THE CURRENT

University of Louisville Honors Program Newsletter

Finals Edition

Quick Calendar

- **12/1** HVP Community Meeting
- 12/3 Pause for Paws
- 12/5 English Conversation Club
- **12/7** Last Day of Class
- 12/8 Reading Day
- 12/9-15 Finals
- **12/12** The White Squirrel Volume 12 Release Party
- **12/21** Honors Scholars Application Opens
- 12/24 Honors Offices Close at Noon
- 12/25-1/1 Honors Offices Closed

*More important dates and deadlines are listed throughout this newsletter. **Please read carefully.**

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November 17, 2015 / Vol. 15, Issue 7

CALL FOR HONORS CONFERENCE PROPOSALS KENTUCKY HONORS ROUNDTABLE

We are proud to announce that UofL will be host- If you would like to submit a proposal for ing the Kentucky Honors Roundtable (KHR) Con- KHR, please email the following to Luke: ference in Spring 2016! All Honors students are invited to submit a proposal. This conference will • Title of Proposal be held Friday and Saturday, February 25-26 on • Type of Proposal: our very own campus. If you have something you'd like to present at KHR or any other upcoming Honors conference, now is the time to begin considering your proposal. Conference presentations can focus on a variety of topics, including: research you've conducted at the undergraduate level, papers you may have written or presentations you've developed for class, a topic that you are passionate about and for which you'd like to develop a presentation, or your role in an Honors organization. If you have another idea that doesn't fit these areas, please contact an Honors counselor to see if it could work for a conference presentation. If you'd like to get some information on conference presentations that have occurred in previous years, please contact our conference coordinator, Luke Buckman (luke.buckman@louisville.edu).

- Names of Presenters
- - Podium Presentation (15 minutes) - Panel Presentation, must include at least two presenters (25 or 50 minutes)
 - Poster Presentation (part of a general poster session)
- Creative Project
- Presentation Description for the Program (100 words maximum)
- Equipment needs based on presentation type.
 - Will you need A/V for: Powerpoint or Prezi, short clips or films, sound, or DVD?

Please submit complete proposal information to Luke via e-mail by the deadline.

Conference Information: Proposal Deadline: Monday, February 1st by midnight Conference Dates: February 25-26, 2016 Location: The University of Louisville!

SOUTHERN REGIONAL HONORS CONFERENCE

After participating in KHR, take your presentation to the next level by attending the regional conference! Travel and lodging expenses will again be covered by the Honors Program. Similar to KHR, proposals for SRHC are welcome from all disciplinary (and interdisciplinary) perspectives and can include poster presentations, oral presentations, exhibition of artwork, musical performance, or digital film!

Proposal Deadline: Monday, January 25th by 5:00 PM to Kirsten Armstrong Conference Dates: March 31 - April 2, 2016 Location: Orlando, FL



Eligibility & Proposal Requirements

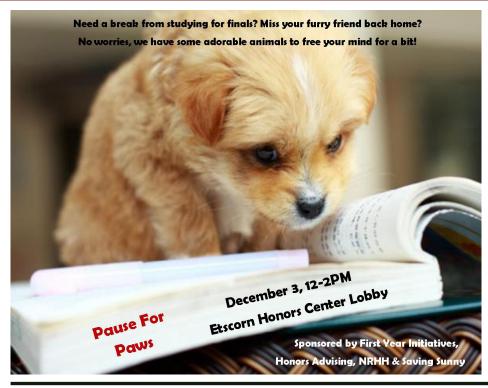
You must participate in the KHR conference in order to present at SRHC, or have presented during a previous year. You may submit a proposal on the same topic for KHR and SRHC, but please note the slightly different criteria for SRHC proposals:

- Name and email(s) of Presenter(s)
- Title of Presentation
- Brief summary to be included in the program (30 words max)
- Full synopsis for conference submission (100 words max)
- Presentation format:
 - Podium Presentation (10-15 minutes)
 - Research Panel Presentation (min. two presenters)
 - Research Poster Presentation
 - Performance Pieces (max of 6 min. short film, music, performance, visual art display)
- Equipment needed based on presentation type.
- Powerpoint or Prezi, other computer applications, internet access needs, film capabilities, speakers, easel, laptop, projector, etc.

If you have any questions about SRHC, please contact Kirsten Armstrong at kirsten.armstrong@louisville.edu. All proposals must be submitted to Kirsten via email by the proposal deadline.



Honors News



PAUSE FOR PAWS

Know you'll need a break from finals? Miss your furry friends back home? No worries! We have some adorable animals to help you unwind during finals. Honors Student Council, The Honors Program, First Year Initiatives, NRHH, and Saving Sunny are collaborating on this afternoon event! The Etscorn Honors Center will be filled with puppies to help you take a minute for yourself!

THIS THURSDAY! December 3 12:00 - 2:00 PM Etscorn Honors Center Lobby

ARE YOU INTERESTED IN JOINING HONORS SCHOLARS? Benefits

- Enhanced seminars that encourage interdisciplinary perspectives and experience outside the classroom, and typically fulfill WR requirements.
- Priority consideration for space in seminars that include either international or domestic travel.
- Invitations to semesterly Seminar Showcases where the upcoming Honors Seminars are announced.
- The opportunity to sign up for a scheduled advising appointment each semester before other Honors students.
- **Recognition** at graduation and on transcripts as a University Honors Scholar. ...and much more!

Eligibility

To be eligible to join the University Honors Scholars program, you must meet the following requirements:

- A cumulative grade point average of 3.5 or higher
 Completion of or enrollment in at least 6 credits of Honors coursework
- Intent to finish the 24 credit-hour program

To Apply

The online application opens Dec. 21, but please note: You cannot apply until your grades for Fall 2015 are posted.

Visit <u>http://louisville.edu/honors/Enrichment-opportunities/</u> honors-scholars-program to apply after your finals!

Application Deadline: January 22, 2016





Images: Students at the Fall 2015 Seminar Showcase. All scholars are invited to have dinner and learn about Honors Seminars for the following semester. Don't miss your chance to participate - apply this semester!

Honors News

UPPERCLASSMEN HOUSING – KURZ HALL

Don't forget that as a current Honors student you qualify to live in Kurz Hall for the next academic year! Honors students may choose from two Living Learning Community options for next year:

The 2nd-Year Science LLC

This LLC is for students pursuing careers in healthcare, or with majors in Biology, Chemistry, or Bio-Engineering. The course cluster for this LLC includes Honors Organic Chemistry I & II.

The General Honors LLC

This LLC is open to all current Honors students who wish to live in Kurz Hall next year. The Honors LLC does not specify a cluster of Honors courses, but students must enroll in Honors courses to live in Kurz Hall.

For more information on the Honors LLCs and how to apply, please visit: <u>http://louisville.edu/housing/options/llc/honors</u>. Applications for Fall 2016 - Spring 2017 housing for returning students will be available from **January 26th** to February 2nd. **To qualify, you must complete the Honors LLC application and be selected for the Honors LLC by the Honors Program.** To apply visit: <u>http://louisville.edu/housing/forms/llc-themed-housing/honors-llc-application</u>. Once the application is submitted, an Honors advisor will contact you directly with more information. If you have any questions regarding Campus Housing for Fall 2016 – Spring 2017, contact Campus Housing via email at <u>oncampus@louisville.edu</u> or by calling (502)-854-9011 or (502)-852-6636.

ADVISING AWARD NOMINATIONS DUE THURSDAY!

If you feel that your Honors, Departmental, or any other advisor that you have worked with would be a good candidate for this year's Provost's Award for Exemplary Advising, please consider nominating! Information on the award and the nomination process can be found at https://louisville.edu/advising/awards/

Two Nomination Categories*:

- A **full-time faculty member** whose primary advising responsibility is advising undergraduate students.
- A full-time professional staff undergraduate academic advisor whose current and primary job responsibilities must be assigned to the academic advisement of undergraduate students AND who holds the University of Louisville Master Advisor Certification (MAC).

*Past award recipients may be nominated, but they will not be considered for selection if they have received it in the past five years.

Nomination Procedure & Letters of Support

- All nominations must include a letter of support from the nominator and 3-5 additional letters of support from faculty, staff, or students by Thursday, December 3, 2015.
- The online letters of support should provide clear examples of the nominee's exemplary performance. (Letters from students are strongly encouraged).

NOTE: It is the responsibility of the nominator to solicit 3-5 letters of support and ensure they are submitted by the deadline published.

Nomination Deadline: Thursday, December 3

http://louisville.edu/advising/award/nomination-support-letter-submission-form-provosts-exemplary-advising-award

WANT TO WORK FOR HONORS THIS SUMMER?

Consider becoming an Honors Peer Advisor! Peer Advisors will be trained to help incoming Honors freshmen as they develop an academic plan and schedule courses during summer orientation. This is an outstanding opportunity for Honors students to learn more about the University, discuss their experiences in the Honors Program with interested new students and parents, and earn some money along the way.

IMPORTANT NOTE: Both the Summer Research Opportunity Program (SROP) and Summer Term II classes may conflict with the required work schedule. Please take this into consideration when applying for the position. Additionally, if you are planning a summer travel abroad experience, you will want to check with Honors to determine if potential conflicts will prevent

Honors Peer Advisor Overview: Timeline and Hours: Mid-May through Early July 2016 15 - 20 hours per week Requirements to Apply: Completed 30 course hours by Spring 2016 3.35 cumulative GPA or higher How to Apply: Through our website by January 15, 2016 Contact Kirsten Armstrong with any questions: kirsten.armstrong@louisville.edu

you from participating as a peer advisor. Applications are due at 4:00 PM on January 15, 2016. In order to apply you must have completed at least 30 hours (by the end of the spring 2016 semester) and have a 3.35 or higher cumulative GPA. To apply, please visit: <u>http://louisville.edu/honors/Enrichment-opportunities/honors-peer-advising-1</u>

ATIONAL AND INTERNATIO SCHOLARSHIP OPPORTUNITIES

ATTENTION ALL GRADUATE AND UNDERGRADUATE STUDENTS!

The David Hershberg Scholarship for international summer study is now open!

The grant was established by the Hershberg family and is admin-istered by the World Affairs Council of Kentucky & Southern Indiana. The WAC is an organization whose mission is to improve intercultural understanding through collaboration, coalition-build-ing, diversified programming, and increased community involvement. A selection committee will evaluate applications on the basis



of academic merit and the importance of study abroad for the personal, intellectual, and professional development of the candidate.

Scholarship funds of at least \$1,500 can be used to help defray the costs of international travel, lodging, and maintenance for a period of at least 21 days of study or research outside the US. For more information visit: http://www.worldkentucky. org/programs/hershbergScholarship.cfm

National Deadline: February 19, 2016

NOTE: You do NOT need our institutional endorsement to apply for this scholarship. However, we are happy to help you edit and revise your application.

LAST CALL FOR NSEP BOREN, GOLDWATER, AND TRUMAN!

These scholarships were advertised and fully described in issue 6 of The Current, and their deadlines are fast approaching. See pages 5 &6 for full information: http://louisville.edu/honors/newsletter/the-current-volume-15/the-current-15.6

Campus Deadlines:

All Student Materials Due: January 4, 2016 All Faculty Recommendations Due: January 11, 2016

If you are interested in applying for any of these scholarships set up an appointment to meet with Dr. Condon TODAY!

> If you are interested in applying for any of these scholarships, please contact Heather Turner to set up a meeting with Dr. Condon. <u>heather.turner@louisville.edu</u> 502-852-1515

STAY CONNECTED WITH HONORS!

You don't have to wait for the next issue of The Current to keep up with Honors. Follow us on Facebook, Twitter, or Instagram for regular updates. Announcements, event information, photos, and more! Don't miss anything by following our social media!



Foll	ow	Us!
@UL	Ho	nors



Like Us! facebook.com/ LouisvilleHonors



FEATURE ARTICLE

HONORS CONFERENCES - FINDING A HOME AWAY FROM HOME

Article by Jamitra Fulleord

Second Year, Pan-African Studies major

As a freshman in the Honors Program, I was still trying to figure out where I belonged at UofL. It wasn't until I presented at the Kentucky Honors Roundtable (KHR) conference hosted by Kentucky State University last spring that I started to feel at home with Honors peers and advisors. I was immediately pushed out of my comfort zone attending KHR, as spending a weekend with a group of fellow Honors students I hadn't met before was intimidating. However, I soon found we had more in common than I first thought, and we all bonded quickly through easy conversation and shared experiences. After KHR I had a group of people who I could continue connecting with after the conference. These connections created a safe haven for me to return to as a first year student.

After presenting at KHR, my topic "Black Votes Matter: Why Disenfranchisement Laws Should be Illegal" was chosen to be presented at Southern Regional Honors Council (SRHC) conference in Greenville, South Carolina. Even though I had presented once before, this conference posed new challenges. I was mostly nervous to present to a larger audience with people from other disciplines. Going to presentations by other Honors students opened my eyes, and alleviated my fears about explaining my research. That is the point of these conferences, to help foster conversations between people who bring different perspectives to the table. I also enjoyed being in another state for this conference because it gave me the opportunity to explore and see new things.

Although I did not present at the most recent conference I attended in Chicago, the National Collegiate Honors Council (NCHC), I still had a very rewarding experience as a student moderator. It was surprising how nerve-wracking it still was, even though I wasn't presenting. However, after I had moderated my first session I was excited to moderate again and continue making connections with the presenters. The best part of being a moderator was talking to Honors representatives from across the country about their topics before and after the session. Those conversations gave me new perspectives on how to approach similar initiatives on our campus. As a student leader, I looked forward to utilizing the information from NCHC to implement new programs on UofL's campus.

Now, as a second year student, I look forward to doing other presentations because of the amazing experiences I have had so far. If I could give myself a piece of advice when I started it would be to ask questions and reach out to those who are here to support you in making decisions that will push you out of your comfort zone. Although it can be scary to meet new people and go in front of an audience, I recommend students participate in at least one Honors Conference because it is an amazing grow-







Feature Article - Continued



ing experience that can take many shapes or forms. I have formed incredible relationships with advisors and peers alike, and gained valuable experience with public speaking by participating as a presenter at KHR and SRHC, and as a student moderator at NCHC. The travel aspect of conferences also showed me there are many ways to grow other than from an academic standpoint. Through these opportunities I have found another home, because I now have a space where I am comfortable with the people and sharing my ideas.

Page 6: (Top) Jamitra and Jared McNeil at the NCHC conference. (Middle) Jamitra moderating. (Bottom) Showing UofL pride in Chicago!

Page 7: (Top) Current students met with Honors alumni in Chicago. (Bottom) Jared, Jamitra, Olivia Sailor, and Alex O'Keefe at NCHC



WANT TO WRITE AN ARTICLE FOR THE CURRENT?

We're looking for any Honors student interested in contributing to *The Current* next spring semester! Contributors can write on a variety of topics, including event reviews, conference reviews, travel reviews, interviews, and personal essays. Being a student writer for *The Current* is flexible and based around the student's schedules and needs. If you are interested you will work closely with the editor to generate quality content, and you can submit as many times as you want per semester. You will also get to review your article's layout before The Current is released.

Have an idea for an article? Interested in learning more? Contact the editor, Alex O'Keefe, to get started! a.okeefe@louisville.edu • 502-852-6293



Being a student writer is easy, flexible, and based on your interests!

STUDENT ORGANIZATIONS

HONORS STUDENT COUNCIL Call for BAMS DONATIONS

This academic year, Honors Student Council is proud to announce the bi-annual Book and Media Sale (BAMS). All profits from this massive sale will go directly to Camp Quality Kentuckiana to help give children living with cancer a chance to just be kids.

In order to make this event happen, we need your help in the form of donations; we are happy to accept gently-used books, DVDs, CDs, records, and video games. Donations will be due no later than Friday, March 25th, 2016, and the sale itself will be held during the week of April 2nd, 2016. Honors Student Council wants to make this year's event even bigger and better than the last, and we can't do that without donations from you. If you wish to donate, drop off any acceptable items at one of our BAMS boxes (locations listed on right.) Thank you for your generosity in advance!

If you have any questions, feel free to email <u>HonorsBAMS@gmail.com</u> or visit our website, <u>www.uoflhsc.com</u>.



Help us fill Red Barn again!

HONORS VOLUNTEER PROGRAM HVP COMMUNITY MEETING

It's time for our final Honors Volunteer Program Community Meeting of the semester! Join us for a cookie-decorating contest, hot chocolate, and holiday cheer! We'll also be announcing some of our spring events, and you won't want to miss out! For more information, please feel free to contact Danielle Deal at <u>dndeal01@louisville.edu</u>

Tuesday, December 1

5:30 - 6:30 PM • Etscorn Honors Center Classroom

SERVICE OPPORTUNITY: ENGLISH CONVERSATION CLUB

Join Honors Volunteer Program for our last service opportunity of the semester. We will once again be traveling to Iroquois Public Library to participate in the English Conversation Club! Take a break from studying to make a difference in someone's life.

We'll be traveling together from the Etscorn Honors Center. Please RSVP using this link: <u>https://docs.google.com/forms/d/15BKR8kJurps1P7jUuqOwa8U1dAWqPcY9-f30CbCllo/viewform?usp=send_form</u>

Saturday, December 5 3:00 PM • Iroquois Public Library

Contact Danielle Deal for more information: dndeal01@louisville.edu



WHAT WE NEED Books DVDs CDs Records Video Games

WHERE TO DONATE

BAMS boxes are located in:

The Etscorn Honors Center Bingham Humanities Building Shumaker Research Building Student Activities Center Life Sciences Building The Interfaith Center College of Business Chemistry Building School of Music Duthie Center Davidson Hall Strickler Hall Lutz Hall

DONATION DEADLINE Friday, March 25th, 2016

Student Organizations

THE WHITE SQUIRREL

Join us for the release of Vol. XII of The White Squirrel. Contributors will read their works from the magazine, and you can purchase your copy!





McQuixote Books and Coffee 1512 Portland Ave #1 Louisville, KY 40203

SANCTUARY LITERARY JOURNAL

Interested in publishing your creative works? Check out *Sanctuary Literary Magazine*. From the SRHC website: "Venture over to the *Sanctuary Literary Magazine*, the Official Journal of the Southern Regional Honors Council. All students and faculty from honors programs that are current members of the Southern Regional Honors Council are eligible to submit works. This includes current students and alumni, current and former honors faculty, and any students who have participated in an honors course. Submissions must be original works that have not been previously published."

Learn more and see their content at: https://sanctuaryliterarymagazine.wordpress.com/

CALENDAR

SUN	MON	TUES	WED	THUR	FRI	SAT
^{\$\$} 29	30	5 ⁵² 1	2	3	4	5
		HVP Commu- nity Meeting 5:30 - 6:30 (pg. 8)		Pause for Paws 12:00 - 2:00 (pg. 3)		English Con- versation Club 3:00 (pg. 8)
6	7	8	9	10	11	12
	Last Day of Class	Reading Day	Finals			
13	14	15	16	17	18	19
Finals						

Office of National and International Scholarship Opportunities Deadlines and Important Dates

Honors Program Deadlines and Important Dates

The White Squirrel Events and Deadlines

Honors Student Council Events

Honors Volunteer Program Events

Academic Calendar Dates



FROM OUR FRIENDS

SCHOLARSHIPS Book-in-Common Critical Thinking Essay Contest

Deadline: Wednesday, December 2

Show us your best thinking! Participate in the critical thinking essay contest for this year's BinC, This I Believe. Submission deadline: Dec. 2. First– Year 1st place winner: \$350 scholarship; up to 3 Honorable Mention winners: \$100 scholarship each; and an upper-class student winner: \$150 scholarship! Details and essay guidelines are now available! Co-sponsored with Ideas to Action. For more information visit: <u>http://louisville.edu/firstyear/book-in-common/essay-contest</u>

EVENTS

Pancakes-N-Pajamas December 1 • 7:00 - 9:00 PM Ekstrom Library Lobby

Free finals gear, massages, & food to help your study. Enjoy catering by For Goodness Crepes, Sodexo, & Neiman's Catering! Sponsored by FYI, SAB, Ekstrom Library, Health Promotions, and REACH. Contact Shelley Tewell for more information: <u>shelley.tewell@louisville.</u> edu

MBA Information Session January 14 • 5:45 PM University Club

Ever thought about getting your master's degree? Join us for an MBA information session on January 14th from 5:45PM to 7:00PM at the University Club. It's a great way to learn about the programs, meet some of our faculty and staff, and get all your questions answered. We'll have leadership, professors, alumni and admissions folks in attendance (plus some delicious chicken fingers!).Contact Sophia Fischer for more information: sophia.fischer@louisville.edu



Which program fits YOUR career goals?

Belknap Farmers' Market Holiday Bazaar

Thursday, December 3 • 2:00 - 6:00 PM Red Barn

Need holiday gifts, but not interested in destroying the planet and supporting corporate giants?! Come load up on locally-grown and handmade holiday gifts from our

Belknap Farmers' Market vendors and other local artisans! Items will include jam and jellies, home-made crafts, jewelry, ceramic pieces, home-made soaps, and more. Kentucky Proud kettle popcorn and fresh-squeezed lemonade will be available. Don't miss it!



Finals Fest: Textbooks-N-Treats December 2 • 7:00 - 9:00 PM Ekstrom Library Lobby

Free finals gear, massages, & food to help your study. Food from Mellow Mushroom, Insomnia Cookies, & Neiman's Catering! Take a break for the UL Basketball game watch! Sponsored by FYI, SAB, Ekstrom Library, Health Promotions, and REACH. Contact Shelley Tewell for more information: <u>shelley.tewell@louisville.edu</u>

Mars Today December 3 • 7:30 PM Natural Science Building, Rm 112

NASA recently confirmed liquid water is running down the sides of crater walls near the equator on Mars. All life as we understand it requires a solvent, and liquid water is the universe's most reliable solvent, so this discovery has reignited the question and quest for extraterrestrial life. This talk will highlight current conditions on Mars and compare with what the planet was probably like 3 billion years ago. The audience will be encouraged to ask questions about the science versus the fiction in "The Martian" and NASA's plans for future space exploration.

Prof. Dowling is director of the atmospheric science program, and is always looking for the university's brightest undergraduates to get involved. Contact Prof. Dowling for more information: <u>dowling@louisville.edu</u>



From Our Friends

Fall 2015

November 30 – December 11

MONDAY, NOVEMBER 30

WFree Hot Chocolate: Free hot chocolate and snacks on campus. Sponsored by the Freshmen Arts & Sciences Student Council. Location TBA, November 30 - December 2, 10:00 - 3:00 p.m.

Fall in Love with Winter Festival: Huber's catering, a screening of Elf, holiday crafts, and booths to get into the winter spirit! Sponsored by the SAB. Red Barn/West Plaza, 11:00 a.m. - 1:00 p.m.

TUESDAY, DECEMBER 1

Mindful Moments: Brief, guided relaxation for a few moments of calm, clarity, and refined attention. No experience required! Check louisville.edu/healthpromotion for a full list of additional times and locations. Ekstrom Library 117A CLC, 12:00 and 12:30 p.m.

Kick Off to Finals Blitz: Free snacks, drinks, and information about REACH resources to help you prepare for finals. Strickler Lobby, 10:30 a.m. – 2:00 p.m.; Ekstrom Library, 4:00 – 7:00 p.m.

Finals Fest: Pancakes-N-Pajamas: Free finals gear, massages, and food to help your study. Catering by For Goodness Crepes, Sodexo, and Neiman's Catering! Sponsored by FYI, SAB, Ekstrom Library, Health Promo, & REACH. Ekstrom Library lobby, 7:00 – 9:00 p.m.

Dancing With the Cards: Come dance your stress away with the swing, cha-cha, waltz, and more! Admission is free, no partner needed, newcomers welcome. Student Rec Center, Room 200, 7:00 - 9:30 p.m.

WEDNESDAY, DECEMBER 2

Garden Commons Workshop & Workday: Learn how to manage different aspects of a chemical-free garden and greenhouse. No prior experience necessary. Tools & gloves provided. Garden Commons at the Cultural Center, 3:00 p.m.

Finals Fest: Textbooks-N-Treats: Free finals gear, massages, and food to help your study. Food from Mellow Mushroom, Insomnia Cookies, and Neiman's Catering! Take a break for the UL Basketball game watch! Sponsored by FYI, SAB, Ekstrom Library, Health Promo, & REACH. Ekstrom Library lobby, 7:00 - 9:00 p.m.

THURSDAY, DECEMBER 3

Pause for Paws: Need a break from studying for finals? Miss your furry friend back home? No worries! We have some adorable animals to free your mind for a bit! Etscorn Honors Center Lobby, 12:00 – 2:00 p.m.

Dental School Stress Buster: Come and relieve your finals stress with free food and puppies! Dental School, 12:00 – 2:00 p.m.

UofL Free Store Open! "Shop" for free clothing, shoes, electronics, small appliances, household items, and much more. The Free Store keeps useful items out of the landfill and aids the needy. Unitas Tower basement, 1:00 - 3:00 p.m.

THURSDAY, DECEMBER 3 (continued)

Belknap Farmers' Market Holiday Bazaar: Holiday shopping, local style! Food, clothing, jewelry, wind chimes, ornaments, soaps, lotions, and more! Red Barn, 2:00 - 6:00 p.m.

FRIDAY, DECEMBER 4

Walda Night: The Iranian Students Organization (ISO) sponsors this event that includes food, music, and dancing and is open to the public. SAC Multipurpose Room, 8:00 p.m. - midnight

SATURDAY, DECEMBER 5

WThe Phi Delta Theta Fraternity Polar Plunge: Benefits the ALS Association and is open to all students (\$20 to take the plunge). Free food, games, and raffles will be at the event so come out to support even if you don't take the plunge. The Retreat, 2:00 - 5:00 p.m.

MONDAY, DECEMBER 7

Destress Fest: Passive programming throughout the day: 9:00 – 10:00 a.m.: Free coffee/hot chocolate + Scantrons, SAC 12:00 - 12:30 p.m.: Flash Pillow Fight, SAC Lawn 12:30 – 1:30 p.m.: Tile Smashing, SAC patio (weather permitting)

Winter Escape: Cocoa with the Zetas: All students welcome. Cultural Center, 6:30 - 8:00 p.m.

WEDNESDAY, DECEMBER 9

Meat & Potatoes: The Force Awakens...into Finals Zone: A college male perspective on current events. If you like to debate, learn about the issues, eat free food, and hang out with friends, Meat & Potatoes is right up your alley! Cardinal Towne - The Avenue, 7:30 – 8:30 p.m.

Come Write in the University Writing Center: Join fellow writers for a comfortable and productive evening of working on final papers! We'll have snacks, our awesome handouts, and writing consultants available to answer brief questions. University Writing Center, first floor Ekstrom Library, 6:00-9:00 p.m.

FRIDAY, DECEMBER 11

Speed School Stress Buster: Join us for free food, puppies, and massages with Health Promotions to help relieve your stress! Duthie Hall, 11:00 a.m. – 1:00 p.m.

WFoodI **Rest and Rejuvenation** Academic Support Distractions and Play



REACH Drop-in Tutoring

Computer Resource Centers

- Ekstrom Library and iTech Zone, MITC first floor Monday – Thursday: 8:00 a.m. – 8:00 p.m.
 - Friday: 8:00 a.m. 4:00 p.m.
 - Sunday (Ekstrom only): 12:00 2:00 p.m.

Math Resource Center (Strickler 226 East)

- Monday: Thursday 9:00 a.m. 7:00 p.m.

Friday: 9:00 a.m. – 2:00 p.m.

Find full details for Finals Blitz at http://reach.louisville.edu/tutoring/finalsblitz/