Our Services...

Caring, experienced professional counselors have helped thousands of people effectively deal with personal problems and concerns such as:

- Anger, Anxiety or Grief
- Communication Problems
- Drinking or Drug Use
- Domestic Violence
- Eating Disorders
- Health Problems
- Marital, Relationship or Family Concerns
- Mood Swings or Depression
- Parenting
- Stress (at work or home, or financial)
- Suicidal Thoughts
- Work Issues of Performance Problems
- and more!

If something has been bothering you, call your EAP!

Your EAP can help.

502-589-HELP (4357)
or 1-800-877-8332
24 hours a day, 7 days a week
Letting Someone Help...

From time to time, life presents challenges that could become problems on the job or at home. Sometimes we can work through them. But sometimes, solutions aren't easy to find. So we try to ignore them or we worry. We worry while driving, while trying to work, while helping the kids with homework and/or while trying to sleep at night. We may even experience physical symptoms.

Problems rarely go away by themselves. When personal problems begin to detract from our quality of life, when they begin to have an adverse impact on our mental, emotional or physical well-being, it is time to talk with someone with professional knowledge and training. Most importantly, it is time to talk with someone experienced, with a genuine willingness and ability to help us to identify and resolve our problems.

How it Works...

You have a confidential Employee Assistance Program (EAP), provided by your employer. The EAP provides assessment and referral services, and short-term counseling, to help you work through life's challenges. You and any other adults or children living in the family household can use this program.

Your EAP services are provided by The Human Development Company (HDC), founded in 1978. HDC is dedicated to helping people with emotional, family, substance abuse and other personal problems.

Our counselors are all Masters level or certified professionals with many years of clinical experience. When you call the EAP, our staff will help you set an appointment with one of our professional EAP counselors. You and the counselor will decide together the best approach to take to resolve your particular problem. Many problems are resolved or improved through short-term counseling, without any further need for services.

In some instances, you and the EAP counselor may decide that other kinds of expertise would be helpful. Your EAP counselor can make recommendations, and help refer you to the most appropriate resources.

Your EAP Includes the Following...

Your EAP Benefits include counseling sessions for any problem or concern as well as referrals to appropriate organizations.

Your EAP is Confidential...

The EAP does not share any information about your involvement or use of our services without your prior knowledge and written permission, except as may be required by law.

Your EAP Costs You Nothing...

Your employer is concerned about your well-being and so provides this program at no cost to you.

However, you may be responsible for any costs outside the EAP sessions, such as services provided by referred providers. Your EAP counselor will talk about these costs with you before outside services are used. Your health insurance plan may cover some or all of these expenses.

Help is Just a Call Away

A confidential and voluntary counseling referral service provided free of charge to employees and any other adults or children living in the family household.

Alcohol • Drug Abuse • Stress • Family Problems Marital & Relationship Issues • Emotional Problems

502-589-HELP (4357) or 1-800-877-8332

HDC Human Development Company
Unparalleled Solutions • Prompt Response

Wallet Card – Detach Here