

Course Objectives

The student will demonstrate the following **curriculum (content) based objectives** during their internship:

1. An understanding of professional **issues** and **concepts** relating to exercise science
2. An understanding of health and fitness **concepts** throughout the lifespan
3. An understanding of current assessment techniques *[Concepts]* in exercise science
4. An understanding of behavior consistent with professional standards*[Concepts]*
5. An ability to design and implement **accurate** and **relevant** health and exercise programs that accommodate diverse clients *[Point of View]*
6. An ability to use appropriate *[Relevant]* testing and training technologies *[Concepts]*
7. An understanding of critical content **knowledge**
8. Effective (**precise, logical, informed**) written communication skills
9. Effective (**precise, logical, informed**) oral communication skills
10. An understanding of the impact of diversity *[Point of View]* on health and fitness

Text in Red

Indicates the infusion of the
Elements of Reasoning

Text in Blue

Indicates the infusion of the
Intellectual Standards

Text in Green

Indicates the infusion of the
Intellectual Traits

[Bracketed Text]

Indicates the indirect use of
critical thinking *[Elements]*,
[Standards], or *[Traits]*

[View more about the Paul-Elder
Framework of Critical Thinking](#)