**Eli A. Karam, Ph.D., LMFT**

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# Educational Background

Ph.D. Purdue University, West Lafayette, IN

August 2008 Department: Child Development and Family Studies

 Specialization: Marriage and Family Therapy

Post-Graduate

Fellowship The Family Institute at Northwestern University

June 2005 Specialization: Psychotherapy Research / Practice Integration

M. S. Northwestern University, Evanston, IL

June 2003 Department: Marriage and Family Therapy

B. A. Northwestern University, Evanston, IL

June 2000 Major: Psychology

 Minor/Concentration: Media Studies / Radio, TV, Film

#### Academic Appointments

2019-Present *Professor*

 Kent School of Social Work (Couple & Family Therapy Program)

University of Louisville, Louisville, KY

2018; 2021;2024 *Interim Director*, Couple & Family Therapy Program

 Kent School of Social Work

 University of Louisville, Louisville, KY

2014-Present *Associate Professor*

 Kent School of Social Work (Couple & Family Therapy Program)

University of Louisville, Louisville, KY

2008-2014 *Assistant Professor*

 Kent School of Social Work (Couple & Family Therapy Program)

University of Louisville, Louisville, KY

2006-2008 *Clinical Lecturer*

 Department of Psychology / The Family Institute

 Northwestern University, Evanston, IL

**Scholarship**

**Peer Reviewed Publications**

**Karam, E.A.** (2023). *Marriage and family therapy (MFT) national exam: Your study guide for success.* Springer.

**Karam, E.A.,** & Blow, A. (2022). *Bringing common factors to life in couple & family therapy*. New York: Routledge/Taylor Francis.

Acquati, C., Hendren, S., Daniela Wittmann, D., Reese, J., **Karam, E.A.**, Duby, A., Dunn, K., & Kayser, K. (2022). Psychological and Sexual Distress in Rectal Cancer Patients and Partners. *Psycho‐Oncology*.

Barbee, A. P., Antle, B., Langley, C., Cunningham, M., Whiteside, D., Sar, B., Archuleta, A., **Karam, E.A**., & Borders, K. (2021). How to ensure fidelity in implementing an evidence-based teen pregnancy prevention curriculum. *Children in Youth Services Review*, 129, 106175.

Sterrett-Hong, E., Saldana, L., Burek, J., Schaper, H. **Karam, E.A.**, Verbist, A., & Cameron, K. (2021). An exploratory study of a training team-coordinated approach to implementation: An illustration utilizing the implementation of parenting with love and limits in youth-serving systems. *Global Implementation Research and Applications, 1*(1), 17-29.

**Karam, E. A**., Blow, A. J. (2020). Common factors underlying couple, marital & family therapy. *Handbook of Systemic Family Therapy*,*1, 147-169*.

Antle, B., **Karam, E. A**., Barbee, A. P., Sullivan, D., Minogue, A., & Glover, A. (2019). Intergenerational transmission of intimate partner violence and its impact on adolescent relationship attitudes: A Qualitative study. *Journal of Loss and Trauma*, 1-21.

**Karam, E.A.** (2019). *Helping couples & families navigate illness and disability: An integrated approach*. *Journal of Psychosocial Oncology.* *37*(2), 285–286.

**Karam, E.A.** (2018). Training social workers in couple & family therapy. *The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

Kayser, K, Acquati, C, Reese, J, Mark, K.A., Wittman, D. & **Karam, E.A**. (2018). A systematic review of dyadic studies examining relationship quality in couples facing colorectal cancer together. *Psycho-Oncology, 27*(1), 13-21.

Smith, M., & **Karam, E.A.** (2018). Positive feedback in family systems theory. *The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

# Smith, M., & Karam, E.A. (2018). Linear causality in family systems theory. *The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

Smith, M., & **Karam, E.A.** (2018). Morphogenesis in family systems theory. *The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

Smith, M., & **Karam, E.A.** (2018). Morphostasisin family systems theory. *The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

Smith, M., & **Karam, E.A.** (2018). Second order cybernetics in family systems theory. *The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

Smith, M., & **Karam, E.A.** (2018). Logical positivism in relation to family systems theory*. The Encyclopedia of Couple & Family Therapy*. New York: Springer Publishing Co.

Blow, A. J., & **Karam, E. A**. (2017). The therapist’s role in effective Marriage and Family Therapy practice: The case for evidence based therapists. *Administration and Policy in Mental Health and Mental Health Services Research, 44*(5), 716-723.

**Karam, E.A.,** Sterrett, E., & Kiaer, L. (2017). The integration of family and group therapy as an alternative to juvenile incarceration: A quasi-experimental evaluation using Parenting with Love and Limits (PLL). *Family Process, 56*(2), 331-347.

Sterrett-Hong, E.M, **Karam, E.A.,** & Kiaer, L. (2017). Statewide implementation of Parenting with Love and Limits among youth with co-existing emotional and behavioral problems reduces return to service rates and treatment costs. *Administration and Policy in Mental Health and Mental Health Services Research, 44*(5), 792-809.

Antle, B.F., Sullivan, D.J., Barbee, A.P., & **Karam, E.A.** (2015). Training fidelity as an important precursor for outcomes of relationship education programs. *Professional Development: The International* *Journal of Continuing Social Work Education*, *18*(1), 16-24.

**Karam, E.A.** (2015). Integrating common factors into MFT supervision. In K. Jordan (Ed). *Couple, marriage and family therapy supervision*. (pp. 87-106) New York: Springer Publishing Co.

**Karam, E.A.** (2015). Introduction from the guest editor of Family Process: Family therapy with underserved & vulnerable populations. *Family Process – Virtual Issue, 9*.

**Karam, E.A.**, Antle, B. F., Stanley, S.M., & Rhoades, G.K. (2015). The marriage of couple & relationship education to the practice of MFT: A primer for integrated training. *Journal of Couple & Relationship Therapy, 14*(3), 277-295.

**Karam, E.A**., Blow, A., Sprenkle, D., & Davis, S. D. (2015). Strengthening the systemic ties that bind: Integrating common factors into MFT curricula. *Journal of Marital and Family Therapy, 41*(2), 136-149.

**Karam, E.A**., Clymer, S., Elias, C., & Calahan, C. (2015). Together face-to-face or alone at your own pace: Traditional vs. blended learning formats in couple & family relationship coursework. *Journal of Instructional Psychology, 41*(4), 85-96.

**Karam, E.A.**, Ko, M., Pinsof, W., Mroczek, D., & Sprenkle, D. (2015). The multisystemic and multilevel investigation of the expanded therapeutic alliance-psychological functioning relationship in individual therapy. *Journal of Marital and Family Therapy, 41*(4), 401-414.

**Karam, E.A.,** Sprenkle, D.H., & Davis, S.D. (2015). Targeting threats to the therapeutic alliance: A primer for MFT training. *Journal of Marital and Family Therapy, 41*(4), 389-400.

Langley, C., Barbee, A. P., Antle, B., Christensen, D. N, Archuleta, A. J., Sar, B. K., **Karam, E.A**., van Zyl, M. A., Cunningham, M. R. & Borders, K. (2015). Enhancement of Reducing the Risk for the 21st century: Improvement to a curriculum developed to prevent teen pregnancy and STIs. *American Journal of Sexuality Education*, *10*(1), 40-69.

###### Karam, E.A. (2015). Marriage & Family Therapist. In M. Shally-Jensen (Ed). *Careers in Human Services* (pp. 145-156). Salem Press.

**Karam, E.A.** (2014). Review of *Family therapy: An Integrative map of the territory*. *Journal of Marital and Family Therapy, 40*(3),303-304.

**Karam, E.A.** (2014). Comments from the guest editor of JMFT: Common factor research. *Journal of Marital and Family Therapy – Virtual Issue, 5*.

Sullivan, D.J., **Karam, E.A.,** Mardis, M., Cappiccie, A., & Gamm, C. (2014). Student care teams in higher education: A role for social work faculty. *Professional Development: The International Journal of Continuing Social Work Education*, *17*(1), 5-14.

**Karam, E.A.** (2013). Journey of the Pre-Clinical Fellow: Surefire suggestions to survive (even thrive) as a young professional. *Family Therapy (AAMFT)*, *12*(3). 93-99.

Antle, B.F., Sar, B.S., **Karam, E.A.,** Christensen, D., Ellers, F, .N., Barbee, A.P., & van Zyl, M.A., (2013). The effectiveness of relationship education for high-risk, low-income adults. *Journal of Marital and Family Therapy, 39*(3),346-357.

Sterrett, E.M., Williams, J., Thompson, K., Johnson, K., Bright, M., **Karam, E.A**., & Jones, V.F. (2013). An exploratory study of two parenting styles and family health behaviors. *American Journal of Health Behavior, 37*, 458-468.

**Karam, E**.**A**., Bowland, S., Rowan, N., Washington, K. T., Perry, A., Collins-Camargo, C., & Archuleta, A. (2012). Peer mentoring among junior faculty and implications for culture change. *Professional Development: The International Journal of Continuing Social Work Education*, *15*(2), 55-62.

**Karam, E**.**A**., Bowland, S., Rowan, N., Washington, K. T., Perry, A., Collins-Camargo, C., & Archuleta, A. (2012). Building junior faculty peer mentoring and learning communities. *Innovation Abstracts*, *34*(8).

**Karam, E.A.** (2011). Integrating common factors into a MFT curriculum. *Family Therapy (AAMFT)****,*** *10(5)*, 32-34.

Antle, B.F., Sullivan, D.J., Dryden, A.A., **Karam, E.A**., & Barbee, A.P. (2011). Healthy relationships for dating violence prevention among high risk youth. *Children and Youth Services Review, 33*(1), 173-179.

Antle, B.F., **Karam, E.A**., Christensen, D.N., Barbee, A.P., & Sar, B.S. (2011). An evaluation of healthy relationship education to reduce intimate partner violence. *Journal of Family Social Work*, *14(5)*, 387-406.

**Karam, E.A.,** & Sprenkle, D.H. (2010). The research informed clinician: A guide to training the next generation MFT. *Journal of Marital and Family Therapy, 36*(3),307-319.

Pinsof, W., Zinbarg, R., Lebow, J., Knobloch-Fedders, L., Durbin, E., Chambers, A., **Karam, E.A.**, Goldsmith, J., Friedman, G., & Mann, B. (2009). Laying the foundation for progress research in family, couple and individual therapy: The development and psychometric features of the INITIAL Systemic Therapy Inventory of Change. Laying the foundation for progress research in family, couple, and individual therapy. *Psychotherapy Research, 19(2),* 143-156.

Gorvine, B., **Karam, E.A.,** & Eovaldi, M. (2008). Strengthening individual identity in group context. *Middle School Journal*, *40*(2), 13-20.

###### Karam, E.A., & Lebow, J. (2008). Couples and family treatment of anger difficulties. In E. L. Feindler (Ed). *Anger related disorders: A practitioner's guide to comparative treatments* (pp. 165-187). New York: Springer Publishing Co.

**Non-Peer Reviewed Publications**

**Karam, E.A.** (2021). Harvesting hope. *Family Therapy (AAMFT)****,*** *20*(1), 8-11.

**Karam, E.A.** (2019). The AAMFT Podcast: Relating, educating & innovating. . .one episode at a time. *Family Therapy (AAMFT)****,*** *18*(4), 10-12.

**Karam, E.A.** (2012). Researching your own practice. *Family Therapy (AAMFT)****,*** *11*(5), 61-65.

**Karam, E.A.** (2012). Top 10 MFT myths dispelled by clinical research. *Family Therapy (AAMFT)****,*** *11*(1), 27-32.

**Karam, E.A.** (2010). *The alliance-outcome relationship revisited: A session-by-session perspective*. Lambert Academic Publishing.

# Publications In Press

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# Manuscripts Under Review

###### Manuscripts in Preparation

**Karam, E.A.** (2024). *The History of the AAMFT*. Book in preparation for the American Association for Marriage & Family Therapy.

**Karam, E.A.** (2023). Thriving on the road to licensure: A new curriculum for fostering MFT professional preparation & development. Manuscript in preparation for *Journal of Marital and Family Therapy.*

**Karam, E.A.,** Sterrett-Hong, E.M, Lyness, K., & Frey, L. (2023). From the frying pan of the university clinic into the fire of the community mental health clinic: Preventing the burning of marriage and family therapy graduates in their first job settings. Manuscript in preparation for the *Journal of Marital and Family Therapy*.

# International, National & State Peer Reviewed Presentations

**Karam, E.A.**, & Blow, A. (2022, November*)*. *Instilling Hope.* Workshop presented at the 2022 Systemic Family Therapy Conference, Virtual.

**Karam, E.A.** (2022, March*)*. *Learning from failure.* Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Leadership Symposium 2021, Virtual.

**Karam, E.A.**, & Blow, A. (2021, November*)*. *The Hopeful Therapist.* Workshop presented at the 2021 Systemic Family Therapy Conference, Virtual.

**Karam, E.A.** (2021, March*)*. *Failing Forward: Learning from flops and frustrations.* Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Leadership Symposium 2021, Virtual.

**Karam, E.A.** (2020, November*)*. *Leadership's best teacher: Learning from failure.* Keynote presented at the American Association for Marriage and Family Therapy (AAMFT) Leadership Day 2020, Phoenix, AZ.

**Karam, E.A.**, & Blow, A. (2019, September*)*. *MFT common factors in action.* Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Austin , TX.

**Karam, E.A.**, & Blow, A. (2017, October*)*. *Advancing the Profession: Integrating Common Factors into Practice*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Atlanta, GA.

Acquati, C, Kayser, K, Collins, W, **Karam, E**.**A**, Mark, K, & Moon, H (2017, January). *Understanding the Experience of Younger Women with Breast Cancer and Their Partners: A Cross-Sectional Investigation*. Presentations at the 21st Annual Conference of the Society for Social Work and Research (SSWR), New Orleans, LA.

Acquati, C, Kayser, K, Collins, W, **Karam, E.A,** Mark, K, & Moon, H. (2017, January). *Couples Coping with Breast Cancer Across the Developmental Trajectory: Examining the Role of Mutuality in Predicting Dyadic Coping of Patients and Partners in Younger and Older Dyads*. Presentation at the 21st Annual Conference of the Society for Social Work and Research (SSWR), New Orleans, LA.

**Karam, E.A.**, Blow, A., & Davis, S.D. (2015, September*)*. *Enhancing therapist common factors in MFT practice.* Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Austin, Texas.

**Karam, E.A.** (2014, October*)*. *The Pre-Clinical Fellow Experience*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Milwaukee, Wisconsin.

**Karam, E.A.**, & Dishon, A. (2014, February*)*. *The Pre-Clinical Fellow experience: Navigating tough terrain towards licensure .* Workshop presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) 2014 Division Conference, Louisville, Kentucky.

**Karam, E.A.** (2014, February*)*. *Making the ‘case’ for family therapy: A Common factors approach.* Workshop presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) 2014 Division Conference, Louisville, Kentucky.

**Karam, E.A.**, Blow, A., Davis, S.D., & Sprenkle, D.H. (2013, October*)*. *Integrating common factors into MFT training.* Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Portland, Oregon.

**Karam, E. A.**, & Dishon, A. (2013, October*)*. *Career paths for new professionals: Journey of the Pre-Clinical Fellow*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Portland, Oregon.

**Karam, E. A.**, (2013, June*)*. *Translating interventions from university settings into the real world.* Discussant at the Sixth International Meeting on Stress & Dyadic Coping, Louisville, Kentucky.

**Karam, E. A.** (2013, February*)*. *Innovations in MFT.* Plenary address presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) 2013 Division Conference, Louisville, Kentucky.

**Karam, E. A.**, & Dishon, A. (2013, February*)*. *The pre-clinical fellow experience: Tools & tips.* Workshop presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) 2013 Division Conference, Louisville, Kentucky.

**Karam, E. A**., Davis, S. D., & Sprenkle, D. H. (2012, September). *Studying your own practice: Tracking common factors in MFT*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Charlotte, North Carolina.

**Karam, E. A.** (2012, February*)*. *The Business of therapy*: *Expanding MFT practice strategies.* Plenary address presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) 2012 Division Conference, Louisville, Kentucky.

**Karam, E. A.,** Sullivan, D.J., Mardis, M., & Cappiccie, A. (2011, October). *Assessing students at risk in higher education: A role for social work***.** Paper presented at the Council on Social Work Education (CSWE) Annual Program Meeting, Atlanta, Georgia.

**Karam, E. A**., & Christensen, D. N. (2011, September). *The integration of relationship education into MFT*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Ft. Worth, Texas.

**Karam, E. A**., Davis, S D., & Sprenkle, D.H. (2011, September). *Maximizing couple common factors in MFT*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Ft. Worth, Texas.

**Karam, E. A.** (2011, February*)*. *MFT sex 101*: *Opening plenary.* Presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) 2011 Divisional Conference, Louisville, Kentucky.

**Karam, E.A**., & Davis, S D. (2010, September). *Getting specific about the common factors in MFT supervision*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Atlanta, Georgia.

**Karam, E. A.** (2010, February*)*. *The State of our unions: The past, present & future of couple therapy*. Opening plenary address presented at the 2010 Kentucky Association for Marriage and Family Therapy (KAMFT) Divisional Conference, Louisville, Kentucky.

**Karam, E. A**., Sprenkle, D. H., & Davis, S.D. (2009, October). *Nurturing the integrative therapeutic alliance in MFT*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Sacramento, California.

Antle, B. F., & Karam**, E. A.** (2009, August). *Offering individual-oriented relationship education: Challenges & opportunities*. Workshop presented at the U.S. Army Worldwide Family Advocacy Conference, Louisville, Kentucky.

**Karam, E. A.** (2009, February*)*. *Tools of the trade: Infusing research informed practices into your clinical work*. Workshop presented at the Kentucky Association for Marriage and Family Therapy (KAMFT) Divisional Conference, Louisville, Kentucky.

**Karam, E. A.,** & Sprenkle, D. H. (2008, November*)*. *The research informed clinician*. Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Memphis, Tennessee.

**Karam, E. A.**, Pinsof, W., Sprenkle, D., & Dwyer, T. (2007, October). *Clinical research, training and supervision with the STIC.* Workshop presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Long Beach, California.

**Karam, E. A.,** Clymer, S., & Elias, C. (2007, April). *Blended teaching models in marriage and family studies*. Presentation at the Teaching and Learning with Technology Conference (TLT), West Lafayette, Indiana.

**Karam, E. A.**, Elias, C., Kim, E., Sprenkle, D., Willerton, E., & Wittenborn, A. (2006, October). *Therapists’ experiences of learning PET-C: A qualitative journey.* Research poster submitted to the American Association for Marriage and Family Therapy Annual Conference, Austin, Texas.

#### Invited National Presentations

**Karam, E. A.**, (2013, April*)*. *Journey of the Pre-Clinical Fellow*: *Ten surefire suggestions to survive (even thrive) on the road to becoming a Clinical Fellow.* National Webinar presented by the American Association for Marriage and Family Therapy (AAMFT).

#### Invited Regional Presentations

**Karam, E. A.** (2015, November). *Managing Relationship Conflict: Inside & Outside the Family Business*. Invited workshop for the University Family Business Center/ Delphi Center, Louisville, KY.

**Karam, E. A.** (2013, January). *Family therapy 101 for the guidance counselor: Working with challenging parents and their teens*. Invited presentation for Archdiocese of Louisville High School Guidance Counselors, Louisville, KY.

**Karam, E. A.** (2012, September). *Freshman year: Parental demands & adjustments*. Invited presentation at St. Xavier High School, Louisville, KY.

**Karam, E. A.,** Mardis, M., Zahorik, K., & Hall, W.(2011, November). *Effectively responding to difficult student situations and students in distress*. Invited presentation at Delphi Center’s Dine and Discover Series, University of Louisville, Louisville, KY.

**Karam, E. A.** (2011, September). *Dealing with tough teens*. Invited presentation at St. Xavier High School, Louisville, KY.

**Karam, E. A.** (2010, September). *Fostering healthy teenage development and parent-child communication*. Invited presentation at St. Xavier High School, Louisville, KY.

**Karam, E. A.** (2009, October). *Preparing for the academic interview: Tips and strategies for success*. Invited presentation at the Fall 2009 Conference in the Department of Child Development and Family Studies, Purdue University, West Lafayette, Indiana.

**Karam, E. A.** (2008, November). *Building the therapeutic alliance with terminally ill client systems.* Invited presentation at Hosparus of Louisville, Louisville, Kentucky.

**Karam, E. A.** (2007, September). *The research informed clinician in MFT master’s programs.* Invited presentation at the Professional Seminar in Marriage and Family Therapy in Department of Child Development and Family Studies, Purdue University, West Lafayette, Indiana.

**Karam, E. A.** (2006, September). *Integrative models in MFT: Integrated Problem Centered Therapy.* Invited presentation at the Professional Seminar in Marriage and Family Therapy in Department of Child Development and Family Studies, Purdue University, West Lafayette, Indiana.

**Karam, E. A.** (2005, September). *Integrating art & science: Using the Systemic Therapy Inventory of Change.* Invited presentation at the Professional Seminar in Marriage and Family Therapy in Department of Child Development and Family Studies, Purdue University, West Lafayette, Indiana.

**Karam, E. A.** (2005, August). *Progress research.* Invited presentation at the Professional Seminar in Marriage and Family Therapy in Department of Child Development and Family Studies, Purdue University, West Lafayette, Indiana.

**Grant Experience**

2010-15 *Department for Health and Human Services, Administration on Children, Youth and Families, Office of Adolescent Health*(funded). $4.8 million.Teen Pregnancy Prevention. PI Anita Barbee, Co-PI Becky Antle, Co-PI **Eli Karam**, Co-PI Dana Christensen, Co-PI Bibhuti Sar.

2008-11 *Department for Health and Human Services, Administration on Children, Youth and Families, Office of Family Assistance*(funded). $2.5 million.Promoting Healthy Relationships for At-Risk Adults and Youth through Community-Based Training and Collaboration. PI Becky Antle, Co-PI Bibhuti Sar, Co-PI **Eli Karam**, Co-PI Dana Christensen.

Not Funded *National Institute of Health.* Preventing Dating Violence Among Young College Students: Comparison of a Healthy Relationships Program and Anti-Violence Curriculum. PI Becky Antle, Co-PI **Eli Karam**, Co-PI Anita Barbee.

Not Funded *National Multiple Sclerosis Society*. Individual and Relational Predictors of Adolescent and Child Caregivers. PI **Eli Karam**, Co-PI Pamela Yankeelov.

Not Funded *University of Louisville Intramural Research Incentive Grant.* The Impact of Solution Based Casework on Federally Mandated Child Welfare Outcomes. PI **Eli Karam**.

# Teaching

*University of Louisville*

*Kent School of Social Work/ Couple & Family Therapy Program*

2016-Present *SW/MCFT 700 Foundations of Family Therapy Theory & Practice*

Designed and taught online opening models and theory course in the MFT curriculum

2015-Present *SW/MCFT 705 Professional Issues and Ethics in MFT*

Designed and taught course to assist the graduating student in their professional development, legal responsibilities, current professional ethics, the role of professional associations, licensure legislation, independent practice considerations, and inter-professional cooperation.

2012 *SW 797 Independent Study* - *Attachment Theory and Research*

Provided individual instruction for social work doctoral student on attachment theory, research and clinical implications.

2011-Present *SW/MCFT 702* *Couples Therapy*

Designed and taught evidenced-based couples therapy course in MFT curriculum.

2009-Present *SW/MCFT 704 Integrating MFT Theory & Practice* Designed and taught capstone integration course in the MFT curriculum.

2009-2015 *SW/MCFT 722 Family Therapy Supervision II*

Designed and taught beginning micro-practice skills and clinical supervision course.

2008-Present *SW/MCFT 721 Family Therapy Supervision I*

Designed and taught micro-practice skills and clinical supervision course.

## *Kent School of Social Work Guest Lecturer*

2012 *SW 756 Professional Seminar*

2010-11 *SW 202 Introduction to Intimate and Family Relationships* Designed lectures to introduce BSW students to the scientific study and understanding of couple and family life.

2009-11 *SW 700 Foundations of Family Therapy: Theory and Practice*

 Designed and taught several lectures on family therapy theory and preparation for practice.

2009 *SW 659 Introduction to Marriage and Family Therapy Practice*

 Designed and taught several lectures on classic MFT models.

*University of Louisville*

*Department of Psychological and Brain Sciences*

2011 *PSYC 406 Honors Research II*

Provided individual instruction for honors student as follow-up to PSYC 405 on how proposed research is conducted, data are analyzed, and a report of the work (the thesis) is prepared.

2010 *PSYC 405 Honors Research I*

Provided individual instruction and mentorship for Psychology Honors student in interdisciplinary collaboration between UofL’s Department of Psychological and Brain Sciences and the Kent School of Social Work.

*Other Teaching*

2007-2008 *MS\_FT 422 Family Research*, The Family Institute at Northwestern University, Evanston, IL.

Served as Core Faculty / Clinical Lecturer in the Marriage and Family Therapy Program. Designed and taught applied research course based on “evidence-based practice” in MFT and related disciplines.

2007 *MS\_FT 421* *Systemic Assessment*, The Family Institute at Northwestern University, Evanston, IL.

Served as Core Faculty / Clinical Lecturer in the Marriage and Family Therapy Program. Designed and taught course.

2005- 2008 *CDFS 255 Introduction to Couple and Family Relationships*, Department of Child Development and Family Studies, Purdue University, West Lafayette, IN. Designed lectures based on current research in marriage and family studies and instructor’s clinical expertise in communication / intimacy skill building. Developed multimedia hybrid learning presentations (combining audio, video and Breeze PowerPoint files) to be accessed on a on-line, on-demand basis as a complement to in-class lecture.

2006 - 2008 CDFS 669 *Marriage and Family Therapy Practicum*, Department of Child Development and Family Studies, Purdue University, West Lafayette, IN. Co-developed and taught “Psychotherapy Integration” and “Common Factors” curriculum with Doug Sprenkle, Ph.D.

2003-2005 *Human Development Lecture Series*, The Family Institute at Northwestern University in Evanston, IL. Invited lecturer on topics of adolescent development and parenting transitions.

1998-2001 *Kentucky Governor’s Scholars Program*, Centre College, Danville, KY. Developed and taught healthy relationship course. Led a personal development seminar/experiential group that stressed concerns and problems faced by students, including subjects as value clarification, career choice, and interpersonal relationships. Assisted in instructing leadership class, which emphasized inquiry, research, problem solving, resolution development, and community service.

**Curriculum Development**

*University of Louisville*

*Kent School of Social Work*

2015 *SW 705 Professional Development and Ethics in MFT*

Transformed previous 1 credit course into 3 credit course designed to assist graduating students in their professional development, legal responsibilities, current professional ethics, the role of professional associations, licensure legislation, independent practice considerations, and inter-professional cooperation.

2010 *SW 202 Introduction to Intimate and Family Relationships* Co-designed course to introduce BSW students to the scientific study and understanding of couple and family life. Experiential lectures encourage students to examine their attitudes and values regarding intimate relationships. The course is structured to not only provide didactic knowledge but to provide an opportunity to integrate this information with student personal experiences.

2008-2010 *MSSW-MFT Specialization Curriculum Revision*

*Other*

2007-08 *The Research Informed Clinician*, Purdue University, West Lafayette, IN.

2003-2005 The Family Institute at Northwestern University’s Nichols Middle School Project in Evanston, IL.

 Developed 7-week intervention curriculum conducted trainings and provided on-site supervision to MFT masters students and school faculty facilitation groups.

## Clinical Supervision Experience

2008-Present Kent School of Social Work, Marriage and Family Therapy Program, University of Louisville, Louisville, KY.

Provide both group and individual MFT supervision to MSSW-MFT students.

2006-08 The Family Institute at Northwestern University, Evanston, IL.

 Provided supervision to MFT master’s students.

## 2006-2008 Purdue University Individual, Couple, and Family Therapy Clinic in West Lafayette, IN. Provided live, individual & group supervision to MFT doctoral students.

2005-2006 Purdue University Clinic (Calumet Campus) in Hammond, IN.

 Provided live group supervision to 1st year MFT masters students.

# Doctoral Dissertation and Thesis Committees

# *Doctoral*

# *University of Louisville, Kent School of Social Work*

2018-20 Mount, Shannon. *Co-parenting & School Success: Perspective of Fathers.* Committee Members: Armon Perry (Chair), **Eli Karam**, Sunshine Rote, and Emma Sterrett-Hong.

2015-16 Acquati, Chiara. *A Comparison of Younger & Older Couples Coping with Breast Cancer: Examining the Relationship Among Mutuality, Dyadic Coping, & Quality of Life of Patients and Partners.* Committee Members: Karen Kayser (Chair), **Eli Karam**, Wanda Collins, Heehyul Moon, and Kristen Mark.

2013-15 Dishon, Amanda. *Intimate Partner Violence & Cumulative Victimization.*

Committee Members: Seana Golder (Chair), **Eli Karam**, & Martin Hall.

2010-11 Dickerson, James. *How Collaborative the Collaboration?*

*Assessing the Collaboration of Services for Juvenile Offenders*.

Committee Members: Ruth Huber (Chair), **Eli Karam**, Crystal Collins-Camargo, & Karla Washington.

*University of Kentucky, College of Social Work*

2010 Thomas, Jacky. *Intrapsychic Predictors of Professional Quality of Life: Mindfulness, Empathy, and Emotional Separation*. Committee Members:Melanie Otis (Chair), **Eli Karam**, David Royse, Mary Sprang, & Hazel Forsythe.

*Undergraduate Honors Thesis*

*University of Louisville, Department of Psychological and Brain Sciences*

2010-11 Glover, Amanda. *The Transmission of Intergenerational Domestic Violence from Parent to Child Shown in their Relationships*. Committee Members: **Eli Karam** (Chair) & Becky Antle (Co-Chair).

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# Service

*Kent School of Social Work*

2022-23 *Decanal Search Committee*, Kent School of Social Work & Family Science

2022-Present *Personnel Committee*, Kent School of Social Work & Family Science

2017-2020 *Dean’s Extended Cabinet*, Kent School of Social Work

2017-2020 *Faculty Affairs Representative*, Kent School of Social Work

2017-2020 *Budget Committee*, Kent School of Social Work

2016 *Faculty Search Committee*, Kent School of Social Work, Assistant Professor Opening

2014 *CFT Search Committee, Kent School of Social Work*, Assistant Professor Opening

2012-13 *Decanal Review Committee* for Dean of Kent School of Social Work

 Serving as an elected representative by the Kent Faculty on committee.

2009-12; 2014-15 *Kent School of Social Work Curriculum Committee*. Serving as MFT Program representative on committee.

2009-10 *MFT Search Committee, Kent School of Social Work*, Assistant Professor Opening

*University of Louisville*

2015-2021 Graduate Student Grievance Committee

2012 *Search Committee –Student Care Team Case Manager*

Reviewed applications, developed interview questions, and screened applicant pool for new position. The Case Manager reports directly to the Dean of Students and work with the Student Care Team (SCT) to help students that are in distress or crisis situations that have come to the attention of the University. The Case Manager will provide a regular opportunity for communication between departments, ensuring that all the resources of the University of Louisville are available to students in crisis.

2010-12 *Search Committee - University of Louisville Autism Center, Director*

This interdisciplinary, university-wide search committee was convened find a director to build partnerships in the medical school’s Departments of Pediatrics and Psychiatry, and the College of Education and Human Development that will expand clinical services, education and training, and develop a supported research agenda resulting in a premier autism program.

2009 – 2017 *Student Care Team*

Serving as a faculty representative on multidisciplinary university-wide team intended to provide a regular opportunity for communication between departments, ensuring that all the resources of the University of Louisville are available to students in crisis.

 2008- 2010 *University* *Student Grievance Committee (Kent School Representative)*.

*Community and State*

2014 *Past* *President*, Kentucky Association for Marriage and Family Therapy (KAMFT)

2012-2013 *President*, Kentucky Association for Marriage and Family Therapy (KAMFT)

2010-2012 Kentucky Association for Marriage and Family Therapy (KAMFT),

 *President Elect*

2010-2012 Kentucky Association for Marriage and Family Therapy (KAMFT),

 *Annual Conference Co-Chair*

2008-2010 Kentucky Association for Marriage and Family Therapy (KAMFT),

 *Director of Professional Development*

*National*

2019-Present Host/Executive Producer, *The AAMFT Podcast*, *American Association for Marriage and Family Therapy (AAMFT)*

2016-17 MFT Mentor, Certificate in Leadership Program, *American Association for Marriage and Family Therapy (AAMFT)*

2016-17 *Journal of Marital and Family Therapy*, Editor Search Committee

2016-Present Reviewer, *Contemporary Family Therapy*

2015-2019 Associate Editor, *The Encyclopedia of Couple & Family Therapy.* Systemic Concepts

2015 Guest Editor, *Family Process* (Virtual Edition), Family Therapy with Underserved & Vulnerable Populations

2015 Policy on Social Policies Review Task Force, *American Association for Marriage and Family Therapy (AAMFT)*

2014-2016 American Association for Marriage and Family Therapy (AAMFT), *AAMFT National Board Member*

2015-Present Editorial Advisory Board, *Family Process*

2014-Present Editorial Advisory Board, *Journal of Marital and Family Therapy (JMFT)*

2014-2015 Elections Council, *American Association for Marriage and Family Therapy (AAMFT)*

2014-2016 Performance Evaluation Committee, Chair, *American Association for Marriage and Family Therapy (AAMFT)*

2014 Guest Editor, *Journal of Marital and Family Therapy* (Virtual Edition), MFT Common Factors

2014 Elections Council Task Force, *American Association for Marriage and Family Therapy (AAMFT)*

2013-2015 Reviewer, *Family Process*

2014-Present Reviewer, *Journal of Couple & Relationship Therapy*

2013 American Association for Marriage and Family Therapy (AAMFT), *Nominee for AAMFT National Board*

2012-2013 Reviewer, *Journal of Marital and Family Therapy (JMFT)*

2012-2013 American Association for Marriage and Family Therapy (AAMFT),

 *Council of Division Presidents (CDP)*

# 2006-2008 American Association for Marriage and Family Therapy (AAMFT), *Abstract Reviewer* for Annual Conference

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## Professional Affiliations

**Professional Licensure**

Licensed Marriage and Family Therapist – Kentucky #104406

##### **Professional Membership**

*Clinical Fellow* -American Association for Marriage and Family Therapy (AAMFT)

*Approved Supervisor* -American Association for Marriage and Family Therapy (AAMFT)

*Clinical Fellow* -Kentucky Association for Marriage and Family Therapy (KAMFT)

**Awards**

2020 *American Association for Marriage and Family Therapy (AAMFT)*

 *Excellence in Media Award*

This award is granted by AAMFT and honors members for significant contributions to the field of marriage and family therapy through creative and innovative advances in media.

2018 *American Association for Marriage and Family Therapy (AAMFT)*

 *Training Award*

This award is granted by AAMFT and honors members and/or training programs for significant contributions to the advancement of the field of marriage and family therapy by encouraging and training the next generation of marriage and family therapy researchers and/or practitioners.

2016 *Journal of Marital & Family Therapy Best Article Award* – “Strengthening the Systemic Ties That Bind: Integrating Common Factors into MFT Curricula”

2014 *Northwestern University Distinguished Alumnus Award*

2014 Kentucky Association for Marriage & Family Therapy (KAMFT) *Distinguished Service Award*

2013 *American Association for Marriage and Family Therapy (AAMFT)*

 *Divisional Contribution Award*

This award recognizes past or current Divisional Presidents who have made significant and longstanding contributions to the well-being of the division, demonstrated significant and long-standing leadership, contributed to the education of MFTs in a graduate training program or post-degree training program, conducted major presentations at divisional conferences, made significant and long-standing contributions to MFT through service as a community leader, demonstrated active leadership within the Council of Division Presidents, and advanced the discipline of MFT and use of a family systems framework as a means for working with the individuals, couples/partners, families, and wider social systems in our society.

2009 *American Association for Marriage and Family Therapy (AAMFT) National Dissertation Award*

 Awarded for outstanding scholarly achievement in dissertation research study related to couples and family therapy or family therapy training.

2008 *Center for Instructional Excellence’s Advanced Graduate Teaching Recognition*, Purdue University

2007 *Graduate School Award in Teaching Excellence*, Purdue University

2006 *Graduate Teaching Award*, Purdue University, Department of Child Development and Family Studies

 Awarded for most outstanding contribution to graduate teaching in CDFS.

2003 *Clinical Research Award*, The Family Institute at Northwestern University Awarded for outstanding student contribution to clinical research.