

# The Employee Assistance Program (EAP)



The EAP is available to university employees **FREE of Charge** and provides the following:



## Confidential Counseling Services

Counseling services includes a broad range of topics such as emotional/behavioral, family and marital, alcohol and/or drug, financial, legal and other personal ailments

## Assessment & Referral Services

UofL employees and their family can take advantage of the counseling and assessment services



These services are provided by the Human Development Company

## How to Use Your EAP:

- Call 800.877.8332 or review online resources at [www.humandev.com](http://www.humandev.com)
- Speak confidentially with an intake specialist about your situation or request
- Receive professional support to assist you in resolving work and life issues



For More Information:



[louisville.edu/hr/benefits/additional/eap](http://louisville.edu/hr/benefits/additional/eap)