



# Online Learning...

# Fact or Fiction?

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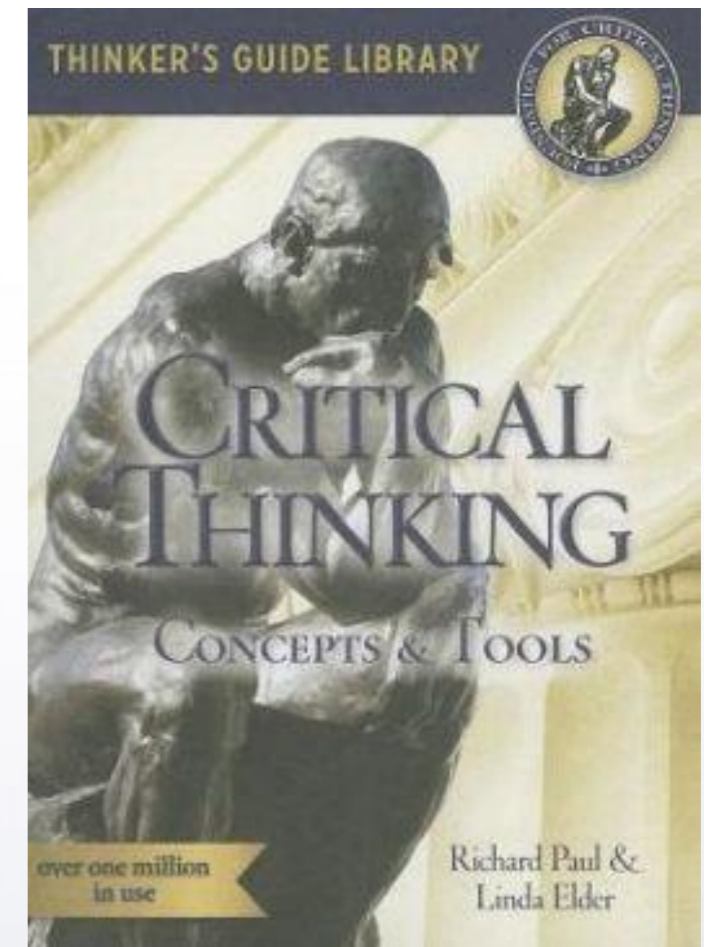
**Katherine Wolf**

University of Louisville  
Kent School of Social Work  
Class of 2015  
kewolf01@Louisville.edu



# Original Exposure

- 10** Summer 2013
- 10** Intro to Psychology
- 10** Distance Learning





## How Critical Thinking was presented



10 "Shame ON" assignment

10 Is this method effective based off of our readings?



# Why was it effective?

- Feedback
- Opportunity to re-do the assignment



# Developing my Critical Thinking Skills

- Looking at things from different points of view.
- Re-framing my thinking.
- Trying to slow down my judgments.



# Applying Critical Thinking Skills to my major

## Social Work is a helping profession that has a dual mission:

- Promote, develop, and protect the practice of social work and social workers; and
- Seek to enhance the effective functioning and well-being of individuals, families, and communities through its work and through its advocacy (NASW Code of Ethics 2004).

Social Work is a profession that demands the use of Critical Thinking Skills on a consistent basis. When I started my core classes for the Social Work major, the miniature guide to Critical Thinking was required in every class that I was enrolled in. It was then that I realized the impact that these skills were going to have on my life and career from there forward.



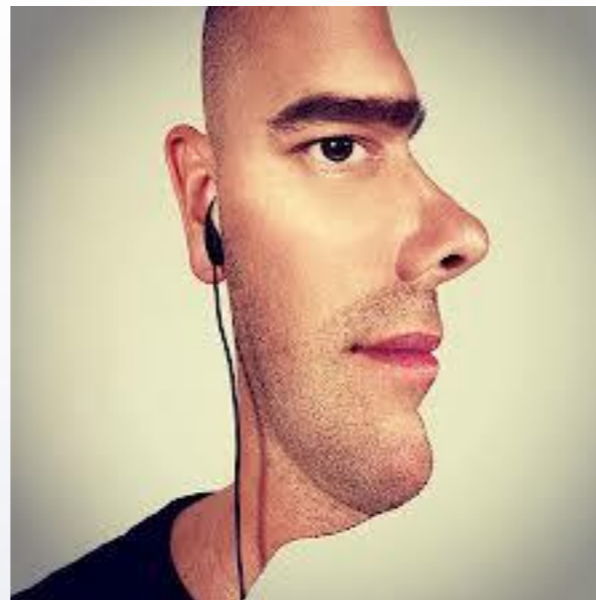
# Foundation

-What assumptions am I making about my clients?

-What is my frame of reference?

-What information do I have?

What are the implications and consequences?



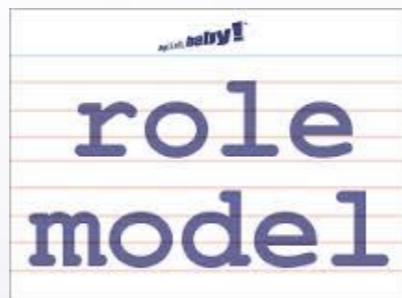


..T..Mobile..

Mother



Friend



Personal Life





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