

THE CURRENT

University of Louisville
Honors Program Newsletter

Behind the Scenes
Edition

Quick Calendar

- 1/13** The final day of Walk-In Advising
8:30-11:30 & 1:00-4:00
- 1/13** Last day to add/drop on ULink
- 1/20** Peer Advisor Application Deadline
- 1/20** Honors Scholars Application Deadline

**More important dates and deadlines are listed throughout this newsletter. Please read carefully.*

In this Issue

Honors News.....	2
National and International Scholarships.....	5
Writer Spotlights.....	9
From Our Friends.....	11

January 12, 2017 • Vol. 16, Issue 9

Honors News

MANY THANKS TO THE ETSCORN FOUNDATION!

We extend special thanks to the Irvin F. and Alice S. Etscorn Charitable Foundation for continued support of the University Honors Program. Made possible by a generous gift from the Foundation, technology updates are coming soon to the Etscorn Honors Center classroom. Also, with support as Etscorn Conference Scholars, more students will be able to present their work at upcoming Honors conferences. We appreciate the Foundation's commitment to enhancing the educational experiences of Honors students.



BEHIND THE SCENES

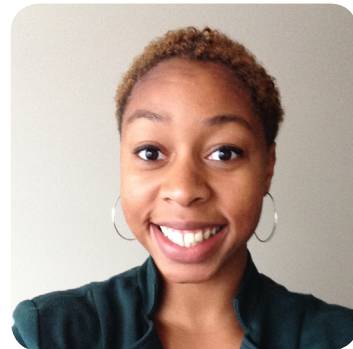
You see *The Current* every two weeks, but there are so many aspects that go unseen. In this issue we celebrate the hard work of all of the students and staff who work to make each issue packed with engaging content, and important information for all of our Honors students and the campus community. Each issue requires steps like: planning the content, working with contributors, student writer team meetings, unique layout designing, photographing of events, formatting all of the content, and final editing. We couldn't do all of this without help, and we thank and appreciate everyone who has ever contributed to our newsletter in whatever way. We can't wait to continue creating this newsletter for you, our readers, this semester! We hope you've all had a great first week of classes!

MEET OUR TEAM

Thank you to everyone on our team of student writers and staff editors who helped us generate phenomenal content last semester! We can't wait for the additions we will see to this team this semester, with new student writers volunteering to help. Keep your eyes out for their new pieces!

JOIN US

Love writing? Looking for a way to stay plugged into the Honors community? Interested in an insider look at events? Want to learn more about digital photography, graphic design, or editing? By volunteering to join our team of *The Current* Student Writers, you can do that and more! If you'd like to join our TC Student Writer team, contact the editor, Alex O'Keefe at a.okeefe@louisville.edu.



Top left: **Luke Buckman**, Editor-in-Chief

Top right: **Alex O'Keefe**, Editor, Photographer, and Designer

Middle left: **Katherine Armstrong**, Student Writer & Photographer

Middle right: **Jamacia Williams**, Student Writer & Photographer

Bottom: **Janet Dake**, Student Writer & Photographer

Honors News

CALL FOR PROPOSALS

SPRING HONORS CONFERENCES

If you are interested in developing your presentation skills outside of the classroom, Honors would like to encourage you to submit to the Spring 2017 Honors Conferences below! Students may develop proposals covering a wide range of topics, including: undergraduate research, papers you have written or presentations you've developed for an Honors class, a topic you are knowledgeable and passionate about and for which you'd like to develop a presentation, or your work in an Honors student organization. If you have any other ideas that don't fit these areas, please contact an Honors counselor to determine if it could work for a conference presentation. If you'd like to get some examples of previous conference presentations, please contact your Honors academic counselor. Additionally, if you'd like some insight into what the Honors conference experience is like, please be sure to check out Destinee Germany's article in the fifth issue of *The Current*: <http://bit.ly/2g6MuYo>. Submissions for the Honors conference are encouraged from all disciplinary and interdisciplinary perspectives and can include poster presentations, podium presentations, panel discussions, or exhibitions of artwork, musical performance, or digital film. Read more about submission guidelines below!



KHR IN LEXINGTON

Next semester, a group of engaged Honors students will be heading to the University of Kentucky, and you could be one of them!

KHR is a fantastic opportunity to become more involved in the Honors Program, expand your academic network within Kentucky, and develop your professional skills in a supportive environment. In past years, UofL students have presented on anything from their current research and class projects to their experiences with their RSOs and volunteer initiatives.

Submissions for the Honors conference are encouraged from all disciplinary and interdisciplinary perspectives. Proposal formats need to be in one of the four categories: oral presentation (15 minutes), panels (45 minutes), dance/musical/theatrical performances (maximum 45 minutes), and poster presentations.

How to Submit:

Apply online here: <http://tinyurl.com/KHRProposal>

Proposal Deadline:

January 27, 2017 at Midnight

Conference Dates:

February 24-25, 2017

Location:

University of Kentucky, Lexington, KY

If you have any questions regarding the conference, please contact Olivia Sailor via email at Olivia.sailor@louisville.edu.

SRHC IN ASHEVILLE

The theme for the conference is "Diving into Diversity: Opportunities and Obligations in Honors Education." This theme allows presenters to consider how honors education can help foster diversity, inclusivity, and equity across all areas of our society. For additional information, visit <http://www.srhconline.org/conference/>. Please note that students should not submit their conference proposals using the SRHC online form. Please plan to submit those directly to Luke Buckman in Honors. ***Please remember that to participate in SRHC, you should also have participated or plan to participate in the Kentucky Honors Roundtable during the 2016-2017 academic year.***

How to Submit:

To submit your proposal, please send the information outlined below directly to Luke Buckman by the proposal deadline. To ask any questions about the conference, please contact Luke Buckman via email, at luke.buckman@louisville.edu.

- Name and e-mail address of presenter(s)
- Title of presentation (150 characters maximum)
- A short abstract or summary of the presentation for the program (250 characters maximum)
- Full synopsis of the presentation, for conference consideration (750 characters maximum)
- Presentation Format (choose one of the following):
 - o Podium (10-15 minutes + Q&A)
 - o Poster
 - o Research Panel (40 minutes + Q&A)
 - o Short Digital Film (6 minutes maximum)
 - o Musical Performance or recording (6 minutes maximum)
 - o Art Exhibition
- Equipment needed: computer, digital projector, screen, speakers, or other requirements

Proposal Deadline:

January 27, 2017 at Midnight

Conference Dates:

March 30 – April 1, 2017

Location:

Asheville, NC



LOOKING FOR A SUMMER JOB?

Become a Peer Advisor and work with Honors this summer! Peer Advisors will be trained to help incoming Honors freshmen as they develop an academic plan and schedule courses during summer orientation. This is an outstanding opportunity for Honors students to learn more about the University, discuss their experiences in the University Honors Program with interested new students and parents, and earn some money along the way. Students will be expected to work approximately 15-20 hours each week from mid-May through the end of June 2017.

IMPORTANT NOTE: Both the Summer Research Opportunity Program (SROP) and Summer Term II classes may conflict with the required work schedule for a Peer Advisor. Please take this into consideration when applying for the Peer Advisor position. Additionally, if you are planning a summer travel abroad experience, you will want to check with Honors to determine if potential conflicts will prevent you from participating as a Peer Advisor. Applications are due at 4:00 PM on January 20, 2017. In order to apply you must have completed at least 30 hours (by the end of the spring 2017 semester) and have a 3.35 or higher cumulative GPA. To apply, please visit <http://bit.ly/2f1gxx0>



Honors Peer Advisor Overview:

Timeline and Hours:

Mid-May through Early July 2017 • 15-20 hours per week

Requirements to Apply:

Completed 30 course hours by Spring 2017 & 3.35+ cumulative GPA

How to Apply:

Through our website by January 20, 2017
Contact Kirsten Armstrong with any questions:
kirsten.armstrong@louisville.edu



Photos: [Top] Des Lane working with incoming students during Orientation. [Bottom] The Summer 2016 Peer advisors.

JOIN HONORS SCHOLARS!

Benefits

- Enhanced seminars that encourage interdisciplinary perspectives and experience outside the classroom, and typically fulfill WR requirements.
- Priority consideration for space in seminars that include either international or domestic travel.
- Invitations to semesterly Seminar Showcases where the upcoming Honors Seminars are announced.
- The opportunity to sign up for a scheduled advising appointment each semester before other Honors students.
- Recognition at graduation and on transcripts as a University Honors Scholar.
- And much more!

Eligibility

To be eligible to join the University Honors Scholars program, you must meet the following requirements:

- A cumulative grade point average of 3.5 or higher
- Completion of or enrollment in at least 6 credits of Honors coursework
- Intent to finish the 24 credit-hour program

To Apply

<http://tinyurl.com/HONscholars>

Application Deadline: January 20, 2017



[From left to right] Honors scholar students at the last Scholars Seminar Showcase.

National & International Scholarships

GOOD LUCK TO OUR 2017-2018 FULBRIGHT CANDIDATES!

This year we have:

14 applicants for Research and Study opportunities

9 applicants for English Teaching Assistantships

They hail from **18 different departments** in UofL's College of Arts and Sciences, the Kent School of Social Work, and the School of Public Health and Information Sciences. The majors or areas of study represented include:

Anthropology
Astronomy
Biochemistry
Bioethics
Biology
Communication
Economics
French
Geography
Liberal Studies

Linguistics
Music
Nursing
Philosophy
Political Science
Psychology
Public Health
Social Work
Spanish

Our 23 Fulbright applicants are a diverse group with a broad range of academic interests and extracurricular involvements:

10 are currently graduating seniors at UofL.

5 are pursuing graduate studies at UofL.

8 are UofL alumni.

Our Fulbright candidates have applied to **19 different countries.**

Applicants for **research and graduate study** hope to travel to:

Australia Hungary Norway
Belgium Kazakhstan Switzerland
France Malawi the U.K.
Germany New Zealand Ukraine

Our **ETA candidates** have applied to teach English in:

Columbia Georgia Malaysia
Cyprus Germany Poland
Czech Republic India

We wish all of these outstanding candidates success with their applications.

YOU COULD BE NEXT!

We are already looking for our new group of candidates for the upcoming Fulbright application cycle. If you are interested in applying or would like to talk about whether this opportunity is a good fit for you, come meet with Bethany or Dr. Condon. You can schedule an appointment by emailing Bethany Smith at bethany.smith.1@louisville.edu.



National & International Scholarships

CONGRATULATIONS TO OUR 2017 ESU SCHOLAR!

Kasey Golding will spend this summer studying **History, Politics, and Society** at the **University of Oxford**.

This scholarship, open to juniors, provides tuition and room and board for one week in London followed by a three-week summer school program for studies in English literature, art history, creative writing, medieval studies, Shakespeare, history, politics, and society at the Universities of Oxford, Cambridge, or Edinburgh. If you are interested in applying next year, contact bethany.smith.1@louisville.edu to schedule an appointment!

For more information, see the ESU Kentucky Branch website:

[https://www.esuus.org/kentucky/about/British Universities Summer School Scholarship/](https://www.esuus.org/kentucky/about/British%20Universities%20Summer%20School%20Scholarship/)

NOW OPEN

SUMMER INSTITUTES FOR U.S. UNDERGRADUATES IN THE U.K.

The US-UK Fulbright Commission offers special Summer Institutes for US citizens to come to the UK. These summer programmes provide the opportunity for US undergraduates (aged over 18), with at least two years of undergraduate study left to complete, to come to the UK on a three or four week academic and cultural summer programme. The Fulbright UK Summer Institute Programmes offer students a fantastic opportunity to be immersed in the study of British academics and culture. Participants in these programmes will get the opportunity to experience an exciting academic programme at a highly regarded UK University, explore the culture, heritage and history of the UK and develop their academic ability by improving presentation, research and communication skills.

Summer Institutes available for US students:

- AIFS Summer Institute with Globe Education
- Durham University Summer Institute
- Queen's University Belfast Summer Institute
- SOAS, University of London Summer Institute
- Scotland Summer Institute: Identity, Society, and the New Enlightenment
- Scotland Summer Institute: Technology, Innovation, and Creativity
- University of Bristol Summer Institute
- University of Exeter Summer Institute
- University of Sussex Summer Institute (New)
- University of Westminster Summer Institute (New)

Learn more about any of these opportunities here:

<http://www.fulbright.org.uk/fulbright-awards/exchanges-to-the-uk/undergraduates>



The Summer Institutes will cover the majority of participant costs. This includes round-trip airfare from the US to the UK, tuition and fees at the host university/institution, accommodation and meals and in some cases a small daily allowance. Please read the Terms and Conditions for this award before making an application.

Applications are due: February 23 or 26, 2017

Please check the individual institute web-page for specific deadline.

Carefully read the application instructions found in the 'Applying' tab on each web-page.

Follow [@FulbrightAwards](https://twitter.com/FulbrightAwards) on twitter and receive tips on completing your application!

If you are interested in applying, please contact **Bethany Smith** at bethany.smith.1@louisville.edu to schedule an appointment with Dr. Condon!

National & International Scholarships

NOW OPEN

MORRIS K. UDALL UNDERGRADUATE SCHOLARSHIP APPLICATIONS

In 2017, the Udall Foundation anticipates awarding 60 scholarships of up to \$7,000 each. The Udall scholarship honors the legacies of Morris Udall and Stewart Udall, whose careers had a significant impact on Native American self-governance, health care, and the stewardship of public lands and natural resources.



About the Scholarship

The Udall Scholarship provides:

- Access to the Udall Alumni Network: an association of change-makers, working in Indian country and environmental fields, sharing innovative ideas, professional advice, and job and internship opportunities.
- Five days in Tucson, Arizona, at Scholar Orientation: extending your professional network, meeting other scholars and alumni, and learning new skills.
- Up to \$7,000 for eligible academic expenses. (See our FAQs for scholarship award benefits and conditions.)

Is the Udall Scholarship right for you?

Are you working towards positive solutions to environmental challenges or to issues impacting Indian country? Have you demonstrated your commitment to one of these areas through public service? Do you inspire and motivate others to take action? Are you committed to making a difference through civility and consensus building? If you answered “yes” to these questions, the Udall Scholarship may be right for you.

Categories include:

Tribal Policy

For Native Americans and Alaska Natives working on an array of policy issues in Indian country

Native Health Care

For Native Americans and Alaska Natives pursuing health-related careers

Environment

For undergraduates interested in conservation and environmental issues

National Deadline: **March 15, 2017**

Students interested in applying should meet with Dr. Condon; contact Bethany Smith at bethany.smith.1@louisville.edu to schedule an appointment.

ATTENTION ALL UNDERGRADUATES - ALL DISCIPLINES & LEVELS

BOREN AWARDS

The Boren Undergraduate Scholarship provides up to \$20,000 to U.S. undergraduate students to study abroad in areas of the world that are critical to U.S. interests and underrepresented in study abroad. Boren Scholars represent a variety of academic backgrounds—from Global Health, to Economics, to STEM disciplines—but all are interested in studying less commonly taught languages and building regional expertise in parts of the world of U.S. national security interest. You can apply as a sophomore, junior, even a senior (if you delay graduation). Make an appointment to explore your options by emailing bethany.smith.1@louisville.edu. For more information see: http://www.borenawards.org/boren_scholarship/basics.html



National Deadline: **February 9, 2017**

MARY CHURCHILL HUMPHREY CENTENARY MEMORIAL SCHOLARSHIP 2017

Mary Churchill Humphrey endowed the University of Louisville Centenary Memorial Scholarship in the late 1940s. This generous scholarship has enabled graduates of the College of Arts & Sciences to pursue advanced study in the United Kingdom for more than fifty years. Competition for the scholarship is open to students majoring in all disciplines within the College of Arts & Sciences. To be eligible, a student must have at least **one major in any A&S discipline and be a resident in the College of Arts & Sciences.**

Candidates may apply to study at **ANY English, Scottish, Welsh, or Irish University.** The MCH may be used to complete a **one-year graduate degree OR be used in the first year of a longer graduate degree program.** The MCH scholarship will cover a significant proportion of the winning scholar's tuition, room and board, fees, other living expenses and transportation. . However, given the rising costs of higher education and living expenses in the United Kingdom, students applying for the MCH should monitor the exchange rate and expect to meet some portion of their expected budget with personal funds or a graduate school loan. **The exact amount of this year's MCH monetary award has not been set.**

Eligibility and the Application:

Academically distinguished College of Arts & Sciences **seniors, graduate students, and recent graduates are encouraged to apply.** All potential candidates should meet with Dr. Condon. Contact Bethany Smith (bethany.smith.1@louisville.edu) to schedule an appointment or for more information.

2017 Mary Churchill Humphrey Scholarship Timeline:

Monday, March 6th 2017:

- Statement of Intent: email Dr. Condon (cc Bethany) by this date with your intent to apply for the MCH Scholarship. In your email include:
 1. Name, major(s)/minor(s), graduation date.
 2. Intended university/program in the UK and alternate(s).
 3. List of your three intended recommenders.

Friday, March 24th 2017:

- ALL application materials are due in hard copy and electronic form to Bethany in the Overseer's Honors House.
 - MCH Application, including resume, budget, and essay.
 - ALL college transcripts, including transfer credits.
 - Discipline specific research sample (meet with Dr. Condon to discuss your sample).
 - THREE letters of recommendation from faculty mentors.

Friday, April 7th 2017:

- Campus Interview Day; All candidates in Kentucky must be able to attend the interview. Students at a significant distance away will be interviewed via Skype.

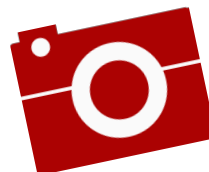
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Writer Spotlights



KATHERINE ARMSTRONG

4TH YEAR HONORS STUDENT

BIOLOGY (BS), CHEMISTRY MINOR

In what ways have you been involved with the University Honors Program?

My first year I was a part of the Science LLC and lived in Threlkeld Hall. I have been on Honors Student Council for 2 years now, serving as a Vice President of Philanthropy my first year, and as Historian my second. I was an Honors Host for 2 years, and I have written for *The Current* for nearly a year.

What drew you to writing for *The Current*?

After writing several submissions for *The Current* in my position as a VP of Philanthropy on Honors Student Council, I decided to give writing full-blown articles a try.

What has been your favorite article to write so far?

Definitely the Pie vs. Cake article for our Pie Day issue last year. Coming up with questions designed to instigate maximum arguments between the sides seemed almost diabolical. Go check out the issue to see what I mean!

Has writing for *The Current* made you feel more connected to the Honors Program?

Writing for *The Current* has absolutely made me feel more connected to Honors. I've been to so many events that I wouldn't have gone to otherwise for a piece, and I've really experienced parts of Honors that I might have missed if it weren't for *The Current*.

What do you feel you've gained by writing for *The Current*?

Writing for *The Current* has given me an opportunity to write on a more creative level, which is something that I had never really experienced as a science major. I had never realized how different it is to write a literature review versus an opinion piece. This has really strengthened my writing as a whole, and has helped make my essays for classes veterinary school applications stronger. I've also gotten to learn a lot about photography, editing, and graphic design in the process, which will surely be helpful in the long run!

What are some of the things that Honors offers that you think other students should take advantage of while here?

Priority registration will **save your life**. I can't tell you how many times a course I enrolled in through priority registration were full within hours of general registration. Without

it, I'm not sure how I would be graduating in May. The advising team in Honors is stellar, and has never failed to help me figure out what I should be doing with myself.

What are some of your favorite experiences as an Honors student so far?

My absolute favorite experience with Honors has been being a part of the HSC Book and Media Sale. I had the honor of helping to raise over \$18,000 for Camp Quality Kentuckiana, a program allowing kids with cancer to have a summer camp experience. The massive undertaking consumed my entire junior year, and it was truly the hardest, most intense thing I've done here at UofL. I'm so proud of what I and my peers accomplished!

I have also had the opportunity to take Honors Seminars that were always loads of fun. My favorite seminar was Following the Fork, in which the class took regular canoeing field trips. I can proudly say that I only tipped my canoe over twice.

What does Honors mean to you?

Honors means family. The people that I've met through Honors have been among the kindest, more compassionate people I've ever had the pleasure to work with. Everything Honors does is



Writer Spotlights

for the betterment of the students in the program and the campus as a whole, and there is an incredible emphasis placed on community service both on and off campus. Without the relationships that I've made through the Honors Program, earning my degree would have been nearly impossible. Shoutout to HSC for basically being my home away from home; I love ya'll!

What advice do you have for your fellow Honors students?

Keep your head up and an eye on your health. There's no point to getting the top grade in the class if the effort results in damage to yourself, be it physically, mentally, or emotionally. Have a strong support system of friends and/or family in place to go to when things aren't going your way. Read, go to the gym, talk to a counselor (free at Campus Health Services!), journal, run, snuggle puppies: if it makes you feel better and it's legal, do it! Your health is more important than that A+!

Why do you think other students should write for *The Current*?

Writing is really hard! Practice is the only way people are going to get any better at it, and *The Current* provides a fun way to do that while giving opportunities to see every-

thing Honors has to offer. The editor is a great critic, and has really helped guide my writing over the last year. You can also put this on your resume! Writing creatively can be a great resume booster and can make you stand out to interviewers. Plus, it's just fun. Do it. Write for *The Current*. Seriously.

When you're not writing for *The Current* what do you like to do with your time?

I'm a craft-a-holic. I love to cross-stitch, build things, and just create in general (even when things don't exactly work out). I'm a voracious reader and consumer of documentaries, and I also like playing video games. I'm about as nerdy as they come.

What's your favorite thing in Louisville?

I love Bardstown Road! I've been here in Louisville for nearly four years and I still haven't been everywhere on Bardstown. The Book and Music Exchange is basically heaven for me.

Favorite animal?

Dragons. Draco dormiens nunquam titillandus.



JAMACIA WILLIAMS 2ND YEAR HONORS STUDENT SCHOOL OF SOCIAL WORK

In what ways have you been involved with the University Honors Program?

I work with *The Current* as a student writer, and I've spent some time with the Honors Volunteer Program.

What drew you to writing for *The Current*?

I had an interest in journalism, and it was something I saw myself doing long-term. Also, I'd just begun my blog, so graphic design and photography were skills I was really excited to grow.

What has been your favorite article to write so far?

Last semester, I wrote an article on the Privilege Walk held during Diversity Week. I was able to communicate some of my experiences with privilege, and it resonated more deeply than I expected. So, that one would be my favorite because of its impact.

Has writing for *The Current* made you feel more connected to the Honors Program?

Definitely. I'm able to stay up to date on events. As a writer, you also conduct brief interviews, so I'm able to have

meaningful conversations with Honors students and faculty.

Why do you think other students should write for *The Current*?

With more voices, *The Current* becomes a more comprehensive reflection of the Honors experience. Not every Honors student is the same, and as the "voice" for the community, *The Current* can reflect that. Because *The Current* team is small, every member has and the opportunity to make a large impact. Meetings are very much a dialogue where my ideas and opinions are valued.

Writer Spotlights

What does Honors mean to you?

To me, Honors is leadership, excellence, and impact.

What are some of your favorite experiences as an Honors student so far?

This year's Yule Ball was my most valuable Honors experience. It's the first I've attended, and I was lucky enough to get a glimpse of all the behind-the-scenes work it took to make it happen. So, to see a great turnout felt great.

What are some of the things that Honors offers that you think other students should take advantage of while here?

Networking! Because the Honors community is relatively small, one is very likely to run into the same faces in classes and at events. Honors offers the opportunity to meet students and faculty with similar passions and drive. Priority registration for classes doesn't hurt either!

What advice do you have for your fellow Honors students?

Understand that the opportunities you have won't wait. Focus on absorbing as much as you can during your college years because most valuable memories made thus far were created outside of the classroom.

When you're not writing for The Current what do you like to do with your time?

If I'm not in a book, I'm volunteering, doing something creative, or watching Teen Mom OG.

Favorite Louisville restaurant?

Steel City Pops.

Favorite animal?

Technically, it's an insect. But butterfly.



From our Friends

STUDY ABROAD

Deadline Extended - Study Abroad Program in Panama

Deadline: February 1 2017

Applications for the 15th Annual Study Abroad Program in Panama are available until Wednesday, February 1, 2017. For more information, visit louisville.edu/latinamericanstudies/panama-program or contact Dr. Rhonda Buchanan at rhondabuchanan@louisville.edu or 502-852-2034.

EVENTS

Statistics Boot Camp

January 17 & 18 • 4:00 PM - 5:00 PM

Strickler 111

Are you enrolled in a statistics class this semester? Do you need a refresher on basic stats concepts? The REACH Learning Resource Center is offering a review just for you! The review session is geared toward those enrolled in BIOL 350, MATH 109, PSYC 301, BSTA 201 or SOC 301, but anyone interested in a stats review is welcome! For more information either call or email at: 852-8114 or lrcutor@louisville.edu

EVENTS

Spring Sustainability Roundtable

Alternating Fridays: (1/20-4/14)

11:00 AM - 12:00 PM • Life Sciences room 135

Join us for UofL's Sustainability Roundtable series on alternating Fridays at 11am January 20th through April 14th! Each Roundtable features a speaker on a different interdisciplinary topic in sustainability, followed by a discussion about possibilities for collaboration. To kick-off the Spring series, we'll hear from Dr. Cate Fosl, Director of UofL's Anne Braden Institute for Social Justice Research on "Social Justice Consortium fellowships." All are welcome! More: <http://louisville.edu/sustainability/louisville.edu/education-research/scholars>

EcoReps Lunch & Learn Spring Workshops

Fridays (1/20, 2/17, 3/24, 4/21)

12:00 PM - 1:00 PM • Ekstrom W210



Join us for our monthly workshops featuring a free vegetarian lunch & locals making a difference in sustainability!

UofL's EcoReps program provides training & resources, service opportunities, & leadership positions as a peer-to-peer advocate for sustainability. Follow us at <http://www.facebook.com/UofLEcoReps>. This spring we'll continue our series of monthly workshops on third Fridays at noon in Ekstrom Library W210. Join us for lunch & bring your reusable plate, utensils & cup to minimize waste! All are welcome.

Jan. 20 – Food Recovery Networks

Feb. 17 – Energy Conservation Strategies

Mar. 24 – EcoReps Lunch & Learn

Apr. 21 – (Ekstrom 3RD FLOOR - DELPHI LAB) Making Maple Syrup from UofL Trees (Pancake Party!) For more information:

<http://louisville.edu/sustainability/operations/eco-reps/eco-reps>

CARDS Success Series

Multiple Times & Locations

The CARDS Success Series highlights important events and activities that will help your transition be as seamless and engaging as possible by giving you access to the keys to success in your first year and beyond. It's centered on these five key aspects of your UofL experience: Community, Academics, Responsibility, Diversity and Service (CARDS). Attend CARDS events to earn rewards, including a \$1,000 scholarship! Ready to participate? Learn more here: <http://louisville.edu/firstyear/cards/success-series-events>

Garden Commons Spring Workdays

Mondays (1/16-4/24) • 1:00 PM - 2:00 PM

Garden Commons at the Cultural Center

Join us in UofL's organic garden for our group workdays! Learn (by doing) how to grow vegetables all year-round in our greenhouse, aquaponics system, and outdoor beds! Anyone can work in the garden any time, but we'll gather together every Monday at 1pm from Jan. 16th to Apr. 24th. No prior experience necessary. Tools & gloves provided. The Garden Commons is open to participation any time from students, staff, faculty, and community members. Everyone who comes is welcome to share in the harvest! Connect with us and get all the details at <https://www.facebook.com/gardencommons>



U of L MLK Day of Service 2017

January 16, 2017 • 9:30 AM • SAC MPR

Celebrate the MLK holiday volunteering in the city of Louisville. A meal, signature t-shirt, & transportation to service sites all provided. Please wear comfortable clothes to do service. Contact Brittany Barnes for more information: bnbarn02@exchange.louisville.edu

STUDENT INVOLVEMENT & THE CULTURAL CENTER PRESENTS
MLK
JANUARY 16, 2017
DAY OF
STUDENT ACTIVITIES CENTER MPR AT 9:30 AM
SERVICE

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EVENTS - CONT.

Check In. Chill Out. Let it Go. Mindfulness Retreat

January 21, 2017 • 11:00 AM - 3:15 PM
SAC 309K

This is a silent retreat for students who have taken a mindfulness course or students new to mindfulness practices.

**Check in.
Chill out.
Let it go.**

This is your life. Don't miss it.
Saturday January 21
11am-3:15pm
SAC W309K

More Mindful
Less Stressed
Less Self Judgment
Better Sleep

This silent retreat is useful if you have taken a mindfulness course
OR
if you are new to mindfulness practices.

Open to all UofL Students
\$5 enrollment fee includes resources & snacks

Teachers:
Katrina Kaufman
Karen Newton
Izzy Nalley Thompson

To Register: www.louisville.edu/healthpromotion
>Services> Mindfulness & Meditation
Questions? Call 502.852.5429

Health Promotion Wellbeing Central
SAC W309
P: 502.852.5429
louisville.edu/healthpromotion

@HealthyCards
UofL Health Promotion

HEALTH PROMOTION
KORU mindhuber

Peer Advisor Applications Now Available

Deadline: February 10

The College of Arts & Sciences is now recruiting Peer Advisors for the 2017-2018 academic year! Help other students transition to UofL through summer orientation advising and co-teaching Gen 101. Benefits include improving your leadership and presentation skills, networking with people across campus, and earning some money. **Applications are open January 9 – February 10.** Information and applications available at: <http://uofl.me/askasa-pa> For additional information, contact Michelle Henderson at michelle.henderson@louisville.edu

Become a Peer Advisor...

Applications Available Now!

Peer Advisors will...



- ✓ Help freshmen students plan and schedule courses during the Summer 2017 Freshman Orientation Program
- ✓ Advise during priority registration
- ✓ Co-teach GEN 101 Arts & Sciences courses in the fall/spring

Go to uofl.me/askasa-pa
to learn the benefits & how to apply!

Applications will be available on Orgsync through
February 10, 2017 at 5pm

ANNOUNCEMENTS

Campus Housing Searching for New Team Members

Deadline: January 29, 2017 • SAC 303A

Campus Housing is pleased to invite you to join our team! We have multiple positions open for the 2017-2018 academic year, including Resident Assistants, Community Hall Assistants, and more! Please visit the link below to see all of the opportunities and apply. The application deadline is January 29, 2017. We also have information sessions in SAC 303A on the dates and times below. Contact Justin Leibowitz for more information: jbleib01@louisville.edu

January 10: 5:00 PM • January 12: 5:00 PM

January 19: 12:30 PM • January 23: 5:00 PM

January 26: 5:00 PM • <https://louisville.erezlife.com/>



For additional information, contact Michelle Henderson:

michelle.henderson@louisville.edu 852-5502

Summer Research Opportunity Program (SROP)

May 30 - August 5 • Deadline: March 1

The SROP provides UofL undergraduate students who would like to know more about graduate-level education at the university, with a 10-week (May 30-August 5, 2017), research-intensive experience in a department that offers graduate degrees. Mentors will provide students with individualized research projects. All UofL departments with graduate programs will be supported. Students should be, preferably, in their sophomore or junior year of study. The deadline is March 1, 2017. An online SROP application is available at: <http://louisville.edu/research/students/srop/srop-application.html>

Contact Pamela W. Feldhoff, Ph.D for more information: pwfeld01@louisville.edu

From Our Friends

10th annual Social Justice Research Paper Awards

Deadline: May 2, 2017 • 4:00 PM

Ekstrom Library 258

The University of Louisville's Anne Braden Institute for Social Justice Research is sponsoring its 10th annual Social Justice Research Paper Awards. Students from any discipline are encouraged to apply.

\$300 for best graduate essay

\$100 each for two best undergraduate essays

REQUIREMENTS

- Engage one or more social justice topics. Preference given to papers engaging race, class, gender, sexuality, religion, peace/conflict, environmentalism, disability, and/or age. Papers do NOT have to be about Anne Braden.
- Undergraduates must use at least one source from Braden Institute reading room and/or the Braden Papers in University Archives.
- Graduate students should use books and paper collection if relevant to research topic.
- Paper must be 8-25 pages in length, not including reference pages.

Winning papers announced:

Friday, May 12, 2017

Visit louisville.edu/braden for full guidelines.

University-wide Undergraduate Research and Community Engagement Symposium

Deadline: April 5, 2017

April 11, 2017 • 12:30 PM - 4:00 PM

Shumaker Research Building 139

The Office of the Executive Vice President for Research and Innovation is sponsoring the annual Undergraduate Research Symposium. Make plans now to present a poster. Opportunity for students, faculty and the community to discuss cutting-edge research topics, examine the connection between research and education and explore the broad range of research at UofL. Deadline for electronic abstract submission is April 5. For more information, visit <http://louisville.edu/research/students/students/undergradsymposiums/symposium> or contact pwfeld01@exchange.louisville.edu

raiseRED Registration Information

Deadline February 12

raiseRED, the largest student organization on campus, will be hosting its 4th annual 18-hour dance marathon on February 24th and 25th. One hundred percent of the money fundraised by students goes towards research and clinic needs at the UofL Hematology and Oncology unit. At the marathon, you can see the difference students are making by meeting the children, families, doctors, and social worker our money is going towards. We dance for the kids and would love your help in reaching our \$450,000 goal this year.

You can register for this event at www.raised.org/register.

On Feb 1st the registration fee jumps from \$25 to \$30. To get in the door, students are required to raise a minimum of \$100. This can seem daunting at first, but if you follow us on Facebook, Instagram, or Twitter, we will be sharing tips to easily surpass that goal. The last day to register will be on February 12th, so be sure to sign up soon!

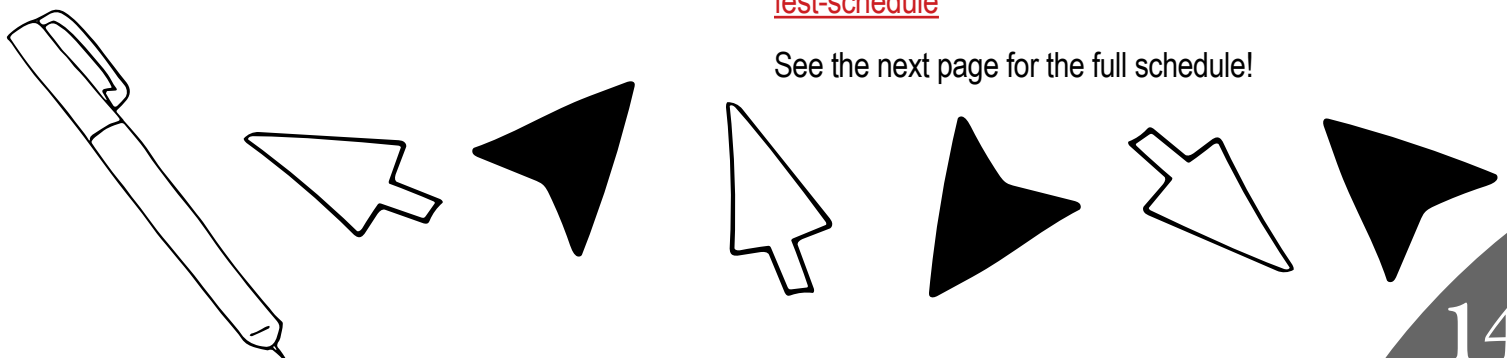


WinterFest 2017

Multiple Times & Locations

WinterFest is UofL's way to welcome all new, transfer and returning students to campus for the start of the spring semester. Like Welcome Week in August, you can look to WinterFest to find a wide variety of opportunities to get connected on campus and have a great time even in those grey January days. Check out our website for the complete schedule! Learn more here: <http://louisville.edu/firstyear/events/winterfest/winterfest-schedule>

See the next page for the full schedule!



CARDS SUCCESS SERIES EVENTS

— AS PART OF —

Winter Fest

The CARDS Success Series helps students make the transition to successful college student as seamless as possible. It's centered on these five key aspects of your UofL experience: Community, Academics, Responsibility, Diversity and Service (CARDS).

Tuesday, Jan. 10

Winter Mentor Match

2 - 3 p.m. REACH Welcome Center, Strickler Hall first floor

Start your semester off right! Stop by to chat with a REACH Ambassador peer mentor and enjoy hot chocolate and cool tips on succeeding at UofL.

New Student Welcome: Cards Take Flight

3 - 4 p.m. Strickler Hall, 101

First Year Initiatives, REACH and Transfer Services welcome you to campus during this interactive session about making the most of your UofL experience.

Friday, Jan. 13

Louisville Bus Civil Rights Tour

11 a.m. - 2 p.m. Depart from Cultural Center

The City of Louisville was an active site during the Civil Rights Movement. Join this free bus tour to explore Louisville's Downtown Civil Rights Trail.

Monday, Jan. 16

UofL MLK Day of Service

9:30 a.m. - 4 p.m.

Make MLK Day 'a day on, not a day off' by participating in an on-campus program and completing service in the city of Louisville. Volunteers receive a meal and t-shirt. Transportation provided. **Details: uofl.me/MLK-Day-Info**

Wednesday, Jan. 18

Women in the Movement Discussion with Dr. Kaila Story

12 - 1:30 p.m. Cultural Center

Learn more about the many women who played important roles in the Civil Rights Movement, from leading local civil rights organizations to serving as lawyers on school segregation lawsuits, and discover how their efforts to lead the movement were often overshadowed by men.

Deep Dive: From Stories to Strengths

5 - 6 p.m., SAC W309K

Stories help us discover new aspects of ourselves. We will discuss various inner strengths reflected by individuals in this year's Book-in-Common "Hidden America" and consider how those can be applied to your personal, academic and co-curricular life.

Thursday, Jan. 19

Civil Rights Movie Viewing & Discussion

6 p.m. Chao Auditorium

In "Children of the Civil Rights Movement," take a step back in time to a group of children's six-year odyssey to freedom before the 1964 Civil Rights Act.

Saturday, Jan. 21

Winter Mindfulness Retreat

12:30 - 4:15 p.m. SAC, W309K

This is your life, don't miss it! Build your mindful muscle to manage stress, increase compassion and enhance your present moment experience during this half-day silent mindfulness and meditation retreat. **Register: louisville.edu/healthpromotion/services**

First Year Students can earn guaranteed rewards and chances at **\$500** and **\$1000** scholarships by attending key UofL events. Get started by attending CARDS Events during WinterFest, and keep going this semester to earn your rewards.

More event options and program details: louisville.edu/firstyear/cards