

The Current

University of Louisville
Honors Program Newsletter

Service Edition

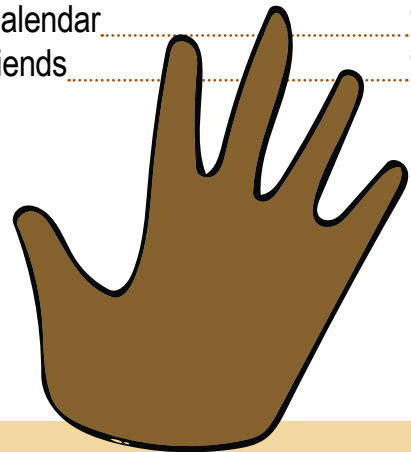
Quick Calendar

- 1/22** Scholars Application Deadline
- 1/25** SRHC Proposal Deadline
- 1/26** Scholars Campaign Email Sent
- 1/26** Housing Application Opens
- 1/27** General Honors Campaign Email Sent
- 2/1** KHR Proposal Deadline
- 2/2** Kurz Application Deadline
- 2/10** NCHC Proposal Deadline

More important dates and deadlines are listed throughout this newsletter. **Please read carefully.*

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JANUARY 21, 2016 / VOL. 15, ISSUE 10



Honors News

CALL FOR HONORS CONFERENCE PROPOSALS

KENTUCKY HONORS ROUNDTABLE

We are proud to announce that UofL will be hosting the Kentucky Honors Roundtable (KHR) Conference in Spring 2016! All Honors students are invited to submit a proposal. This conference will be held Friday and Saturday, February 25-26 on our very own campus. If you have something you'd like to present at KHR or any other upcoming Honors conference, now is the time to begin considering your proposal. Conference presentations can focus on a variety of topics, including: research you've conducted at the undergraduate level, papers you may have written or presentations you've developed for class, a topic that you are passionate about and for which you'd like to develop a presentation, or your role in an Honors organization. If you have another idea that doesn't fit these areas, please contact an Honors counselor to see if it could work for a conference presentation. If you'd like to get some information on conference presentations that have occurred in previous years, please contact our conference coordinator, Luke Buckman (luke.buckman@louisville.edu).

If you would like to submit a proposal for KHR, please email the following to Luke:

- Names of Presenters
- Title of Proposal
- Type of Proposal:
 - Podium Presentation (15 minutes)
 - Panel Presentation, must include at least two presenters (25 or 50 minutes)
 - Poster Presentation (part of a general poster session)
 - Creative Project
- Presentation Description for the Program (100 words maximum)
- Equipment needs based on presentation type.
 - Will you need A/V for: Powerpoint or Prezi, short clips or films, sound, or DVD?



Please submit complete proposal information to Luke via e-mail by the deadline.

Conference Information:

Proposal Deadline: Monday, February 1st by Midnight

Conference Dates: February 26-27, 2016

Location: The University of Louisville!

SOUTHERN REGIONAL HONORS CONFERENCE

After participating in KHR, take your presentation to the next level by attending the regional conference! Travel and lodging expenses will again be covered by the Honors Program. Similar to KHR, proposals for SRHC are welcome from all disciplinary (and interdisciplinary) perspectives and can include poster presentations, oral presentations, exhibition of artwork, musical performance, or digital film!

Proposal Deadline: Monday, January 25th by 5:00 PM to Kirsten Armstrong

Conference Dates: March 31 - April 2, 2016

Location: Orlando, FL

Eligibility & Proposal Requirements

You must participate in the KHR conference in order to present at SRHC, or have presented during a previous year. You may submit a proposal on the same topic for KHR and SRHC, but please note the slightly different criteria for SRHC proposals:

- Name and email(s) of Presenter(s)
- Title of Presentation
- Brief summary to be included in the program (30 words max)
- Full synopsis for conference submission (100 words max)
- Presentation format:
 - Podium Presentation (10-15 minutes)
 - Research Panel Presentation (min. two presenters)
 - Research Poster Presentation
 - Performance Pieces (max of 6 min. - short film, music, performance, visual art display)
- Equipment needed based on presentation type.
 - Powerpoint or Prezi, other computer applications, internet access needs, film capabilities, speakers, easel, laptop, projector, etc.

If you have any questions about SRHC, please contact Kirsten Armstrong at kirsten.armstrong@louisville.edu. All proposals must be submitted to Kirsten via email by the proposal deadline.

Image source: <http://www.srhconline.org/>



NATIONAL HONORS CONFERENCE

The internal deadline to submit a proposal for the upcoming National Collegiate Honors Council (NCHC) is February 10, 2016. This year's conference will take place in Seattle, WA from October 12-16, 2016. To submit a proposal, you must be presenting at or have presented at either the Kentucky Honors Roundtable (KHR) or the Southern Regional Honors Council (SRHC) during this current academic year. The national conference is an outstanding opportunity to present your research, ideas, or work as part of a student group in front of a national audience of honors faculty & staff members, as well as your peers at other honors programs and colleges.

If you'd like to submit a conference proposal for one of the categories listed to the right, please follow the guidelines available on the NCHC website and send your proposal to Kirsten Armstrong (kirsten.armstrong@louisville.edu) by **no later than 5:00 PM on February, 10**. Kirsten will review and provide any feedback. To review proposal guidelines, please visit <http://nchchonors.org/annual-conference/proposal-guidelines/>. For more general information on the conference, please check the conference website or consult your academic advisor.

NCHC is seeking student proposals in the following areas:

- Idea Exchange
- Roundtable Discussions
- Student Poster Sessions
- Student Interdisciplinary Research Panels
- Forum on Diversity Issues
- Master Classes

To find out more about any of these areas, you are strongly encouraged to visit the NCHC website and click on the "conference" tab: <http://nchchonors.org/>

Proposal Deadline:

Monday, February 10th by 5:00 PM

Emailed to kirsten.armstrong@louisville.edu

Conference Dates:

October 12-16, 2016

Location:

Seattle, WA



HOUSING APPLICATION GOES LIVE NEXT WEEK!

The Honors Program is offering several Living Learning Communities (LLCs) in Kurz Hall, a suite-style residence hall, for Fall 2016 - Spring 2017. For additional information on Kurz Hall, please visit <http://louisville.edu/housing/options/communities/suites/kurz>.

Honors students may choose from two options for next year:

The 2nd-Year Science LLC

This LLC is for students pursuing careers in healthcare, or with majors in Biology, Chemistry, or Bio-Engineering. The course cluster for this LLC includes Honors Organic Chemistry I & II.

The General Honors LLC

This LLC is open to all current Honors students who wish to live in Kurz Hall next year. The Honors LLC does not specify a cluster of Honors courses, but students must enroll in Honors courses to live in Kurz Hall.

For more information on the Honors LLCs and how to apply, please visit: <http://louisville.edu/housing/options/llc/honors>.

Applications for Fall 2016 - Spring 2017 housing for returning students will become available **January 26th** and will be available until February 2nd. **To qualify, you must complete the Honors LLC application and be selected for the Honors LLC by the Honors Program.** To apply visit: <http://louisville.edu/housing/forms/llc-themed-housing/honors-llc-application>. Once the application is submitted, an Honors advisor will contact you directly with more information. If you have any questions regarding Campus Housing for Fall 2016 - Spring 2017, contact Campus Housing via email at oncampus@louisville.edu or by calling (502)-854-9011 or (502)-852-6636.

INTERESTED IN JOINING HONORS SCHOLARS?

Benefits

- **Enhanced seminars** that encourage interdisciplinary perspectives and experience outside the classroom, and typically fulfill WR requirements.
- **Priority consideration for space in seminars** that include either international or domestic travel.
- **Invitations to semesterly Seminar Showcases** where the upcoming Honors Seminars are announced.
- The opportunity to **sign up for a scheduled advising appointment each semester before other Honors students.**
- **Recognition** at graduation and on transcripts as a University Honors Scholar.
...and much more!

Eligibility

To be eligible to join the University Honors Scholars program, you must meet the following requirements:

- A cumulative grade point average of 3.5 or higher
- Completion of or enrollment in at least 6 credits of Honors coursework
- Intent to finish the 24 credit-hour program

To Apply

Visit <http://louisville.edu/honors/Enrichment-opportunities/honors-scholars-program>



Images: Students at the Fall 2015 Seminar Showcase. All scholars are invited to have dinner and learn about Honors Seminars for the following semester. Don't miss your chance to participate - apply this semester!

Application Deadline: January 22, 2016

WANT TO WRITE AN ARTICLE FOR THE CURRENT?

We're looking for any Honors student interested in contributing to *The Current* next spring semester! Contributors can write on a variety of topics, including event reviews, conference reviews, travel reviews, interviews, and personal essays. Being a student writer for *The Current* is flexible and based around the student's schedules and needs. If you are interested you will work closely with the editor to generate quality content, and you can submit as many times as you want per semester. You will also get to review your article's layout before *The Current* is released.



Being a student writer is easy, flexible, and based on your interests!

Have an idea for an article? Interested in learning more?

Contact the editor, **Alex O'Keefe**, to get started!
a.okeefe@louisville.edu • 502-852-6293

STAY CONNECTED WITH HONORS!



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Advising Corner

THE HONORS ADVISING CAMPAIGN IS JUST AROUND THE CORNER!

The frigid temperatures of the past couple of weeks have many of us hoping that Punxsutawney Phil will foresee the early arrival of warmer weather. While we anticipate the groundhog's prediction in February, let's go ahead and get some very important dates on your calendar right now so that you're ready for the upcoming Honors advising campaign!

The Honors Advising Window:

Advising appointments*:

Arrive promptly in the Etscorn Honors Center on your appointment date/time. If you arrive to your appointment 10 or more minutes after the scheduled appointment time, you will be required to reschedule for a later date/time subject to counselor availability.

***Please note:** Spring Break is Monday, 3/14 - Friday, 3/18, so there will be no advisor availability on these dates.

Walk-In Advising:

March 28 - April 1
8:30 - 11:30 AM &
1:00 - 4:00 PM

Priority Registration:

Tuesday, March 29
8:00 AM

The Procedure:

Honors Scholars: **Around 7:45 AM on Tuesday, January 26** - will receive the GradesFirst campaign e-mail from Kirsten Armstrong in their UofL e-mail accounts.

General Honors: **Around 7:45 AM on Wednesday, January 27** - will receive the GradesFirst campaign e-mail from Kirsten Armstrong in their UofL e-mail accounts.

Once you receive your e-mail:

- Click on the link and sign up online for an Honors advising appointment within GradesFirst.
*Please note: **If you do not receive an appointment confirmation email from GradesFirst, the appointment has not been successfully scheduled**, and you must return to the link and ensure that you have completed all of the steps in the scheduling process.
- Everyone's GradesFirst scheduling links are unique to their own account information, so please do not forward or share these links with other students.

No Longer Active in Honors:

- In the event that you are no longer a member of the University Honors Program, you should seek out advising from your home academic advising unit instead. We recommend that you visit the Undergraduate Advising website and utilize the "Advising Centers" menu: <http://louisville.edu/advising>

We hope that this information is helpful, and we are looking forward to meeting with each of you this semester! Please let us know if you have any questions or concerns about the Honors advising appointment sign-up procedures by contacting us via phone at 502-852-6293, via e-mail at honors@louisville.edu, or by contacting your Honors advisor directly.



The Honors Advising Team (alphabetically)

Kirsten Armstrong
Luke Buckman
Sarah Exner
Katherine Rucker
Olivia Sailor
Sarah Springer

SERVICE IN CEBU

TWO PERSPECTIVES ON THE HONORS SERVICE LEARNING SEMINAR

Alexander Stewart

3rd Year, Biology Major

It's pretty safe to say that I had no clue what to expect in the Philippines. Yes, we had been preparing for months asking questions, inquiring where exactly we could karaoke Kelly Clarkson power ballads, and working on our program (a series of science lessons about the brain and sensory processing). With life so consumed by a full set of courses and then final projects, it was hard to anticipate what it was really going to be like in Cebu.

UofL's strong, longstanding relationship with the three rural schools where we worked (Mabini, Binaliw, and Peril) thoroughly impressed me. I now find that my Cardinal pride has expanded, reaching all the way to Cebu. I appreciate my university's commitment to engaging with communities and to working with teachers and schoolchildren halfway around the world - to create better relationships and increased understanding. My Honors teammates and I began by wanting to teach the educational program we'd developed to the high school students we were partnered with, but little did we know how much they would teach us. Despite challenging circumstances, the students exuded happiness and made us feel very welcome. Several students complimented one of our team members, telling her that she was "simple" - in Mabini, the school where I worked, this was very high praise. Examples like this one define a lot of my experience. They may not seem too profound, but simultaneously, they are more than I can fathom.

Since returning, I have noticed myself disconnecting from silly anxieties that I have had and, more importantly, appreciating my life more and taking steps to spread what I learned in Cebu. I wish everyone could participate in a service learning program - it truly instills a great devotion to be more "present" as well as to serve. I am incredibly grateful for this experience and believe that Mabini will influence me for years to come. As one of my friends in Mabini says, "work hard, love harder, and stay positive!"



SERVICE IN CEBU - CONTINUED

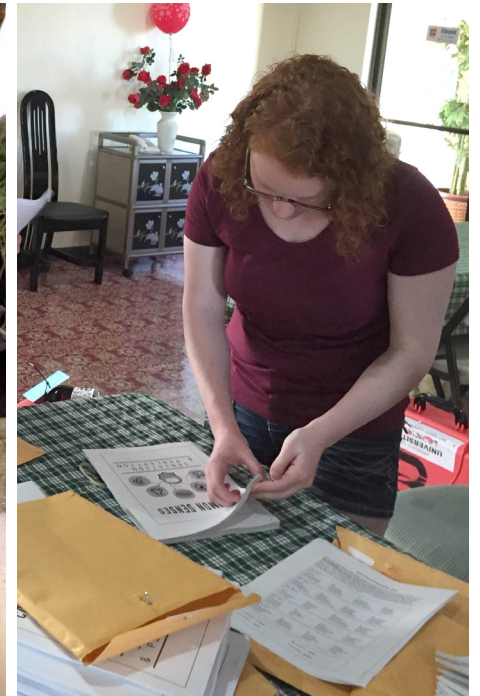
Danielle Deal

3rd Year, Psychology Major

During the recent winter break, I had the opportunity to travel with the International Service Learning Program to Cebu City, Philippines! This trip was my first time traveling outside of the United States, and it was an amazing experience. After working all semester to create a curriculum, I couldn't have imagined how amazing it was to present our material to the children at Paril National High School (where we spent three incredible days in the mountains of the Philippines).



The students and faculty at the school were kind and welcoming; they truly did their best to make us feel at home during our time there. Through our time in the classroom and the dental clinic, we had amazing opportunities to watch the students gain confidence and share their culture and experiences with our team! Whether we were learning phrases in their native tongue or dancing together to current pop hits, every moment with the students was priceless. I would encourage everyone to consider traveling with an International Service Learning Program - I can promise, it will be one of the most amazing experiences of your college career!



Page 6: (Top): U of L students pose with dancers at Mabini Integrated School after a performance. (Middle Left): Kaylee Brandt (left) and Alex Stewart (right) conduct a group activity. (Middle Right): Alex prepares materials for class. (Bottom): U of L students dance with world-famous Cebu prison dancers. Page 7: (Top): Danielle and other U of L Honors Students at a local market. (Middle Left): Danielle and Mariah Moore with area holiday decorations. (Middle Right): Danielle prepares materials for class. (Bottom): The U of L team and students at Paril National High School.

Serve!

VISITING MIDDLE-EARTH TRAVERSING NEW ZEALAND WITH HONORS

Cameron Hayes

3rd Year, Political Science Major

It is both vacuously prosaic and exhaustingly cliché to label any experience as the best you've ever had. Hyperbole of this manner is ingrained into our vernacular and I am quick to chastise its use. Yet, I can confidently say that thanks to the University Honors Program, I sincerely did get the chance to embark on such an adventure this past semester.

Last spring, I was selected to participate in an honors international travel seminar for Fall 2015 entitled, "Tolkien in Print and Film." The course explored Tolkien's seminal novels *The Hobbit* and *The Lord of the Rings* and Peter Jackson's film adaptations of these works. It then culminated in a two week excursion across New Zealand, the real world incarnation of Middle-earth. The class, at its core, was an ongoing dialogue examining the techniques through which the two media, through their own kind of conversation, were able to craft a separate, functioning reality and the thematic implications of such. To put it more bluntly, we read the books, watched the movies, and shared our thoughts regarding them.

At first glance, this is exactly what you'd expect from the class; however, that depiction fails to capture what this course actually entailed. For one, class sessions were a marvel to behold. I am someone who genuinely enjoys nearly every professor I have and finds each lecture I observe a treat. Michael Williams, the associate professor of Humanities who led the course, wields such authentic passion and effective articulation that his lectures are best understood as a distinct form of art. In addition, my classmates contributed a similar synthesis of enthusiasm and insight. Beyond discussion, our assignments helped foster our analytical skills. The essay prompts assigned in this course demanded that I assess facets of Middle-earth in unconventional ways, enabling me to craft and defend inventive arguments. The wildly diverse and remarkable final projects for the course included dialogs on the psychoanalysis of bearers of the One Ring, the role of hobbits as environmental stewards, the employment of Social Darwinism in Middle-earth, the use of magic to caution the rise of machines, the impact of geography in animating a mythology, and the exploration of different masculinities presented in the text.

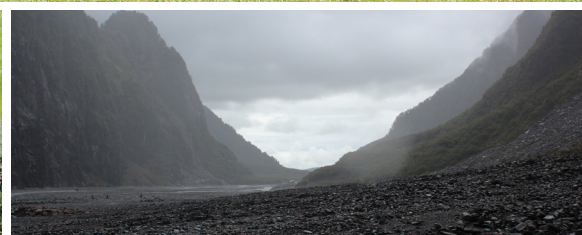
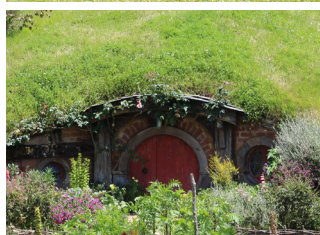
However, the heart of the adventure began on December 8th when our class, the Fellowship, disembarked from Louisville to spend the next two weeks in New Zealand. You really don't get experiences like



TRAVERSING NEW ZEALAND - CONTINUED

this in a lifetime. I mean obviously we went to New Zealand of all places, a land where, within a day's drive, rolling hilly farmlands transform into mountainous lake-towns before then becoming temperate rainforests; it's the whole planet packaged seamlessly into two gorgeous islands. While there, we walked on the softest sandy beaches, drove endlessly along the greenest dancing grass, embraced the persistent impact of the wind, admired horizons lined with mist and mountain and lake, lamented the retreat of the Fox Glacier, skipped giddily beside rose-beds in Christchurch, examined pensively the Pancake Rocks, and saw the universe itself unfold in the Waitomo Glowworm Caves. Furthermore, we journeyed quite literally into Middle-earth, visiting the actual locations used in the Jackson films. We climbed to the peak of Ederas; we strolled the gardens of Isengard; we explored the outpost of Rivendell; we fled from the Nazgûl on the Road; we drank from the Forgotten Pool; we ventured into the realm of Mordor; and we feasted at the Green Dragon in Hobbiton.

Yet, this trip was far more than immersing in the scenery. Our bus drivers, Ricky and Terry, graced us with their melodious voices. We saw a church that seats 700 built from cardboard. We stopped briefly at a township too easy to miss called Geraldine that just happened to boast a mosaic of 1.5 million pieces of the Bayeux Tapestry. We saw *The Force Awakens* a day early in the same theater where *Return of the King* premiered. I (eventually) ate an entire Fergburger and fell in love with pavlova. I totally won at Phase 10 before having my butt kicked in Judgment. For a brief period, I was father to four of my classmates. I rolled down a slope while trapped in a plastic ball. We suffered daily through virtually useless WiFi. Four of us got stuck in freezing rain on the way back to the hotel. I went through an entire box of Dramamine. And every minute of it was better than the last. Thanks to Honors, I became close friends with 20 of the nerdiest and best people I'll ever meet. To each one of you, please let me say thank one last time for sharing this adventure with me - I shan't forget a second of it.



Photos: Page 8: (Top:) Cameron in front of "Mt. Doom" at Tongariro National Park. (Middle Left:) Fellowship members get off the road at Mt. Victoria Park. (Middle Right:) Kaitoke Regional Park, filming location for Rivendell. (Bottom:) The Fellowship atop Mt. Sunday, filming location for Ederas. / Page 9: (Top:) The Fellowship in Paradise. (Middle:) Fellowship members dance at Hobbiton. (Bottom Left:) A hobbit hole. (Bottom Right:) Fox Glacier on New Zealand's West Coast.



Student Spotlight



JAZMEN CONNER

3rd Year • Anthropology Major
Vice President of Philanthropy, HSC
1st Year Service LLC Participant

In what ways have you been involved with the University Honors Program?

My freshman year I was involved in the Book and Media Sale as a volunteer. My sophomore year I joined Honors Student Council. I have also participated in the Music and City in American Culture seminar that traveled to New Orleans and Memphis. I continued with Honors Student Council my junior year, serving as a Chair of Service.

What does Honors mean to you?

Honors is an organization that has challenged me throughout my studies. I have met many friends and made many connections through the Honors program.

What are some of the things that Honors offers that you think other students should take advantage of while here?

Students should join the Honors program not just for the academic challenges they will encounter, but also to broaden their perspective. There are many advantages to being a member of the Honors Program, including travel seminars. I also think that the honors program offers students an amazing opportunity to take really interesting classes not offered out of the scope of Honors. For example this semester I am taking a seminar on History, Mystery, and Medicine, a fascinating course of the history of medicine portrayed in historical fiction.

You were a member of the First Year Service LLC; what was your favorite aspect of being a part of a LLC?

I think my favorite part was fostering a passion for community service. In high school I really only did service to fulfill a requirement, but this LLC really helped to get me connected to the community and my service site. I also enjoyed the classroom discussion on how we as students could make a difference in our community.

Outside of the classroom, what experiences did you gain from being involved in LLC?

One experience that I gained through the LLC was a bus tour of the civil rights movement that happened in Louisville. I think that it was a very rewarding experience to see how our community involved itself with issues of race, and to learn about the history of those that helped to make a difference in the movement.

If someone was interested in joining an LLC what would you tell them about it?

I would tell a prospective student thinking about joining the LLC that it is a very rewarding experience. Not only do you get to live with a group of like-minded peers, but those same people go to a class where you can discuss issues with the community and talk about your service site. It is a great way to get involved in campus life and you learn not only about how to become a better service leader, but a better student leader at that.

You are heavily involved with Honors Volunteer Program; what made you join?

I joined HVP to further my impact on the community. It has opened up even more doors in respect to service events and getting involved with organizations outside of the campus setting.

What do you like about HVP the most?

I really like the other people that I get to work with. They are an amazing bunch of students that have a passion for community service just like me. But what I like the most about HVP is that this organization is really a place that students can make a difference on and off campus. While it's hard sometimes for younger people to feel like they are making a difference, Honors Volunteer Program provides opportunities for students and those outside the campus to get involved in a real way, and make an impact on important issues.

Student Spotlight

Serve!

How do you feel being on council has shaped you as an individual?

I think that through council I have become a better student leader and advocate of service in the community. I have learned to work collaboratively with people and get projects done.

What types of outreach does your group coordinate?

In the past HVP has worked with Louisville Grows where we go out into the community and plant trees. We have worked with Bloom Elementary and their nutrition program, and we have also had service events at Iroquois Library, English conversation club.

Why would you suggest a student get involved with HVP?

HVP provides students an opportunity to engage with the community service projects. It is a fun way to meet other peers who like community service and we always have fantastic food at our meetings!

What other service activities are you involved in?

I am a Volunteer at the Downs Syndrome of Louisville. I tutor high school and adult students with Down Syndrome on life skills. It is a very rewarding experience to help the members of DSL. I have been able to foster relationships with my students and really help to make a difference in their lives.

What suggestion do you have for students interested in doing service in the Louisville community?

My suggestion for those wanting to get involved in community service in Louisville is to look for organizations that they have a real interest in. Louisville has many different places and ways to get involved. HVP is a great way to learn about some of the opportunities that students can help their community. But I think that it is really important to have an interest in a specific issue. Once the student knows what they want to help out with it's so much easier to find like-minded people to make a change.

You participated in the travel seminar "Music and City in American Culture" which traveled to New Orleans and Memphis; what was your favorite part of that experience?

I think that my favorite part of the travel seminar was learning more about the history of New Orleans. To be able to go to the famous sites like the French Quarter and seeing the Voodoo shops was a fantastic way to connect what we

learned in class to the actual events and places. The food there was also amazing. I fell in love with the crawfish and beignets. They were delightful.

What site that you visited was the most impacting?

I'd say the tour of Louis Armstrong Park. We had a guided tour of the park and learned about some of the black musicians who had performed there throughout history.

What advice do you have for students interested in a travel seminar?

Really get involved in the classwork before the actual traveling. It will provide a foundation for the sites that they will visit on the trip, and allow them to have a more fulfilling experience once they are there. I would also suggest to remember to buy family member mementos - don't upset your parents when you come back and have to tell your Dad that you forgot to buy him a hat, the one thing he asked for.

What is your favorite thing to do off-campus?

I really like going to the St. James Art Festival with friends. That was an interesting experience. I also like to go out with people and go dancing.

What is your favorite restaurant?

My favorite restaurant in Louisville would have to be El Taco Luchador. Their tacos are life changing!



Photos: Page 10: Jazmen in New Orleans.
Page 11: Jazmen and a friendly corgi.



Student Organizations

HONORS STUDENT COUNCIL CALL FOR BAMS DONATIONS

This academic year, Honors Student Council is proud to announce the bi-annual Book and Media Sale (BAMS). All profits from this massive sale will go directly to Camp Quality Kentuckiana to help give children living with cancer a chance to just be kids.

In order to make this event happen, we need your help in the form of donations; we are happy to accept gently-used books, DVDs, CDs, records, and video games. Donations will be due no later than Friday, March 25th, 2016, and the sale itself will be held during the week of April 2nd, 2016. Honors Student Council wants to make this year's event even bigger and better than the last, and we can't do that without donations from you. If you wish to donate, drop off any acceptable items at one of our BAMS boxes (locations listed on right.) Thank you for your generosity in advance!

If you have any questions, feel free to email HonorsBAMS@gmail.com or visit our website, www.uoflhsc.com.



Help us fill Red Barn again!

WHAT WE NEED

- Books
- DVDs
- CDs
- Records
- Video Games

WHERE TO DONATE

BAMS boxes are located in:

- The Etscorn Honors Center
- Bingham Humanities Building
- Shumaker Research Building
- Student Activities Center
- Life Sciences Building
- The Interfaith Center
- College of Business
- Chemistry Building
- School of Music
- Duthie Center
- Davidson Hall
- Strickler Hall
- Lutz Hall

DONATION DEADLINE

Friday, March 25th, 2016

THE WHITE SQUIRREL VOLUME XII IS OUT NOW!

Don't forget to pick up your copy of The White Squirrel in the Etscorn Honors Center or McQuixote Books & Coffee for \$8!

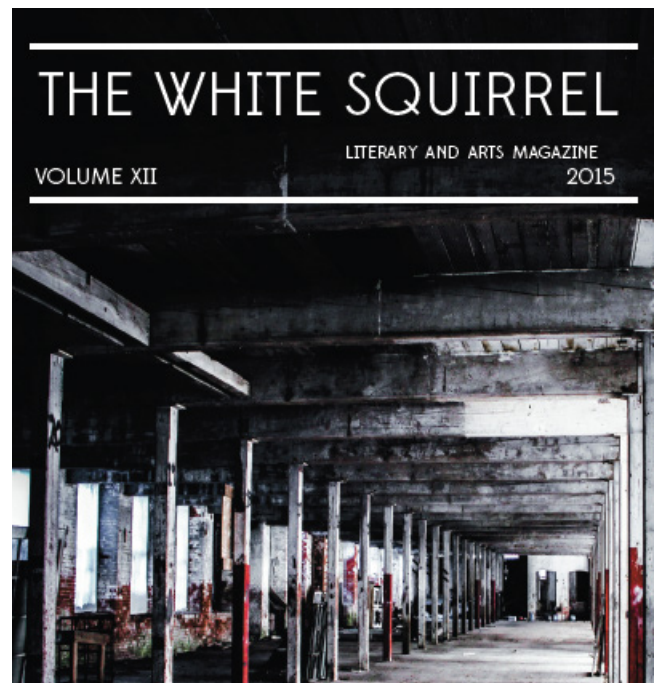
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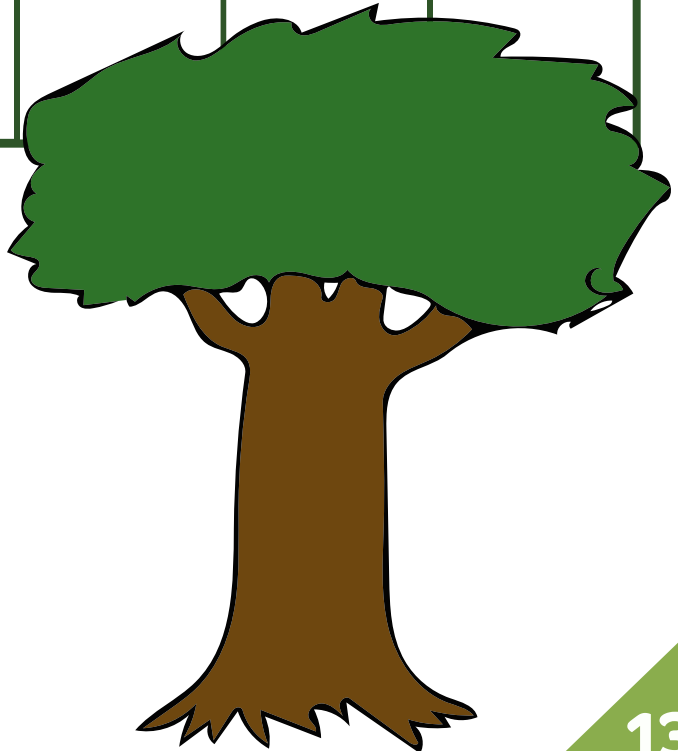
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Serve! Calendar

SUN	MON	TUES	WED	THUR	FRI	SAT
JAN 17	18	19	20	21	22 <i>Scholars Application Deadline</i>	23
24	25 <i>SRHC Proposal Deadline By 5:00 PM</i>	26 <i>Housing Application Opens</i>	27 <i>General Honors Campaign Email Sent</i>	28	29	30
		<i>Scholar Campaign Email Sent</i>				

-  Office of National and International Scholarship Opportunities Deadlines and Important Dates
-  Honors Program Deadlines and Important Dates
-  The White Squirrel Events and Deadlines
-  Honors Student Council Events
-  Honors Volunteer Program Events
-  Academic Calendar Dates





From Our Friends

EVENTS

Learn Koru Mindfulness and Meditation
Tuesdays in February • 6:30 - 7:45 PM
February 2, 6, 16 & 23 • Ekstrom 117A

Focus your mind and become stress resilient. Join our 4 week workshop to learn mindfulness and meditation.



Learn More. Live Well.

Register: louisville.edu/healthpromotion (Click services/Koru) • \$12 enrollment fee includes book. You commit to all four sessions when you register. Questions? Email karen.newton@louisville.edu

REACH Graduate Prep Seminars - GRE
Dates and Times Vary
SK 111

For more information visit reach.louisville.edu/seminars

January 19 GRE Introduction, Verbal, and Analytical Writing Sections
5:00 - 6:30 PM

January 26 GRE Quantitative Section
5:00 - 6:30 PM

February 25 GRE Introduction, Verbal, and Analytical Writing Sections
12:00 - 1:30 PM

March 4 GRE Quantitative Section
12:00 - 1:30 PM

REACH Graduate Prep Seminars - MCAT
Dates and Times Vary
SK 111

For more information visit reach.louisville.edu/seminars

January 27 MCAT: Introduction
5:00 - 7:00 PM

February 3 MCAT: Biological and Biochemical Foundations of Living Systems
5:00 - 7:00 PM

REACH Graduate Prep Seminars - LSAT
Dates and Times Vary
SK 111

For more information visit reach.louisville.edu/seminars

January 28 LSAT: Introduction to Logic and Reasoning
5:00 - 7:00 PM

February 4 LSAT: Reading Comprehension and Analytical Writing
5:00 - 7:00 PM

OTHER OPPORTUNITIES

Summer Research Opportunity Program (SROP)

Deadline: March 1, 2016

The SROP provides UofL undergraduate students who would like to know more about graduate-level education at the university, with a 10-week (May 31-August 5, 2016) research-intensive experience in a department that offers graduate degrees. Mentors will provide students with individualized research projects. All UofL departments with graduate programs will be supported. Students should be, preferably, in their sophomore or junior year of study. The deadline is March 1, 2016. See <http://louisville.edu/research/students/undergrad-grad/summer> for more information or contact Pamela W. Feldhoff, Ph.D.: pwfeld01@louisville.edu

Health Promotion Services are Back!
Student Services Annex, Health Promotion Office

Take advantage of the many services being offered to build your resilience and improve your wellbeing.

- 30 minute chair massages 3 days a week for \$7 (by appointment only)
- Free yoga classes, 4 days a week,
- Free, anonymous HIV testing, Tuesdays 12 - 3pm.
- U-Fit, individual fitness coaching, by appointment.
- Nutrition Navigators, individual nutrition coaching, by appointment.

For more information or to book an appointment visit louisville.edu/healthpromotion

LGBTQ Global Studies: Argentina
May 18 - 31, 2016

Students will gain first-hand experience with the LGBT community through visits to various LGBT advocacy organizations in Buenos Aires, lectures on gender and queer issues, and research on legal and community progress toward LGBT equality. They will explore Argentinian culture through volunteering with local organizations and touring Buenos Aires with stops at significant historical sites. In order to debrief and prepare presentations on a topic of their choice, the students will next travel to Salta where they will consider the experiences they had in the city and discuss what they learned.

Details and application available at:

<http://louisville.edu/lgbt/programs-1/lgbt-study-abroad-1>

Explore the World's Longest Cave with Partners in the Park!



Mammoth Cave is the longest known cave in the world (405 miles surveyed so far) and tells a story that spans 350 million years and nearly every academic discipline. Humans have explored the cave for 4000 years. This project will explore the ecology, geology, archaeology, and history of Mammoth Cave and Mammoth Cave National Park. Activities will include surface and cave hikes, an introduction to caving safety and technique, and data collection on two citizen science research projects. Caving experiences on these field trips involve occasional passages requiring crouching, some hands and knees crawling, and short passages of easy belly crawls. Join honors students from across the country for this unique and amazing adventure!

Mammoth Cave Partners in the Parks
June 5th – June 11th, 2016



For more information, contact David Kime at kimed@nku.edu
or Melissa Helton at MHELTON0049@kctcs.edu.