018, April). *An examination of the relationship between suicide attitudes and suicide attempt history*. Presented at the American Association of Suicidology Annual Conference, Washington, DC.
- Fulginiti, A., & **Frey, L. M.** (2018, April). *Do thwarted belongingness and perceived burdensomeness play a role in disclosure-negation? An exploratory study among people with serious mental illness*. Presented at the American Association of Suicidology Annual Conference, Washington, DC.
- Williams*, S., Brown, M., Cerel, J., **Frey, L. M.,** & Kheibari*, A. (2018, April). *Loss survivor perceptions of suicide: Comparing the United States and Japan*. Presented at the American Association of Suicidology Annual Conference, Washington, DC.
- Frey, L. M.,** & Hunt, Q. A. (2017, April). *Family-based interventions for working with suicidal adolescents*. Presented at the American Association of Suicidology Annual Conference, Phoenix, AZ.
- Frey, L. M.,** Stage, D. L., Cerel, J., Sanford, R. L., Nadler, S., & Williams*, S. M. (2017, April). *In their own words: New research using attempt survivor narratives to inform professional practice*. Presented at the American Association of Suicidology Annual Conference, Phoenix, AZ.
- Kene, P., Gipson, P., **Frey, L. M.,** LeCloux, M., & Gladden, D. (2017, April). *Insights and strategies for early career Suicidologists from Dr. Thomas Joiner and Dr. Bart Andrews: Passing the baton*. Presented at the American Association of Suicidology Annual Conference, Phoenix, AZ.

- Williams*, S. M., **Frey, L. M.**, Stage, D. L., Watterson*, K., & Cerel, J. (2017, April). *The unique experiences of a dual identity: Exploring lived experience in gender and sexual minority attempt survivors*. Presented at the American Association of Suicidology Annual Conference, Phoenix, AZ.
- Fulginiti, A., & **Frey, L. M.** (2017, January). *Why reveal or conceal suicidal thoughts? An exploratory study of motivation for disclosure and non-disclosure among people with serious mental illness*. Presented at the Society for Social Work and Research Annual Conference, New Orleans, LA.
- Sanford, R. L., **Frey, L. M.**, Fulginiti, A., Singer, J., Aguinaldo, L., McManama O'Brien, K. H., & Joe, S. (2017, January). *If we want to ensure healthy development for youth, where is social work in the field of suicide research?* Presented at the Society for Social Work and Research Annual Conference, New Orleans, LA.
- Hunt, Q., McGuire, J., Catalpa, J., **Frey, L. M.**, Stage, D., & Cerel, J. (2016, November). *Suicide and sexual minorities: Implications for family science*. Presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
- Hunt, Q., & **Frey, L. M.** (2016, September). *What works with suicidal adolescents: Common factors and therapeutic concerns*. Presented at the American Association of Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- Frey, L. M.**, Fulginiti, A., Lezine, D. A., & Cerel, J. (2016, March). *Suicide attempt survivors and individuals with lived experiences: How can we increase the likelihood for disclosure?* Presented at the American Association of Suicidology Annual Conference, Chicago, IL.
- Frey, L. M.**, Stage, D. L., Sanford, R. L., Nadler, S., Cerel, J., & Lockman, J. (2016, March). *Live Through This: Research Edition*. Presented at the American Association of Suicidology Annual Conference, Chicago, IL.
- Fulginiti, A., & **Frey, L. M.** (2016, March). *Selecting confidants for disclosing suicidal thoughts: Testing what we know about advance directives in the context of safety planning*. Presented at the American Association of Suicidology Annual Conference, Chicago, IL.
- Kheibari, A., **Frey, L. M.**, Sanford, R., & Cerel, J. (2016, March). *Personal experience with stigma in adults bereaved by suicide and suicide attempt survivors: A qualitative study*. Presented at the American Association of Suicidology Annual Conference, Chicago, IL.
- Weisenhorn, D. A., Cerel, J., Hans, J. D., & **Frey, L. M.** (2016, March). *Suicide ideation, anxiety, & depression: Are children a protective factor for veterans?* Presented at the American Association of Suicidology Annual Conference, Chicago, IL.
- Kheibari, A., Sanford, R., Cerel, J., & **Frey, L. M.** (2016, January). *Exploring attitudes toward suicide in adults bereaved by suicide and suicide attempt survivors*. Presented at the Society for Social Work and Research Annual Conference, Washington, DC.
- Frey, L. M.**, & Fulginiti, A. (2015, November). *Suicide disclosure and family reaction: Impact on interpersonal needs*. Presented at the National Council on Family Relations Annual Conference, Vancouver, BC, Canada.
- Weisenhorn, D., van de Venne, J., **Frey, L. M.**, & Cerel, J. (2015, November). *Suicide exposure & PTSD: Is marriage a protective factor for veterans?* Presented at the National Council on Family Relations Annual Conference, Vancouver, BC, Canada.
- Frey, L. M.**, Hans, J. D., & Cerel, J. (2015, April). *Suicide attempt disclosure and depression: The moderating and mediating effects of family reaction*. Invited presentation at the American Association of Suicidology Annual Conference, Atlanta, GA.
- Frey, L. M.**, Cerel, J., & Hans, J. D. (2014, November). *Does family reaction mediate the impact of suicide disclosure?* Presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
- Frey, L. M.**, Cerel, J., & Hans, J. D. (2014, November). *A phenomenological exploration of family reaction after a suicide attempt*. Presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
- Frey, L. M.**, Hans, J. D., & Cerel, J. (2014, November). *Suicide attempt survivor stigma by treatment providers & social network*. Presented at the National Council on Family Relations Annual Conference, Baltimore, MD.

- Thompson, A., **Frey, L. M.**, Hans, J. D., & Westmoreland, A. (2014, November). *Romantic relationships in the context of parenting children with autism*. Presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
- Frey, L. M.** (2014, April). *Witnessing suicidal ideation in a classmate: How would first-year undergraduates respond?* Presented at the American Association of Suicidology Annual Conference, Los Angeles, CA.
- Frey, L. M.**, & Hans, J. D. (2013, November). *Assisted suicide: Attitudes about the role of physicians and families*. Presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
- Frey, L. M.**, Yelland, E. L., & Hans, J. D. (2013, November). *Attitudes toward assisted suicide among older adults*. Presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
- Parker, T. S., **Frey, L. M.**, & Hans, J. (2013, November). *Attitudes toward sexting: Does context matter?* Presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
- Xin, M., & **Frey, L. M.** (2013, November). *A longitudinal analysis of couples' attitudes toward the value of children*. Presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
- Armes, S. E., **Frey, L. M.**, Smith, L., Werner-Wilson, R. J., & Ashurst, K. (2013, September). *Promoting communication between adolescents and their deployed parents*. Presented at the American Association of Marriage and Family Therapy Annual Conference, Portland, OR.
- Frey, L. M.**, & Cerel, J. (2013, September). *Exploring the experience of parents who attempt suicide*. Presented at the American Association for Marriage and Family Therapy Annual Conference, Portland, OR.
- Frey, L. M.**, & Werner-Wilson, R. J. (2012, November). *Effect of relational factors on attitudes related to suicide*. Presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- Dooley, B., Hans, J. D., & **Frey, L. M.** (2012, November). *Making babies . . . with a deceased partner's cryopreserved gametes*. Presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- Frey, L. M.**, & Werner-Wilson, R. J. (2012, September). *Moderating effects of attachment style on posttraumatic stress disorder*. Presented at the American Association for Marriage and Family Therapy Annual Conference, Charlotte, NC.
- Frey, L. M.** (2011, November). *Preparing for military deployment: The benefits of secure attachment*. Presented at the National Council on Family Relations Annual Conference, Orlando, FL.
- Blackburn, K. M., **Frey, L. M.**, Werner-Wilson, R. J., Parker, T., & Wood, N. (2011, November). *PTSD, attachment, and IPV in a military sample: A preliminary analysis*. Presented at the National Council on Family Relations Annual Conference, Orlando, FL.
- Werner-Wilson, R. J., Lianekhammy, J., **Frey, L. M.**, Parker, T., Wood, N., Kimberly, C., . . . Dalton, M. (2011, November). *A pilot study comparing influence of deployment on military families*. Presented at the National Council on Family Relations Annual Conference, Orlando, FL.
- Frey, L. M.**, Werner-Wilson, R. J., Perry, M., Parker, T., & Wood, N. (2011, September). *Self-awareness of PTSD and relationship satisfaction*. Presented at the American Association for Marriage and Family Therapy Annual Conference, Ft. Worth, TX.
- Perry, M., **Frey, L. M.**, Werner-Wilson, R. J., Wood, N., & Parker, T. (2011, September). *Couple communication behaviors during deployment*. Presented at the American Association for Marriage and Family Therapy Annual Conference, Ft. Worth, TX.
- Compton, L. M.**, Parker, T., & Werner-Wilson, R. J. (2010, September) *Trauma variables and violence in military couples*. Presented at the American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.

REGIONAL & LOCALPresented

- O'Connor, S. S., & **Frey, L. M.** (2019, November). *Addressing family dynamics to support patients following a recent suicide crisis*. Presentation at the University of Louisville Depression Center Conference, Muhammad Ali Center, Louisville, KY.
- Frey, L. M.** (2019, October). *The ethics of helping suicidal individuals within their family systems*. Invited presentation at the Kentucky Marriage and Family Therapy Conference, Louisville, KY.
- Bush, B., Vernon, A., Lambert, W., Zahorik, K., & **Frey, L.** (2019, April). *Panel discussion: Transgender student and suicidality*. Panel member for the 2019 Kentucky Regional Higher Education Case Management Drive-In Conference, Louisville, KY.
- O'Connor, S. S., & **Frey, L. M.** (2017, November). *Helping families heal after a suicide attempt: Clinical and family systems approaches*. Presentation at the University of Louisville Depression Center Conference, Clifton Center, Louisville, KY.
- Frey, L. M.**, & Middleton, J. (2017) *Creating an inclusive classroom: Enhancing student and faculty comfort to facilitate learning*. Invited presentation at the Delphi Center for Teaching and Learning's 2017 Celebration of Teaching, University of Louisville, Louisville, KY.
- Frey, L. M.** (2016). *What "Inside Out" can teach us about student learning*. Lightning talk presented at the Seminar on Teaching for New Faculty Showcase, University of Louisville.
- Frey, L. M.** (2016). *Family and community reaction to suicide-related disclosure: What helps and what hinders?* Presented at the Kentucky Higher Education Case Managers Drive-In, Lexington, KY.
- Frey, L. M.** (2015, April). *Grounded theory exploration of suicide disclosure*. Presented at the School of Human and Environmental Sciences Graduate Student Research Day, University of Kentucky.
- Frey, L. M.** (2014, April). *How would first-year college students respond to suicidal ideation?* Presented at the School of Human and Environmental Sciences Graduate Student Research Day, University of Kentucky.
- Frey, L. M.** (2013, April). *Attitudes toward assisted suicide: Does family context matter?* Presented at the Department of Family Sciences Research Talk, University of Kentucky.
- Armes, S. E., **Frey, L. M.**, Werner-Wilson, R. J., & Ashurst, K. (2013, April). *Effects of a military adventure camp on adolescent and family functioning*. Presented at the Interdisciplinary Graduate Student Conference for Research on Children at Risk, University of Kentucky.
- Frey, L. M.** (2011, November). *The benefits of secure attachment when preparing for military deployment*. Presented at the Department of Family Sciences Research Talk, University of Kentucky.
- Blackburn, K. M., **Frey, L. M.**, Werner-Wilson, R. J., Parker, T., & Wood, N. (2011, October). *PTSD, attachment and IPV in the military*. Presented at the Department of Family Sciences Research Talk, University of Kentucky.

FELLOWSHIPS & GRANTSFUNDED PROPOSALS

- Frey, L. M.** (2018, October). Proposal for "Family Navigation for Suicide Risk," a manualized, curriculum-development pilot project. *Center for Family and Community Wellbeing, University of Louisville*, \$1,000. Principal Developer.
- Frey, L. M.**, Goldston, D., & Le, J. (2018, October). Parental expressed emotion and suicide-related disclosure in suicidal adolescents. *Young Investigator Grant, American Foundation for Suicide Prevention*, \$85,000. Principal Investigator.
- Barbee, A. (2017, October). Kentucky CHAMPS sexual risk avoidance education program. *Administration on Children, Youth, and Families – Family and Youth Services Bureau*, \$830,116. Evaluator.

- O'Connor, S., & **Frey, L. M.** (2017, June). Development and initial evaluation of a cognitive processing module for families of recent suicide attempt survivors. *University of Louisville Depression Center*, \$4,980. Co-Investigator.
- Frey, L. M.**, Singleton, M., & Cerel, J. (2016, January). Funding to attend Research Training Institute at the University of Rochester Medical Center Research Training Institute for project titled, "Accounting for discrepancies in acute medical care following suicide attempts by high school students." *Centers for Disease Control and Prevention, Injury Control Research Center for Suicide Prevention*.
- Frey, L. M.** (2015). Suicide attempt survivors: How can we create a safe environment for disclosure? *Emerging Scholars Fellowship, Active Minds*, \$1,000.
- Frey, L. M.** (2013-2015). Alice P. Killpatrick Fellowship Recipient. *School of Human and Environmental Sciences, University of Kentucky*. \$10,000.
- Frey, L. M.** (2014). Travel grant to receive Outstanding Student Award and Outstanding Graduate Student Paper Award at National Council on Family Relations Annual Conference. *Department of Family Sciences, University of Kentucky*, \$1,000.

PENDING PROPOSALS

- Maple, M. (2020). Profiling vulnerability to suicide suggestion: A gateway to targeting cost effective supportive care. *National Health and Medical Research Council, Australian Government*, \$835,756. Associate Investigator.
- Antle, B. (2020). Preventing teen pregnancy by building trauma resiliency skills among at-risk youth. *Department of Health and Human Services, Office of the Assistant Secretary for Health*, \$5,477,837. Evaluator.
- Frey, L. M.** (2020). Examining family flexibility and cohesion following an adolescent's suicidal crisis. *National Council on Family Relations, Olson Focus Grant*, \$10,000. Principal Investigator.

UNFUNDED PROPOSALS

- Barbee, A. (2018, June). Kentuckiana CHAMPS sexual risk avoidance education plus. *Administration on Children, Youth, and Families – Family and Youth Services Bureau*, \$1,000,000. Co-Investigator.
- Frey, L. M.**, & Cerel, J. (2017, April). Examining suicide-related disclosure, confidant reactions, and their effects on help-seeking behaviors: A comparison of U.S. military and civilian samples. *Invitation to Submit Full Proposal (Accepted Letter of Intent), Military Suicide Research Consortium*, \$800,000. Principal Investigator.
- Frey, L. M.**, Goldston, D., & Le, J. (2016, November). Parental expressed emotion and suicide-related disclosure in suicidal adolescents. *Young Investigator Grant, American Foundation for Suicide Prevention*, \$85,000. Principal Investigator.
- Middleton, J. (2016, July). Prevention & intervention of victims of trafficking in Kentucky. *Administration on Children, Youth, & Families – Children's Bureau*. Mental Health and Suicide Prevention Specialist.
- Frey, L. M.**, & O'Connor, S. (2016, March). Examining the timeline of suicide-related disclosure and the role of family reactions. *Research-Type II Grant, Executive Vice President for Research and Innovation (EVPRI) Internal Grant Program*, \$9992.00. Principal Investigator.
- Kimberly, C., & **Frey, L. M.** (2016, March). A systemic understanding of suicide ideation by the transgender community. *Wayne F. Placek Grant, American Psychological Foundation*, \$15,000. Co-Investigator.
- Middleton, J. (2016, March). Implementation and evaluation of survivor-informed mentorship and outreach program in order to lessen the risks for and future incidences of commercial sexual exploitation and domestic sex trafficking among youth in Kentuckiana. *Office of Juvenile Justice Delinquency Prevention*, \$449,978.00. Mental Health and Suicide Prevention Specialist.
- Frey, L. M.** (2013). Suicide in Croatia: The interaction of family, stigma, and suicidal ideation. *J. William Fulbright Fellowship Program*. [Finalist—selected as an alternate by the host country]

Frey, L. M. (2012). Suicide and the family. *University of Kentucky Association of Emeriti Faculty Endowed Fellowship*, \$2000.

Frey, L. M. (2010). Spouses' perceptions of service-members' mental health and the impact on perception of power in the relationship. *Jessie Bernard Outstanding Research Proposal, Feminism and Family Studies Section, National Council on Family Relations*, \$750.

TEACHING EXPERIENCE (* denotes teaching assistantship, † denotes distance learning course)

UNIVERSITY OF LOUISVILLE

Graduate

SW 626 – Research Methodology and Design†
 SW 642 – Psychopathology
 SW 668 – Advanced Research Methods I: Independent Study
 SW 669 – Advanced Research Methods II: Independent Study
 SW 701 – Family Assessment and Treatment in Diverse Populations
 SW 721 – Couple & Family Therapy Supervision I
 SW 722 – Couple & Family Therapy Supervision II
 SW 762 – Doctoral Research Practicum
 SW 763 – Doctoral Teaching Practicum
 SW 797 – Doctoral Independent Study

Graduate Student Committees

Chair

Sara Williams (Ph.D., in Social Work, in progress)

Member

Jennifer Ballard-Kang (Ph.D. in Social Work, 2020)
 Leigh Brosorf (Ph.D. in Clinical Psychology, in progress)
 Jean Zalenko (Ph.D. in Social Work, in progress)

Doctoral Independent Studies & Practicums

Doctoral Research Practicum (SW 762)

Sara Williams (Summer 2018)
 Jean Zalenko (Summer 2019)

Doctoral Teaching Practicum (SW 763)

Karen Miller (Spring 2018)

Doctoral Independent Study (SW 797)

Sara Williams (Summer 2018)
 Jean Zalenko (Summer 2019)
 Prabathi Gunathilake (Summer 2020)

UNIVERSITY OF KENTUCKY

Undergraduate

FAM 253 – Human Sexuality: Development, Behavior, and Attitudes*†
 FAM 352 – Issues in Family Sciences
 FAM 403 – Mate Selection Theory and Research†

Graduate

FAM 600 – Working with Military Families†
 FAM 640 – Using the DSM 5 in MFT Assessment*
 FAM 652 – Family Theory and Research*
 FAM 690 – Research Methods in Family Science
 FAM 777 – Applied Statistics in Family Science*

Graduate Student Committees

Member

Amy Brown (Ph.D. in Social Work, in progress)
James Watts (Ph.D., in Social Work, in progress)
Annie Snow (Ph.D., in Social Work, 2020)
Monica Himes (Ph.D. in Social Work, 2019)
Athena Kheibari (Ph.D. in Social Work, 2019)

EXTERNAL EXAMINER

Ph.D. Thesis, The University of Melbourne, Victoria, Australia, in progress.

GUEST LECTURES

Frey, L. M. (2020). *Common family issues with suicidal episodes*. Guest lecture presented in SW 703: Contemporary Issues in Couple & Family Therapy, University of Louisville.

Frey, L. M. (2019). *Expanding the system: How do we apply systemic thinking with suicidal individuals?* Guest lecture presented in SW 703: Contemporary Issues in Couple & Family Therapy, University of Louisville.

Frey, L. M. (2017). *Qualitative research on new model of disclosure decision-making for suicide attempt survivors*. Guest lecture presented in SW 772: Advanced Qualitative Research, University of Louisville.

Frey, L. M. (2017). *Understanding suicide: What role do stigma and disclosure play?* Guest lecture presented in SW 619: Human Behavior & Social Environment II, University of Louisville.

Frey, L. M. (2016). *Qualitative research on disclosure among suicide attempt survivors*. Guest lecture presented in SW 772: Advanced Qualitative Research, University of Louisville.

Frey, L. M. (2016). *Suicide-related disclosure & family reaction in an environment of stigma*. Guest lecture presented in SW 619: Human Behavior & Social Environment II, University of Louisville.

Frey, L. M. (2015). *Qualitative research with suicide attempt survivors*. Guest lecture presented in SW 772: Advanced Qualitative Research, University of Louisville.

Frey, L. M. (2015). *Attempt survivors and those with lived experiences: The roles of stigma, disclosure, and reaction*. Guest lecture presented in SW 756: Professional Seminar I, University of Louisville.

Frey, L. M. (2014). *Suicide risk and intervention*. Guest lecture presented in FAM 640: Using the DSM 5 in MFT Assessment of Psychopathology, Violence, and Addictions, University of Kentucky.

Frey, L. M. (2014). *Substance-related and addictive disorders*. Guest lecture presented in FAM 640: Using the DSM 5 in MFT Assessment of Psychopathology, Violence, and Addictions, University of Kentucky.

Frey, L. M. (2014). *Focus on phenomenology and grounded theory*. Guest lecture presented in FAM 690: Research Methods in Family Science, University of Kentucky.

Frey, L. M. (2013). *Microteaching: How to be an effective teaching assistant*. Presented as a mentor for the Graduate School Teaching Assistant Orientation, University of Kentucky.

Frey, L. M. (2012). *Posthumous reproduction*. Guest lecture presented in FAM 253: Human Sexuality: Development, Behavior, and Attitude, University of Kentucky.

TEACHING AWARDS

Delphi Center Teaching & Learning, Faculty Favorite (nominated), 2017–2018
Delphi Center Teaching & Learning, Faculty Favorite (nominated), 2015–2016

TEACHER TRAININGS/CERTIFICATIONS

Seminar on Teaching for New Faculty, Office of the Provost & Delphi Center for Teaching and Learning, University of Louisville, 2015–2016

Delphi U: Principles of Online Course Design, Delphi Center for Teaching and Learning, University of Louisville, 2015

CLINICAL EXPERIENCE

LICENSED MARRIAGE AND FAMILY THERAPIST

Clinic Coordinator, Cardinal Success Program's Couple & Family Therapy Clinic, 2017–Present
AAMFT-Approved Clinical Supervisor, 2016–Present
Kentucky Board-Approved Clinical Supervisor, 2014–Present
On-Site Clinical Supervisor, Cardinal Success Program, 2018
Clinical Supervisor, The Brook Hospitals, 2017–2018
Evergreen Counseling Services, 2016–2017
The Ridge Behavioral Health, 2012–2015
Private Practice, 2011–2013

MARRIAGE AND FAMILY THERAPY INTERN/ASSOCIATE

Feinberg & Associates, 2011
VA Mental Health Clinic, 2011
Cassidy Elementary/Morton Middle School, 2010–2011
University of Kentucky Family Center, 2009–2011

TRAININGS/WORKSHOPS ADMINISTERED

Scheduled

- Frey, L. M.** (2020, December). NAVIGATE: Family Navigation for Suicide Risk [Virtual]. *University of Louisville's Center for Family and Community Wellbeing*. [18 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2020, November). Suicide assessment for clinicians working with individuals and families [Virtual]. *University of Louisville's Center for Family and Community Wellbeing*. [6 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2020, September). Suicide assessment for clinicians working with individuals and families [Virtual]. *University of Louisville's Center for Family and Community Wellbeing*. [6 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2020, July). Question, Persuade, Refer (QPR) [Virtual]. [Presented for the University of Louisville Housing Department sponsored by the University of Louisville's Dean of Students Office]

Completed

- Frey, L. M.** (2020, June). NAVIGATE: Family Navigation for Suicide Risk [Virtual]. *University of Louisville's Center for Family and Community Wellbeing*. [18 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2020, May). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families [Virtual]. *Northstar Counseling Center*. [6 CEUs for marriage and family therapists, social works, and professional counselors]
- Frey, L. M.** (2020, March). A 1-day focus on family involvement in treatment for suicidal individuals. *University of Louisville's Center for Family and Community Wellbeing*. [6 CEUs for social workers].
- Frey, L. M.** (2019, October). The ethics of helping suicidal individuals within their family systems. *Kentucky MFT All-in-One Conference*. [3 CEUs for marriage and family therapists]
- Frey, L. M.** (2019, September). Question, persuade, refer (QPR). [Presented for the Nursing Program on University of Louisville's Owensboro Satellite Campus sponsored by the University of Louisville's Dean of Students Office]

- Frey, L. M.** (2019, September). NAVIGATE: Family Navigation for Suicide Risk. *University of Louisville's Center for Family and Community Wellbeing*. [18 CEUs for social workers and marriage and family therapists]
- Frey, L. M., & Choate, S.** (2019, April). Question, persuade, refer (QPR). [Presented for University of Louisville fraternities sponsored by the University of Louisville's Dean of Students Office and Sigma Phi Epsilon]
- Frey, L. M.** (2018, September). Question, persuade, refer (QPR). [Presented at LouiLab sponsored by the Louisville Health Advisory Board Behavioral Health Subcommittee]
- Frey, L. M.** (2018, September). Question, Persuade, Refer (QPR). [Presented at the Louisville Leadership Center sponsored by the Louisville Health Advisory Board Behavioral Health Subcommittee]
- Gernert, J., & **Frey, L. M.** (2018, August). Question, Persuade, Refer (QPR). [Presented for the University of Louisville Athletics Department sponsored by the University of Louisville CardsSPEAK program]
- Frey, L. M.** (2018, February). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for psychologists]
- Frey, L. M.** (2017, October). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for social workers]
- Frey, L. M.** (2017, April). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for social workers]
- Frey, L. M.** (2016, April). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2016, February). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2015, October). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for social workers and marriage and family therapists]
- Frey, L. M.** (2015, August). Suicide assessment, management, and treatment: An overview for clinicians working with individuals and families. [6 CEUs for social workers and marriage and family therapists]

CERTIFICATIONS

Counseling on Access to Lethal Means (CALM) Trainer, 2020, *Whitney Strong Foundation*.
 Question, Persuade, Refer (QPR) Gatekeeper Instructor, 2018, *QPR Institute*
 At-Risk for University & College Faculty, 2016, *Kognito*
 Survivors of Suicide Attempts Support Group Facilitator Training, 2015, *Didi Hirsch Mental Health Services*
 AAMFT-Approved Supervision Course, 2014, *Louisville Presbyterian Theological Seminary*
 Nonviolent Crisis Intervention Training, 2012, *Ridge Behavioral Health*
 Disaster Mental Health, 2012, *American Red Cross*
 Reaching Children through Play Therapy, 2011, *Family Psychological Services*
 Active Military Life and Resiliency Skills, 2010, *Active Relationships Center*
 Level 1: Bridging the Couple Chasm, 2010, *The Gottman Institute*
 RELATE Marital Assessment Tool, 2010, *RELATE Institute*
 Love Notes: Making Relationships Work for Young Adults & Young Parents, 2010, *The Dribble Institute*

SERVICE AND CITIZENSHIP

REVIEWER SERVICE

Editorial

Editorial Board Member, Journal of Marital & Family Relations, 2019–Present
Associate Editor, Family Relations: Interdisciplinary Journal of Applied Family Science, 2017–2019

Grants

Cooperative Agreements to Implement the National Strategy for Suicide Prevention (National Strategy Grants, SM-17-007). *Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services*, 2017

Journals

Journal of Marital & Family Therapy, Editorial Board Member, 2019 [2], 2020 [2]
Crisis, Peer Reviewer, 2018 [3], 2019 [2], 2020 [1]
Journal of Clinical Psychology, Peer Reviewer, 2020 [1]
Psychiatry Research, Peer Reviewer, 2016, [1], 2017 [1], 2019 [1], 2020 [1]
Archives of Suicide Research, Peer Reviewer, 2018 [1], 2019 [1]
Family Relations, Peer Reviewer, 2015 [1], 2016 [1], 2017 [1], 2019 [1]
International Journal of Environmental Research and Public Health, 2017 [1], 2019 [1]
Death Studies, Peer Reviewer, 2014 [1], 2015 [1], 2019 [1]
Family Process, Peer Reviewer, 2018 [1]
Journal of Marital & Family Therapy, Peer Reviewer, 2017 [1]
Stigma & Health, Peer Reviewer, 2017 [1]
Journal of Family Theory and Review, Peer Reviewer, 2017 [2]
BMC Psychiatry, Peer Reviewer, 2017 [2]
American Journal of Preventive Medicine, Peer Reviewer, 2017 [1]
Journal of Child and Family Studies, Peer Reviewer, 2016 [1], 2017 [1]
Community Mental Health Journal, Peer Reviewer, 2016 [1], 2017 [1]
Psychiatry Review, Peer Reviewer, 2016 [1]
Adolescent Psychiatry, Peer Reviewer, 2016 [1]
Journal of Psychosocial Oncology, Peer Reviewer, 2016 [2]
NCFR Annual Conference, Advancing Family Science Section, Proposal Reviewer, 2016
NCFR Annual Conference, Family Therapy Section, Proposal Reviewer, 2013–2014
NCFR Annual Conference, Research & Theory Section, Proposal Reviewer, 2012–2014
NCFR Annual Conference, International Section, Proposal Reviewer, 2013
Journal of Family Issues, Peer Reviewer (with faculty mentor), 2013
NCFR Annual Conference, Feminism and Family Studies Section, Proposal Reviewer, 2012

INVITED PRESENTATIONSInternational

Frey, L. M. (2018). *The role of disclosure and family reactions in U.S. suicide prevention*. Invited presentation at the U.S. Fulbright Program in Ukraine, Kiev, Ukraine.

National

Frey, L. M., Hans, J. D., & Cerel, J. (2015). *Suicide attempt disclosure and depression: The moderating and mediating effects of family reaction*. Presented at the American Association of Suicidology Annual Conference, Atlanta, GA.

Local

O'Connor, S. S., & **Frey, L. M.** (2019, November). *Addressing family dynamics to support patients following a recent suicide crisis*. Presentation at the University of Louisville Depression Center Conference, Muhammad Ali Center, Louisville, KY.

Frey, L. M. (2019, October). *The ethics of helping suicidal individuals within their family systems*. Invited presentation at the Kentucky Marriage and Family Therapy Conference, Louisville, KY.

Bush, B., Vernon, A., Lambert, W., Zahorik, K., & **Frey, L.** (2019, April). *Panel discussion: Transgender student and suicidality*. Panel member for the 2019 Kentucky Regional Higher Education Case Management Drive-In Conference, Louisville, KY.

- Frey, L. M.** (2019). *Expanding the system: Can we afford to ignore the family of suicidal adolescents?* Invited presentation for Department of Pediatrics Grand Rounds at the University of Louisville School of Medicine, Louisville, KY.
- Frey, L. M.** (2017). *Getting more than “good”: Strategies for encourage meaningful discussion with kids.* Invited community presentation as part of the Building Hope Community Presentation Series, Louisville, KY.
- Frey, L. M., & Middleton, J.** (2017). *Creating an inclusive classroom: Enhancing student and faculty comfort to facilitate learning.* Invited presentation at the Delphi Center for Teaching and Learning’s 2017 Celebration of Teaching, University of Louisville, Louisville, KY.
- Frey, L. M.** (2016). *Family environment & suicidal behavior: What we know and how we can help.* Presented for Suicide Prevention Month at the Robley Rex VA Medical Center, Louisville, KY.
- Frey, L. M.** (2016). *College students at risk for suicide: What you can do to help.* Presented during the University of Louisville CardsSPEAK Launch Event Week, Louisville, KY.
- Frey, L. M.** (2016). *Talking to your child about suicide: What you can do to help.* Presented at a Jefferson County Public School Parent Session, Louisville, KY. Retrieved from <https://livestream.com/accounts/4435422/events/3443967/videos/131722023>
- Frey, L. M.** (2016). *Family and community reaction to suicide-related disclosure: What helps and what hinders?* Presented at the Kentucky Higher Education Case Managers Drive-In, Lexington, KY.
- Frey, L. M.** (2015). *Suicide-related disclosure and family reaction: Recent findings and implications for practice.* Presented at the University of Louisville Counseling Center, Louisville, KY.
- Frey, L. M.** (2013). *Experiences as a marriage and family therapy associate.* Presented for the Student Association for Marriage and Family Therapy, University of Kentucky.
- Frey, L. M.** (2011). *Military families: Impacts of mental health concerns and impacts of deployment.* Presented at the Human and Environmental Sciences All-School Conference, University of Kentucky.
- Compton, L. M., & Werner-Wilson, R. J.** (2010). *New horizons for military family research: Posttraumatic stress disorder, attachment, and physiological arousal.* Presented at the Military Family Research Institute, Purdue University.

COMMITTEES, ELECTED POSITIONS, AND OFFICES HELD

National

- Editorial Board Member*, Journal of Marital & Family Relations, 2019–Present
- Member*, Early Career Task Force, American Association of Suicidology, 2015–Present
- Associate Editor*, Family Relations: Interdisciplinary Journal of Applied Family Science, 2017–2019
- Member*, National Council on Family Relations Student Award Committee Reviewer, 2019
- Planning Committee*, American Association of Suicidology Annual Conference, 2016–2017
- Conference Chair*, American Association of Suicidology Annual Conference, 2015–2016
- Student/New Professional Representative*, Advancing Family Science Section, National Council on Family Relations, 2014–2016
- Student Committee to the Board*, American Association of Suicidology, 2013–2015

Regional

- Member*, Suicide Fatality Review Workgroup, Louisville Health Advisory Board Behavioral Health Subcommittee, 2019–Present
- Question, Persuade, Refer (QPR) Trainer*, QPR Institute, 2018–Present
- Member*, Behavioral Health Subcommittee, Louisville Health Advisory Board, 2016–Present
- Volunteer*, Kentucky State Fair, American Foundation for Suicide Prevention-Louisville Chapter, 2015–2019
- Planning Committee*, Bold Moves Against Suicide Summit, 2016
- Clinical Support Person*, Walk for Hope, Kentucky Suicide Prevention Group, 2015

University

- Member*, Philanthropic Vision Task Group, University of Louisville Depression Center, 2018–Present
- Member*, Clinical Services Committee, University of Louisville Depression Center, 2017–Present

Member, Student Care Team, University of Louisville, 2016–Present
Member, Suicide Prevention Advisory Committee, University of Louisville, 2015–Present
Member, Committee on Student Well-Being, University of Louisville Office of the Executive Vice President and University Provost, 2019–2020
Member, Wellbeing & Resilience Survey Workgroup, University of Louisville Health Promotion, 2017–2019
Member, Hiring Committee, Cardinal Success Program, Department of Counseling and Human Development, 2018
Member, Confidential Review Committee, Office of Research Integrity, University of Louisville, 2016

College/School/Department

Member, Personnel Committee, Kent School of Social Work, University of Louisville, 2020–Present
Member, CFT Program CEU Committee, Kent School of Social Work, University of Louisville, 2019–Present
Member, Scholarship & Awards Committee, Kent School of Social Work, University of Louisville, 2018–Present
Clinical Director, Couple & Family Therapy Program, Kent School of Social Work, University of Louisville, 2018–Present
Member, MSSW Admissions Committee, Kent School of Social Work, University of Louisville, 2017–2019
Couple & Family Therapy Program Representative, Curriculum Committee, Kent School of Social Work, University of Louisville, 2016–2019
Practicum Coordinator, Couple & Family Therapy Program, Kent School of Social Work, University of Louisville, 2015–2018
Member, Faculty Candidate Search Committee, Kent School of Social Work, University of Louisville, 2016
Faculty Advisor, Out of the Darkness Campus Walk, Organized by Kent School of Social Work MSSW Students, University of Louisville, 2016
Coordinator, Human Environmental Sciences Graduate Student Research Day, University of Kentucky, 2014–2015
Family Action Council, University of Kentucky, 2012–2014
Military Family Task Force, University of Kentucky, 2010–2011
Student Representative, Marriage and Family Therapy Faculty, University of Kentucky, 2010–2011
President, Student Association for Marriage and Family Therapy, University of Kentucky, 2010
Family Studies Lecturer Search Committee, University of Kentucky, 2010
Volunteer Recruitment Committee, Lafayette Crisis Center, 2008–2009
Student Representative, Consumer & Family Sciences Curriculum Committee, Purdue University, 2008

AWARDS AND RECOGNITION

NATIONAL

American Foundation for Suicide Prevention Researcher Travel Award, 2019
 Top 20 Downloaded Article, *Journal of Marital and Family Therapy*, 2017–2018
 Morton M. Silverman Student Award, American Association of Suicidology, 2015
 Outstanding Student Award, National Council on Family Relations, 2014
 Outstanding Graduate Student Paper Award, National Council on Family Relations Affiliate Council, 2014

COLLEGE/SCHOOL/DEPARTMENT

Delphi Center for Teaching and Learning, Faculty Favorite (nominated), 2017–2018
 Delphi Center for Teaching and Learning, Faculty Favorite (nominated), 2015–2016
 Doctoral Student of Excellence, Department of Family Sciences, University of Kentucky, 2014
 Alice P. Killpatrick Fellowship, School of Human and Environmental Sciences, University of Kentucky, 2013–2014
 Distinguished Student of Excellence, School of Human and Environmental Sciences, University of Kentucky, 2013
 Alda Henning Graduate Scholarship, University of Kentucky, 2011–2012
 Master's Student of Excellence, Department of Family Studies, University of Kentucky, 2011
 Mildred Sinclair Lewis Graduate Scholarship, University of Kentucky, 2009–2010

PROFESSIONAL AFFILIATIONS

American Association of Suicidology, 2012–Present

National Council on Family Relations, 2010–Present

American Association for Marriage and Family Therapy, 2009–Present

Kentucky Association for Marriage and Family Therapy, 2009–2018

Southeastern Council on Family Relations, 2013–2016

Registry for Undergraduate Researchers, Council for Undergraduate Research, 2008–2009