

# UNIVERSITY OF LOUISVILLE HONORS PROGRAM NEWSLETTER

**Honors Calendar At-A-Glance:** 

November 21
November 22
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November 23
December 6
December 7
January 17
Honor

HVP Bake Sale Exemplary Advising Recs Due HVP English Conversation Club Dental School Spotlight HVP Christmas Chores for Seniors Honors Peer Advisor Apps Due

Make sure to read through this entire newsletter for other important dates and deadlines.

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The pictures featured in this edition of The Current were taken at the National Collegiate Honors Council (NCHC) conference in New Orleans.



# KIRSTEN ARMSTRONG: NATIONAL COLLEGIATE HONORS COUNCIL

Perhaps you have noticed the sign in the entryway of the Etscorn Honors Center that begs the question, "Where Will Honors Take You?" As your Assistant Director of Advising in Honors, I'm always brainstorming ways in which our Honors Advising Team can encourage all of you to push the envelope of your academic, professional, and personal potential during your time here at UofL. Recently, I had the privilege of accompanying several of our Honors students as they represented our Honors program with great professionalism, leadership, and aplomb last week at the National Collegiate Honors Council (NCHC) conference in New Orleans, LA.



Kirsten at Coop's Place restaurant in New Orleans's French Quarter, where much jambalaya and gumbo were enjoyed.

Representing UofL's Honors Program during a panel discussion, senior Honors Scholar, Ryan Moran (Accountancy, Finance, and Economics), in conjunction with Honors student colleagues from Eastern Kentucky University (AJ Jeck and Dylan Bogard), facilitated a discussion entitled, "Supporting Student Transformation: How Honors Programs Provide Leadership Development Opportunities." This session generated discussion and brainstorming of ideas surrounding ways in which Honors students can take leadership within their own programs to serve perceived needs of their resident student populations as well as their surrounding communities. Participants also brainstormed ways to combine social events, fundraising, and community engagement with a social justice focus. Moran provided UofL's Yule Ball and Book and Media Sale as prime examples of single events that have successfully achieved multiple goals.

In a joint session juxtaposing different approaches to the phenomenon of social media and its potential effects on Honors students and programming, senior Honors Scholars Matthew Robeson (Chemical Engineering) and Spencer Scruggs (Psychology) presented on their research project entitled, "Facing Facebook: The Addiction to Social Media and Its Effects in the Classroom." During this presentation, Robeson and Scruggs shared data gathered as a result of a project that they completed during a past Honors Seminar (Behavior Modification taught by Dr. Edna Ross - Psychology). Robeson and Scruggs concluded that the data indicated a correlation between social media, specifically Facebook, and addictive usage behavior. However, through the behavior modification strategies that they employed within their sample group, they reported that it is possible to curb social media addictive behaviors if one intends to do so. Robeson and Scruggs' relevant topic and intriguing results generated active conversation and left attendees to conclude that although social media is potentially an effective means of communication within an Honors program, one should be aware of its addictive qualities and should work intentionally to limit usage time.

How can Honors help you to present your research, programming, or ideas at the national level at a future NCHC conference? First, consider submitting a proposal to the Kentucky Honors Roundtable (KHR) in a future semester. This is the first tier of our process to supporting our students to get to the regional and national levels of Honors conference experiences. At the state level, you are surrounded by your Honors peers, staff, and faculty from various Kentucky institutions of higher education to share ideas, present research, or participate in discussions and hone your skills in preparation for sharing with a broader audience at the regional (Southern Regional Honors Conference – SRHC) or national (NCHC) level in the future.

#### FEATURE ARTICLE

In addition to presentations, the conference featured research posters, a keynote speech by Ruby Bridges, an idea exchange, and workshops. But it wasn't all work—students and Honors faculty and staff from UofL enjoyed visiting historic New Orleans and eating some authentic and spicy cuisine! The photos below show just a few of the memories made on this fun and productive trip.



Ryan Moran and his counterparts from EKU lead discussion about leadership opportunities in Honors programs.



Conference participants enjoyed Mardi Gras celebrations and delightful live music all weekend.



It wouldn't be New Orleans without a visit to Bourbon Street!



Spencer Scruggs explaining some of the statistics behind his and Matt Robeson's research presentation on Facebook.



There is no city like New Orleans in terms of food! Shown above is a delicious alligator po' boy.



Students from UofL made some friends in warm Louisiana, including this (slightly terrifying) heron in the Louis Armstrong Park.



### **HONORS PEER ADVISOR POSITIONS**

Are you interested in working for Honors next summer as an orientation peer advisor? Do you want to help mentor next year's incoming freshmen class and help them create an academic plan for fall 2014? Peer advisors will be trained to help next year's incoming Honors freshmen class as they develop an academic plan and schedule courses during summer orientation. This is an outstanding opportunity for Honors students to learn more about the University, discuss their experiences in the University Honors Program with interested new students and parents, and earn some money along the way. Students will be expected to work approximately 15-20 hours each week from mid-May through the end of June 2014.

**IMPORTANT NOTE**: Both the Summer Research Opportunity Program (SROP) and Summer Term II classes may conflict with the required work schedule for a Peer Advisor. Please take this into consideration when applying for the Peer Advisor position. Additionally, if you are planning a summer travel abroad experience, you will want to check with Honors to determine if potential conflicts will prevent you from participating as a peer advisor.

Applications are due at 4:00 PM on January 17, 2014. In order to apply you must have completed at least 30 hours and have a 3.35 or higher cumulative GPA. You may bring the completed application to the Etscorn Honors Center or email it to luke.buckman@louisville.edu. Download the application from the front page of the Honors website (http://louisville.edu/honors/peer%20advisor%20APPLICATION%202014.pdf) or pick it up in the Etscorn Center.

#### PROVOST'S AWARD FOR EXEMPLARY ADVISING

If you feel that your Honors advisor, departmental faculty advisor, or another advisor with whom you've worked is a good candidate for this year's exemplary advising award, please consider nominating them. Information on the award and a nomination link are now available online at http://louisville.edu/advising/award. Requirements include:

- A.) Completion of the online nomination and support letter form to illustrate the nominee's outstanding professional characteristics.
- **B.)** A minimum of 3 online letters of support (from faculty, staff, or students-letters from students are strongly encouraged) recommending the advisor for nomination are required for the advisor to be considered a nominee, and become eligible to receive the award.

The deadline to submit your nomination is *November 22, 2013*. Nominees and award recipients will be recognized at a reception held by the Provost during the Spring semester. If you have questions regarding the award program, please contact Katie Bixby at k0bixb01@louisville.edu or 502-852-4475.

## DENTAL SCHOOL SPOTLIGHT

Are you interested in attending dental school? If so, the Honors Program would like to invite you to our Graduate School Spotlight. At this event, you can get an inside look into the admissions process at this University of Louisville program. You'll be able to meet with admissions and current students, learn what it takes to be competitive, and participate in a question and answer session.

Light refreshments will be served. Contact Ketti Tonnemacher in the Honors Program at aktonn01@louisville.edu if you have any questions about this spotlight.



December 6, 2013 12:30-1:30 PM Etscorn Honors Classroom



## THANK YOU FOR MAKING THE YULE BALL AWESOME!

Honors Student Council (shown on right) would like to thank everyone who came out to the Yule Ball on Friday, November 15. With your help, HSC was able to raise an amazing \$1,270 for Kosair Children's Hospital!

If you weren't there (or if you were there and just want to relive the excitement), here's a quick recap of the



event: the Red Barn was transformed into a winter wonderland, complete with beautiful table decorations, hanging lanterns, and all sorts of sweet treats. Over 250 people came out to the event, and DJ Knight kept the records spinning all night long! Some devoted fans came dressed in proper Harry Potter attire, while others tried on the Sorting Hat and a number of hilarious wigs and modeled for the photo booth!

For more photos of the event, make sure to check out the University of Louisville Honors Program Facebook page (www.Facebook.com/LouisvilleHonors).

# **HSC STILL NEEDS YOUR INPUT**

You are invited to nominate your favorite professors for the Honors Student Council **Last Lecture Series**. Have you had a professor that is inspiring and invigorating? If so, we want to know! We want other students to be able to learn from them. HSC welcomes nominations from all disciplines.

HSC will continue accepting nominations on a rolling basis for lectures to be held during the spring semester. Please send your nominations or questions to Alyssa Mattingly, the HSC VP of Academics, at almatt11@louisville.edu by the end of the semester.

## **HONORS VOLUNTEERS PROGRAM**

- Bake Sale Benefiting Pediatric Oncology Unit at Kosair Children's Hospital: November 21 from 11:00 AM 1:00 PM in the Humanities Building lobby.
- **HVP's English Conversation Club:** *November 23 from 3:00-5:00 PM* at the Iroquois Branch of Louisville Free Library. Students can meet to carpool in front of Threlkeld at 2:30 PM.
- **Christmas Chores for Senior Citizens:** *December 7* at Helping Hands. Students can meet to carpool by the Thinker in front of Grawemeyer Hall.
- *HVP will not be holding a December meeting.*

Email Morgan Blair at msblai03@louisville.edu for more information about the Honors Volunteers Program.

#### THE WHITE SQUIRREL

Spring 2013 editions are available in the Etscorn Honors Center, Sunergos on South Preston, Carmichael's bookstores, and online at https://gumroad.com/l/EJmr. Support your fellow students and the literary community for just \$3!



## HARRY S. TRUMAN SCHOLARSHIP

Juniors in public service fields: this highly competitive national scholarship provides leadership training, a professional internship in Washington D.C., and \$30,000 toward graduate study to students interested

THE HARRY S. TRUMAN SCHOLARSHIP FOUNDATION

in careers in government, education, the nonprofit sector, or the public interest/advocacy sector.

Each year, the Foundation reviews over 600 applications for 55 to 65 Scholarships awarded annually. These 600 applications do not include the students who compete on their own campus for one of a school's four nominations. Interested UofL students must be nominated by our office to compete.

For more information see: http://truman.gov/

If you are interested in this opportunity, contact Emily Maiden at 502-852-1515 or by email at emily.maiden@louisville.edu to schedule an appointment to meet with Dr. Condon.

National deadline: February 4, 2014

### DAVID L. BOREN SCHOLARSHIPS

The "Boren" Awards fund study abroad in countries of U.S. national security interest focused on subject areas and critical languages of national security interest. For more information about this opportunity, make sure to read the Boren Awards newsletter, found at http://www.borenawards.org/newsletter/boren\_awards\_newsletter/october\_2013\_ newsletter\_2. Interested students are encouraged to view the forthcoming national webinars (described in the newsletter) which allow student participation.

**NOTE:** Undergraduates *must* be officially nominated for the Boren scholarships by this office. Graduate applicants apply independently, but we strongly encourage you to seek our advice in the process of preparing a competitive application. Contact Emily Maiden (502-852-1515 or emily.maiden@louisville.edu) if interested. (Emily was herself a Boren Scholar to Japan when she was an undergraduate at the University of Louisville, so you can talk to her about it!)

For more information see: http://www.borenawards.org/ Scholarship deadline for undergraduate students: *February* 5, 2014

Fellowship deadline for graduate students: January 28, 2014

### BARRY M. GOLDWATER SCHOLARSHIP

Calling all STEM students, consider the Barry M. Goldwater Scholarship and Excellence in Education Program (for research-focused students in the STEM disciplines). This scholarship funds the undergraduate study of college students who intend to pursue careers as high-level scientists, researchers, mathematicians, and engineers. This prestigious award opens many doors for its winners. **SOPHOMORES** and **JUNIORS** with an established record or research in their field and a high GPA should consider applying.

**NOTE:** Interested STEM students should **make an appointment with Emily Maiden <u>BEFORE</u> the end of the semester** to meet with Dr. Condon! Contact Emily (502-852-1515 or emily.maiden@louisville.edu) OR just stop by the Office of National and International Scholarships, located in the Honors Overseers House.

For more information see: http://www.act.org/goldwater/index.html

The application will be available online starting November 1, 2013.

National deadline: January 28, 2014



#### FIRST YEAR INITIATIVES

The Office of First Year Initiatives (FYI) helps to make sure you have a great first year! Upcoming FYI events include:

December 9: BREAKFAST...FOR A BUCK?!

Ville Grill, 9:00-11:00 PM

It's late. You're studying for that final you have Tuesday morning, but it's getting hard to focus on anything but your growling stomach. What to do? *Head to Breakfast for a Buck* from 9:00-11:00 PM on December 9, for a late-night breakfast at The Ville Grill! You can use Cardinal Cash, meal swipes, or if you donate a canned good, you get your meal for \$1! Check out the gourmet hot chocolate bar from FYI, chair massages from

Campus Health, study tips from REACH, and more!

**November 17:** Anne Braden Memorial Lecture

SAC Multi-Purpose Room, 5:30 PM

Dr. Khalil Gibrand Muhammad, director of the Schomburg Center for Research in

African American Culture, gives this year's lecture.

More info: http://anne-braden.org/anne-brade-memorial-lectures/

#### **HEALTH PROMOTION**

Heath Promotion invited you to "The Hook Up" an event uncovering popular myths and misconceptions regarding sex and sexual health. The event will be located in The College Coop, one of the shoppes of Cardinal Towne. Bring your questions! Snack and prizes will be provided.

For more information, contact Health Promotion at 502-852-5429 or visit their website at louisville.edu/healthpromotion.

#### The Hook Up



Health Promotion Office 502-852-5429 louisville.edu/healthpromotion @ The College Coop November 19 7:30-9pm

Free snacks and prizes!

Uncovering **popular myths** & **misconceptions** regarding sex and sexual health.

Bring questions (will remain anonymous) for a panel of Sex-perts!

# NATIONAL STUDENT EXCHANGE

Need a change of scenery? Want to meet new people? Looking for courses not offered at the University of Louisville? Scouting out graduate or professional schools? National Student Exchange (NSE) will let you do all these things and more at one of nearly 200 schools in the U.S. and Canada while still paying University of Louisville tuition. Applications for exchange in 2014 and 2015 will be due in the spring, but it's never too early to start planning. Contact Andrew Grubb at abgrub02@louisville.edu or 852-1482 for more information.

### **QUIZ BOWL**

Did you play quick recall or academic team in high school? Do you have a wide range of knowledge?

If you answered yes to any of these questions, you should consider joining the University of Louisville Quiz Bowl team. The Quiz Bowl team competes in tournaments throughout the state and region. The team is open to all University of Louisville students regardless of major and year. Last year, the team won both divisions of the Kentucky Collegiate Quick Recall League and also finished 12th at the NAQT Intercollegiate Championship Tournament. At ICT, the UofL team defeated national powers Cornell, Minnesota, Notre Dame, Ohio State, and Chicago. Tournaments are on the weekend and we typically practice once a week. Practices are scheduled around team members' class schedules. If you are interested, please email team coach/sponsor Matt Church at mschur01@louisville.edu or find our Facebook group, U of L Quiz Bowl.

FROM OUR FRIENDS

# FINALS BLITZ IS COMING!

December 2 - December 13 is the university's **FINALS BLITZ**. Many campus units, groups and offices will be holding special events, sessions and activities for undergraduates during this time. REACH will be offering study sessions, exam reviews and extended drop-in hours in our centers. The REACH schedule be posted at the REACH website (www.reach.louisville.edu) beginning December 2. REACH invites you to these other events:

**December 2:** Habitat for Humanity Gingerbread House Build

Red Barn, 7:00-8:30 PM

Prior registration is necessary, but the event is open to all students!

**December 3:** Kick Off To Finals Blitz

10:30 AM - 2:30 PM in Strickler Hall Lobby; 4:00-6:00 PM in Ekstrom Library Snacks courtesy of Ekstrom Library. Test review schedules/study tips from REACH.

**December 5:** Resident Appreciation Thursday Night Breakfast Program

Community Park, 7:30-8:30 PM

Get breakfast, study handouts, and review schedules from REACH.

UofL EcoReps Gathering & Workshop on Permaculture

Cultural Center, 2:00 PM

Free food and a discussion on permaculture, a way of living and design that requires observing and learning from the efficiency and balance inherent in natural systems.

3 Cheers for PEACC Volunteers PEACC Office, 4:00-5:00 PM

This is a time for us to highlight accomplishments of the fall semester and the students who

helped make them happen! Everyone is welcome and free Chipotle!

SAB UofL vs. Cincinnati Game Watch with Wing Zone Catering

Red Barn, 7:30 PM

**December 6:** Holiday Cards "Buy Local" Shopping Tour

Leaves from University Club, 8:00 AM - 6:00 PM

UofL and the Louisville Independent Business Alliance (LIBA) will take shoppers on a whirlwind tour of local shops and restaurants on the Holiday Cards "Buy Local" Shopping

Tour. To register, call Alice Wissel at 502-852-3533. Registration is \$40.

**December 9:** *Meat & Potatoes* 

The Avenue, 7:30 PM

A guest speaker from REACH will share studying techniques and tips on how to perform

better on exams.

**December 10:** Calm Café

Health Promotion Activity Room, 11:00 AM - 4:00 PM

Quiet study space with free massage, calming and invigorating snacks.

Nap & Meditation Room

SRC Studio 201, 11:00 AM - 4:00 PM

Ear plugs, eye masks, wake-up calls, napping tips and mandala coloring sheets.

**All week:** "All Aboard!" Exhibit Celebrating L&N Railroad History

Ekstrom Library east wing, lower level galleries, Monday to Friday, 8:00 AM - 5:00 PM UofL Archives and Special Collections is hosting a multi-gallery exhibit celebrating its collections of Louisville & Nashville Railroad (L&N) materials. The exhibit includes photos, documents, and employee magazines, as well as models of mid-20th century L&N equipment. The collections provide a record of the transportation giant which positioned Louisville at the center of north/south commerce in the decades following the Civil War.

#### FROM OUR FRIENDS

## PART-TIME EMPLOYMENT OPPORTUNITY WITH REACH

REACH is seeking <u>HONORS</u> students as Tutors/Supplemental Instruction leaders for the 2014 spring semester at this time. Student employees may work from 4 to 20 hours each week in a schedule designed to work around your classes. The hourly wage begins at \$8.50, but can reach \$10.00 depending on certification and position.

Requirements and the application are available at: http://www.reach.louisville.edu/applications/tutor/

#### New student staff are needed for the following:

- ACCT 201, 202
- CIS 100, 300 and CECS courses
- ECON 201 & 202
- ENGR 101,102,201
- FIN 301
- MATH 180, 205, 206

- PHYS 107, 111, 221, 222, 298 & 299
- ITAL 122
- CHNS 102, 202
- MATH 109
- SOC 301

# **COLLEGE STUDENT PERSONNEL/HIGHER ED ADMIN**

The College Student Personnel degree program is offered at the master's and doctoral levels. It is designed to prepare students for careers in student affairs administration in higher education. Learn more about our degree programs and how you can apply on *Saturday*, *December 14*, *2013* from 8:30 AM - 2:00 PM in the Porter Building/College of Education and Human Development. Light breakfast and lunch will be served. A Graduate Assistantship Fair will be held, 1:00-2:00 PM in Room 116. Please bring your resumes. Visit the College Student Personnel website at http://louisville.edu/education/degrees/med-cps-csp or email bridgette.pregliasco@louisville.edu for more information.

The Higher Education MA and PhD program is hosting two information sessions on *November 22* (12:00-1:00 PM in College of Education and Human Development room 113) and *December 6* (5:30-6:30 PM in College of Education and Human Development room 113). Learn about the programs, admissions processes, and career opportunities. Both programs feature evening classes, designed to accommodate the busy schedules of active professionals. Full-time and part-time students welcome! The Higher Education program focuses on the study of universities and colleges as organizations and policies and practices that impact them. The MA program generally attracts a broader audience in terms of people interested in working in academic affairs, planning and finance, business affairs, advancement and alumni affairs as well as student service programs. Please RSVP by contacting Dr. Bridgette Pregliasco, Program Director, at bridgette.pregliasco@ louisville.edu or 502-852-6204.

# OFFICE OF STUDY ABROAD & INTERNATIONAL TRAVEL

Join the over 800 UofL students who have participated in an international experience and stop by or contact the Office of Study Abroad and International Travel for an advising appointment! Learn about program options, using financial aid towards studying abroad, study abroad scholarships, and more!

Remember, the time to start planning for Summer and Fall 2014 programs is now! Attend these events for more info:

January 22: Let's Talk Travel Panel

Cultural Center, 12:00-1:00 PM

Got questions about travel? Student study abroad alumni and study abroad advisors can answer all your questions about studying abroad and including an international

experience into your time at UofL.

**January 22:** Study Abroad Fair

Red Barn, 10:00 AM - 2:00 PM

Shop around and talk to program representatives and study abroad advisors about the many options you have to study abroad! Learn more about scholarships, using financial aid toward your study abroad, and why study abroad is essential for your future career!