

# Justin S. Romney, Ph.D., LMFT

## *Curriculum Vitae*

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## Education

**Ph.D.**            Couples, Marriage, and Family Therapy  
**2022**            Texas Tech University, Lubbock, TX, COMAFTE Accredited  
Dissertation: The Lived Experience of Functionality in Families with a Child Diagnosed with Autism Spectrum Disorder: An Interpretive Phenomenological Analysis.

### Doctoral Fellowship

Family Medicine Education, June 2021-June 2022

St. Mary's Family Medicine Residency, Grand Junction CO

Certificate of Advanced Specialization from University of Colorado School of Medicine and St. Mary's Family Medicine Residency

**M.S.**            Couples, Marriage, and Family Therapy  
**2019**            Texas Tech University, Lubbock, TX

**B.S.**            Marriage and Family Studies with a Professional Clinic Emphasis  
**2016**            Brigham Young University-Idaho, Rexburg, ID

## Research Interests

My developing program of research is focused on understanding systemic implications of autism treatment. With this I have two areas I focus: how family therapy reduces the maladaptive behaviors of the diagnosed child and how to increase collaboration with the primary treatment providers.

## Professional Experience

2022-Present    Professor of Professional Practice, University of Louisville  
 Department of Couples, Marriage, and Family Therapy

2022            Adjunct Faculty, Colorado Mesa University  
 Department of Kinesiology

2021-2022      Doctoral Fellow, St. Mary's Family Medicine Residency, Grand Junction CO

## Teaching Experience

2022-Present Professor of Professional Practice. University of Louisville.

- SW 701, Family Therapy Assessment & Treatment in Diverse Populations
  - Fall 2022 3.0 Credits 17 students
- SW 721, Family Therapy Supervision I
  - Fall 2022 3.0 credits 5 students
- SW 724, Family Therapy Supervision III
  - Fall 2022 3.0 credits 6 students
- SW 722, Family Therapy Supervision II
  - Spring 2023 3.0 credits 5 students
- SW725, Family Therapy Supervision V
  - Spring 2023 3.0 credits 6 students

2022 Adjunct Faculty Department of Kinesiology. Colorado Mesa University.

- KINE 417, Health Behavior Change
  - Spring 2022 3.0 Credit hours 30 students

2020-2021 Graduate Teaching Assistant, Community, Family, and Addiction Studies, Texas Tech University, Lubbock, TX.

- CMFT 6303: Couples & Sex Therapy
- CMFT 5305: DSM, Psychopathology, and Assessment in CMFT

2019-2021 Undergraduate Course Instructor, Community, Family, and Addiction Studies, Texas Tech University, Lubbock, TX.

- CFAS 2300: *Communication, Civility, and Ethics*
  - Spring 2021 6.0 Credit hours 60 students
  - Fall 2020 6.0 Credit hours 60 students
  - Summer 2020 3.0 Credit hours 30 students
  - Spring 2020 6.0 Credit hours 60 students
  - Fall 2019: 6.0 credit hours 74 students

## Invited Guest Lecture

- 2022: *Systemic Treatment of Autism Spectrum Disorder*. Utah Valley University MFT Program. Utah Valley University.
- 2022: *What is an MFT?* SW 405: Generalist Practice III. University of Louisville.
- 2020: *Systemic Treatment of Autism Spectrum Disorder*. MFT 6520: Contemporary Issues in MFT. Utah Valley University.
- 2019: *Love Languages*. Addiction, Recovery & Relationships, ADRS 3329. Texas Tech University.
- 2019: *Introduction to Systemic Autism Treatment*. Intro to MFT. CMFT Texas Tech University.

## Teaching Trainings & Workshops

### **2022-2023 Seminar on Teaching for New Faculty Cohort, Delphi Center at University of Louisville**

- Selected for year long teaching program that emphasizes how to be an inclusive professor.

### **2020-2021 TEACH Fellowship Program**

Teaching, Learning, and Professional Development Center at TTU

- Selected for a yearlong teaching program for graduate students at TTU to strengthen pedagogy and teaching abilities.
- Classroom is critically reviewed through peer observations and recorded classroom instruction to highlight strengths and opportunities for growth.
- Development of a professional teaching portfolio and detailed course redesign project.

### **2020 Teaching Learning and Professional Development Center Workshops at TTU**

- Beyond Blackboard: Reaching Learners during Challenging Academic Times
- Questioning Strategies to Encourage Interaction in F2F or Online Classes
- Encouraging Classroom Participation
- Preparing for the Academic Job Market: Writing your Teaching Philosophy
- Encouraging Students to do the Readings
- Digging Deeper: Reflecting on what we put in our syllabi
- GWC: Writing Diversity Statements
- Fostering Critical Thinking
- Preparing for Class: Drafting a Syllabus

### **2019 Groundwork Program**

Teaching, Learning, and Professional Development Center at TTU

- Engaged in a three-day series of training workshops for instructors at TTU to enhance pedagogy and teaching skills.
- Workshops covered important topics such as technology, culture, student engagement, active learning, classroom management, student learning outcomes, and syllabus construction.

### **Scholarly Publications**

**Romney, J. S., & Garcia, M.** (2021). TF-CBT informed teletherapy for children with autism and their families. *Journal of Child & Adolescent Trauma*, 1-10. [doi.org/10.1007/s40653-021-00354-0](https://doi.org/10.1007/s40653-021-00354-0)

Jones, E. R., Lauricella, D., D'Aniello, C., Smith, M., & **Romney, J.** (2021). Integrating internal family systems and solutions focused brief therapy to treat survivors of sexual trauma. *Contemporary Family Therapy*, 1-9. [doi.org/10.1007/s10591-021-09571-z](https://doi.org/10.1007/s10591-021-09571-z)

**Romney, J.S., Fife, S.T., Sanders, D., & Behrens, S.** (2021). Treatment of couples experiencing pregnancy loss: Reauthoring loss from a narrative perspective. *Journal of Family Psychotherapy*. [doi.org/10.1080/2692398X.2020.1855621](https://doi.org/10.1080/2692398X.2020.1855621)

**Romney, J.**, Austin, K., Fife, S. T., Sander, D., & Snyder, H. (2021). Stress Experienced and Meaning-Making of Couples with Children with Autism Spectrum Disorder: A Phenomenological Study. *The American Journal of Family Therapy*, 49(1), 37-56. doi.org//10.1080/01926187.2020.1813654

**Romney, J.S.**, & Jones, E. R. (2020). A systemic treatment of families with a child diagnosed with autism spectrum disorder using a narrative lens. *The American Journal of Family Therapy*, 48(5), 478-494. doi.org/10.1080/01926187.2020.1745718

**Romney, J.S.**, Hawkins, L.G., & Soloski, K.L. (2020). Gender conformity, and suicide: A case study integrating structural family therapy and satir experiential therapy. *Clinical Case Study*, 19(4), 282–300, doi.org//10.1177/1534650120919797

*Manuscripts Under Review*

**Romney, J.S.**, Austin, K., & Fife S.T. (in preparation) Couples with a child diagnosed with ASD a ground theory study.

*Manuscripts in Preparation*

Brown, C.C., **Romney J.S.**, Gardenhire, J., Behrens, S., & Beckman, P. (in preparation) *Autism and caregiver burden*.

### **Professional Conference Presentations**

**Romney, J.S.**, Reitz, R., Gerdes, A., & Brown, B. (2022). Autism spectrum disorder education and treatment in the residency clinic. Scholarly Topic Roundtable Discussion presented at Society of Teachers of Family Medicine. Annual Conference, Indianapolis, Indiana.

**Romney, J.S.**, Austin, K., Fife, S.T., & Buckley C. (2021). We're broken: Grounded theory on couples with child diagnosed with ASD. Poster Presented at National Conference on Family Relations (NCFR) Annual conference, virtual conference.

Miles, A. & **Romney, J.S.** (2020, March). *Mothers impact on perceived discrimination and life satisfaction*. Poster presented at Texas Association Marriage and Family Therapy (TAMFT) Annual Conference, Virtual conference.

**Romney, J.S.**, Hawkins, L.G., & Soloski, K.S. (2020, November). *Rock n roll, gender conformity, and suicide*. Workshop presented at American Association of Marriage and Family Therapy Annual Conference (AAMFT), virtual conference.

**Romney, J.S.** & Jones, E. (2020, March). *Treating autism with narrative family therapy*. 80 minute workshop presented at Texas Association Marriage and Family Therapy (TAMFT) Annual Conference, Houston, TX.

Jones, E., **Romney, J.S.**, & Brosi, M. (2020, March). *Haunted by the Past*. 80 minute workshop presented at Texas Association Marriage and Family Therapy (TAMFT) Annual Conference, Houston, TX.

**Romney J.S.**, Austin, K., Sanders, D., Snyder, H., & Fife, S. (2020, March). *Stress experienced and meaning making of couples with children with ASD: A phenomenological study*. Poster presented at Texas Association Marriage and Family Therapy (TAMFT) Annual Conference, Houston, TX.

**Romney, J.S.**, Snyder, H.N., Austin, K., Sanders, D., & Fife, S. (2019, October). *A qualitative examination of family cohesion, flexibility, and communication- Parents of children with autism spectrum disorder*. Paper presented at the Burkhart Center at TTU Research Symposium. Lubbock, TX

Fife, S., Eggleston, D., **Romney, J.S.**, & Behrens, S. (2019, August). *All-star couples: Professional athletes and successful marriage*. Poster presented at the American Association of Marriage and Family Therapy Annual Conference (AAMFT). Austin, TX.

**Romney, J.S.**, Behrens, S., & Sanders, D. (2019, April) *Systemic treatment of pregnancy loss*. Poster presented at the Healthy Families Conference. Lubbock, TX.

Fife, S., Eggleston, D., **Romney, J.S.**, & Behrens, S. (2019, April) *All-star couples: Professional athletes and successful marriage*. Poster presented at the Healthy Families Conference. Lubbock, TX.

Gardenhire, J., **Romney J.S.**, Behrens, S., & Beckman, P. (2019, April) *Autism and caregiver burden*. Poster presented at the Healthy Families Conference. Lubbock, TX.

Gardenhire, J., **Romney J.S.**, Behrens, S., & Beckman, P. (2019, March) *Autism and caregiver burden*. Poster presented at the 9th Annual Conference of Addiction, Recovery, & Families Conference. Lubbock, TX.

Fife, S., Eggleston, D., **Romney, J.S.**, & Behrens, S. (2019, March). *All-star couples: Professional athletes and successful marriage*. Poster presented at the Texas Association of Marriage and Family Therapy Annual Conference (TAMFT). Austin, Texas.

Fife, S., Eggleston, D., **Romney, J.S.**, & Behrens, S. (2018, November). *All-Star Couples: Professional athletes and successful marriage*. Paper presented at the National Council on Family Relations (NCFR) Annual Conference. San Diego, California.

Chavez M. S., Bradshaw, S., Morris, E., & **Romney, J.S.** (2018, November). *Stressors, attachment, and family adaptability in couples with chronic illness*. Poster presented at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference. Louisville, KY.

## Grants

### *Grants Submitted but Not Funded*

Fife, S, **Romney, J.S.** & Cravens, J. (2021). Taking a load off: Addressing parental stress through narrative therapy for parents with a child diagnosed with ASD. Jerry M. Lewis, M.D. Mental Health Research Foundation. Requested 26,823. Current Status: Not Funded.

**Romney, J.S.** & Fife, S. (2020). Caregiver resilience through group therapy. Graduate research grant competition from Organization for Autism Research. Requested \$1,192. Current Status: Not Funded.

**Romney, J.S.** & Fife, S. (2020). Marital satisfaction, resilience, and stress in couples and child with ASD: a mixed methods study. Applied research competition from Organization for Autism Research. Requested \$40,000. Current Status: Not Funded.

### **Clinical Experience**

2022-Present, Private Practice, Louisville, KY

- Provide individual, couple, and family therapy.
- Intake, assessment, and diagnosis of clients.
- Provide crisis management.
- Treatment planning and collaboration with supervisor of treatment of clients
- Worked with diverse presenting problems, including ASD, behavior problems in adolescents, major depressive disorders, and anxiety disorders.

2021-2022 MFTC, Grand Junction Wellness Center (Private Practice) Grand Junction, CO

- Provide individual, couple, and family therapy.
- Intake, assessment, and diagnosis of clients.
- Provide crisis management.
- Treatment planning and collaboration with supervisor of treatment of clients
- Worked with diverse presenting problems, including ASD, behavior problems in adolescents, major depressive disorders, and anxiety disorders.

2021-2022 Doctoral Fellow, St. Mary's Family Medicine Residency, Grand Junction, CO

- Provide brief therapy for individual's, couples, and families.
- Assessment and diagnosis of clients.
- Behavioral health consultant for physicians. Provide brief interventions for patients while also training resident physicians
- Provide crisis management.
- Treatment planning and collaboration with supervisor of treatment of clients

2020-2021 LMFTA, Hope Family Therapy (Private Practice), Lubbock, TX.

- Provide individual, couple, and family therapy.
- Intake, assessment, and diagnosis of clients.
- Provide crisis management.

- Treatment planning and collaboration with supervisor of treatment of clients
- Worked with diverse presenting problems, including ASD, traumatic brain injuries, fetal alcohol syndrome, major depressive disorders, and anxiety disorders.

2019-2020 Intern, UMC Children's Behavioral Clinic, Texas Tech University, Lubbock, TX.

- Provide individual or family therapy to families and children.
- Intake, assessment, and diagnosis of clients.
- Treatment planning and collaboration with supervisor of treatment of clients

2017- 2019 MFT Intern, Family Therapy Clinic, Texas Tech University, Lubbock, TX.

- Provide individual, couple, and family therapy
- Intake, assessment, and diagnosis of clients.
- Treatment planning and collaboration with supervisor of treatment of clients.
- Worked with diverse populations, including major depressive disorders, anxiety disorders, bipolar disorders, and autism.

2018- 2019 Marriage and Family Therapy Intern, Lubbock Autism Academy, Lubbock, TX.

- Provide individual, couple, and family therapy
- Intake, assessment, and diagnosis of clients.
- Worked with families who had a child diagnosed with autism spectrum disorder.
- Ran group therapy sessions for families

2018- 2019 Grief Counseling Intern, Hospice of Lubbock, Lubbock, TX.

- Provided grief counseling as a community clinic
- Provided group therapy sessions

2017-2019 ABA Therapist, Lubbock Autism Academy, Lubbock, TX.

- Coordinated with BCBA regarding specific client needs

2016-2017 ABA Therapist, Utah Autism Academy, Midvale, UT.

- Coordinated with BCBA regarding specific client needs

2014-2015 Youth Counselor, Heritage Residential Treatment Center, Provo, UT.

- Coordinated with licensed therapists regarding specific client needs.

### **Supervision Experience**

2021-2022 Supervisor Candidate, St. Mary's Family Medicine Residency, Grand Junction, CO

- Provide individual supervision, video supervision, and live supervision for post masters provisionally licensed therapist.
- Provide guide over case notes and treatment planning

2020- May 2021 Supervisor Candidate, Texas Tech Family Therapy Clinic, Lubbock, TX.

- Provide individual supervision, video supervision, and live supervision for several masters level graduate students.

- Provide guide over case notes and treatment planning.
- Provide training during a pre-practicum hour.

### Community Presentations

**Romney, J.S.** (June 3, 2021). *ASD and the family*. Church of Jesus Christ of Latter-Day Saints. Lubbock, TX.

**Romney, J.S.** & Holyoak, D. (2021, May 11). *Way of being and mental health*. Keynote speaker at Youth Summit. Lubbock, TX.

**Romney, J.S.** & Holyoak, D. (2021, May 11). *Anxiety and depression*. Workshop at Youth Summit. Lubbock, TX.

**Romney, J.S.**, Jones, E.R., & Holyoak, D. (2020, January 22). *Anxiety and depression*. Youth Summit at Lubbock-Cooper High School. Lubbock, TX.

**Romney, J.S.** & Hawkins L.G. (2019 November 1). *Journey to MFT presentation*. Coronado High School, Lubbock TX.

**Romney, J.S.** (2019, November). Techniques of grief therapy. Student Association of Marriage and Family Therapy Texas Tech University, Lubbock, TX.

Cravens, J. D., Comiskey, G., Morris, N., Moore, K., **Romney, J. S.**, Zielinski, M., Johnson, D., & Beckman, P. (2018, September 10). *Screenagers: Technology use in school-aged children*. Lubbock Independent School District Continuing Education Workshop. Lubbock, TX.

### Leadership

2018-2019 President, Student Associate Organization, Marriage and Family Therapy Program (SAMFT), Texas Tech University, Lubbock, TX.

- Organized trainings for the members of the organization.
- Organized community events to promote the field of marriage and family therapy as well as to promote self-care tips and provide mental health resources.
  - Events included speaking to local high school mental health classes and having a resource table at multiple community events such as a suicide awareness walk and a high school summit.
- Represented SAMFT organization in the Dean's Leadership council and as a member of the Texas Tech diversity week planning committee

### Professional Service

2020 Apprentice reviewer for the *Journal of Marriage and Family Therapy (JMFT)*.

2020 Ad hoc reviewer for *Journal of Clinical Case Studies*.

2020 Volunteer Crew Leader. Texas Association of Marriage and Family Therapy Annual (TAMFT) Conference, Houston, TX

2020 Abstract Reviewer for the American Association of Marriage and Family Therapy (AAMFT) Annual Conference; Orlando, FL.

2019 Committee member. Anselm Strauss Award for Qualitative Family Research.

2019 Student Judge. Texas Tech University Undergraduate Research Competition. Texas Tech University.

2019 Abstract Reviewer for the American Association of Marriage and Family Therapy (AAMFT) Annual Conference; Austin, TX.

2019 Judge at the 18th annual Graduate School Poster Competition at Texas Tech University.

2018 Student Volunteer for the American Association of Marriage and Family Therapy Annual Conference, Louisville, KY.

2017 Student Volunteer for the Texas Association of Marriage and Family Therapy Annual (TAMFT) Conference, Irving, TX.

### **Academic Awards and Honors**

2020-2021 Raiders Who Rock Pursuit of Excellence.

- Selected as the most outstanding student in the category of pursuit of excellence

2020-2021 Helen DeVitt Jones Excellence in Teaching Award, Texas Tech University (\$1,500)

- Recognizes outstanding scholarly activity and excellence in teaching

2020-2021 Texas Tech TEACH Fellowship (\$500).

- A program modeled after the national Preparing Future Faculty movement and assists Ph.D. students in further developing teaching skills and exploring faculty roles.

2019-2021 Community Family and Addiction Sciences General Human Sciences Scholarship, Texas Tech University (\$30,000).

### **Professional Certificates and Trainings**

Kentucky Licensed Marriage and Family Therapy  
 AAMFT-Approved Clinical Supervisor  
 Level 1 and Level 2 Gottman Method Couples Therapy Training

### **Professional Affiliations**

American Association of Marriage and Family Therapy (AAMFT)  
National Council on Family Relations (NCFR)  
Society of Teachers of Family Medicine