



october 2019

# THE CURRENT

university honors program newsletter

## HAPPY HALLOWEEN!



ARE MIDTERMS MAKING YOU FEEL MORE LIKE A **ZOMBIE** THAN A STUDENT?  
SEE PAGE 07 FOR STUDY AND STRESS RELIEF TIPS!

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### LOOKING AHEAD

- October 11  
Travel Seminar Application Due
- October 18  
Last Day to Withdraw
- October 28 - November 1  
Walk-in Advising (8:30-11:30AM, 1-4PM)
- November 01  
Priority Registration for Spring 2020

# HONORS NEWS

## ADVISING CORNER

PRIORITY REGISTRATION IS FRIDAY, NOV 1 AT 8:00 AM

Hello, Honors students! By now you should have scheduled your Honors advising appointment through the email link from Kirsten Armstrong. If you have not, please plan on coming to walk-in advising during the last week of October (information below). **You must meet with an Honors advisor to enroll in Spring 2020 Honors courses!**

More information about Honors advising may be found here:

<https://louisville.edu/honors/current-students/honors-advising/fall-honors-advising-campaign>

## HELPFUL TOOLS

### TRANSFER CREDIT

1. Go to ULink from the Louisville homepage.
2. Upon logging in, click on “Student Services” from the tabs at the top.
3. Under the “Admissions” tab, click on “Transfer Evaluation – View/Print.”

### UNOFFICIAL TRANSCRIPT

1. Go to ULink.
2. Upon logging in, click on “Student Services” from the tabs at the top.
3. At the bottom of the “Registration tab” under the “Transcript” heading, click on “View/Print Unofficial.”

*Credits earned prior to your time at UofL may or may not be included in this transcript.*

### LINKS

Course Catalogue:

<http://louisville.edu/undergradatecatalog/>

Cardinal Core:

<http://louisville.edu/provost/GER>

Schedule of Classes:

<http://hal.louisville.edu>

Undergraduate Advising:

<http://louisville.edu/advising>

Remember, you can always call 502.852.6293 or email [honors@louisville.edu](mailto:honors@louisville.edu) with any questions or concerns!

## WALK-IN ADVISING

Walk-in advising will be available at the Etscorn Honors Center from Monday, October 28 to Friday, November 1 (which is also the day of Priority Registration!) between **8:30 - 11:30AM & 1:00 - 4:00PM**. No appointment necessary! Drop by if you need last-minute advice or if you weren't able to schedule an official advising appointment this semester.

In order to help everyone in time, please be prepared to meet with any advisor. Unless you are an HON 101 student or had spoken to an advisor beforehand about meeting during walk-in, you will be placed in the “first available” queue to make sure everyone gets the advising that they need.

Thanks for your understanding!

### HONORS 101 STUDENTS

You **must** meet with your HON 101 advising instructor for class credit. If you have not met with them, please email them or request them at walk-in advising!



# HONORS NEWS

## APPLY FOR THE **MASS SCHOLARSHIP**

Students with demonstrable financial need and involvement in the University Honors Program may apply for awards to buy books and supplies for spring semester classes. Funds for these awards were originally contributed by members of the Mature Adult Student Society (MASS).

Two to three scholarships (ranging from \$300 to \$400) are awarded. Applications consist of a letter outlining your academic program, overall financial need, and projected expenses of books for the spring semester.

**Deadline to apply: Friday, November 1 by 4PM.**

Letters can be hand delivered to the Etscorn Honors Center or mailed to Dr. Joy Hart at:

Dr. Joy Hart  
University Honors Program  
Etscorn Honors Center  
University of Louisville  
Louisville, KY 40292



## WE'RE HIRING! BECOME AN HONORS PEER ADVISOR

If you are interested in helping incoming Honors students during Summer Freshman Orientation, apply to become an Honors Peer Advisor! Honors Peer Advisors work closely with the Honors Program advising staff and administrators, assist first-years with the course selection and registration process during orientation, and promote and discuss the University Honors Program to incoming Honors first-years and

their family members. Those selected to become Honors Peer Advisors will need to be available for training and all Summer Orientation sessions. Training will take place in mid-May while Orientation sessions will run through the end of June. If you are planning on taking summer courses, pursuing research programs, or have any other local summer plans, please keep the Orientation schedule in mind when applying. Honors Peer Advisors typically work between 15-20 hours weekly.

**DEADLINE TO APPLY IS **JAN 13, 2020 BY 4PM****

**APPLY HERE: [tinyurl.com/HONpeers](https://tinyurl.com/HONpeers)**

# HONORS NEWS

**APPLY FOR THE  
SPRING 2020 BOARD OF OVERSEERS INTERNATIONAL TRAVEL SEMINAR**

## **HUMANS & THEIR ENVIRONMENT**

**HON 441/451-07 // TTH, 1:00 - 2:15**

**DR. CARA CASHON**

**SOCIAL SCIENCES OR NATURAL SCIENCES CREDIT**

**ESTIMATED TRAVEL COST: \$2200**

**ESTIMATED TRAVEL: BETWEEN APRIL 28 - MAY 12**

This seminar will focus on how humans interact with their environment in today's world from psychological and cultural perspectives. Human connectedness to nature, nature-protective behaviors, environmental justice, climate change and misinformation, sustainable solutions, and ecotourism will be discussed with the goal of better understanding. The course will culminate in a trip to two places where locals have unique relationships with their local surroundings: Iceland and the Netherlands. Students will experience both the breathtaking natural world of the "Land of Fire and Ice," with its volcanos, waterfalls, geysers, and lagoons, and where residents receive electricity from 100% renewable sources, as well as the unique water canals and cycling culture of Amsterdam, also known as the "Venice of the North" and "City of Bikes," where residents prefer bikes over cars for their daily transportation and tulip season takes over in the spring. Students should be prepared for a trip full of wonderful outdoor adventures and interactions with the natural world!

**APPLICATION DUE BY 4PM ON  
FRIDAY, OCTOBER 11!**

[https://louisville.edu/honors/  
current-students/S20travelapp/](https://louisville.edu/honors/current-students/S20travelapp/)



**Check out the other seminars, too! Topics include the history of *Doctor Who*, international negotiation, how human memory works, the role of music in social justice - and more!**

**Find course times and descriptions here: [louisville.edu/honors/current-students/s20seminars](https://louisville.edu/honors/current-students/s20seminars)**



# HONORS NEWS

## KENTUCKY HONORS ROUNDTABLE

Last month, the Honors Etscorn Conference Scholars traveled to Eastern Kentucky University to present research at the Kentucky Honors Roundtable (KHR) conference. KHR is a great opportunity for undergraduate students to gain experience presenting, as well as network with other Honors students across Kentucky - sometimes, there's even an '80s fashion show! As usual, the UofL Etscorn Conference Scholars did a fantastic job presenting work in a wide variety of disciplines. Thank you to Olivia Sailor, one of Honors' Academic Counselors, for accompanying the Scholars! There will be another KHR conference this coming spring (hosted here at UofL!), and we encourage any interested students to keep that option in mind while working on research projects or academic papers this semester.



### ETSCORN CONFERENCE SCHOLAR & PRESENTATION TOPIC

Victoria Clemons	Influencing Acute Cardiovascular Outcomes through Greenness
Sam Guernsey	American Idiots? Complacency and Technology Use
Emma Jones	The Rise and Fall of Freud





# HONORS STUDENT COUNCIL

## PUMPKIN PAINTING

OCTOBER 15 // 5 - 6:30PM // KURZ HALL COURTYARD

So you've been to the pumpkin patch (or maybe the nearest Kroger - that's okay too!) and nabbed the best pumpkin of the season - but now you've got no idea what to do with it. Should it be creepy? Classic? Silly? Have no fear! Join HSC for a fun, creative evening of pumpkin painting. The event features fall food (free, of course) and prizes.

Painting and carving materials will be provided - all you have to do is bring yourself and your pumpkin.

See you there!



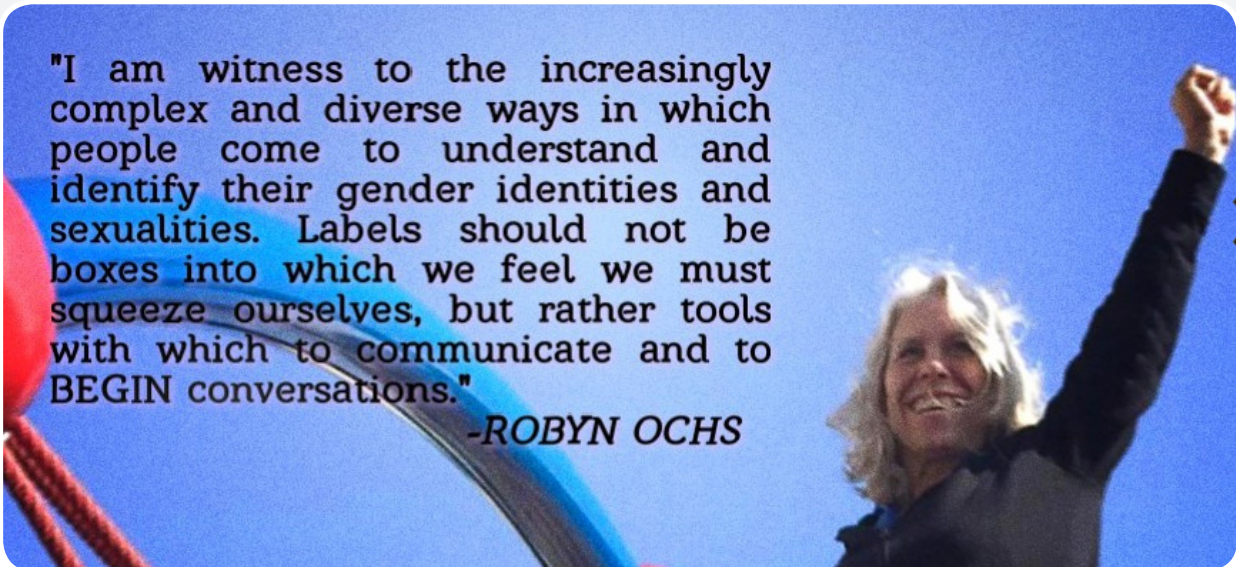
## BEYOND BINARIES WITH **ROBYN OCHS** OCTOBER 21 // 6 - 8PM // SAC BALLROOMS A&B

Robyn Ochs is bisexual activist, leader, and educator whose main areas of focus are gender, sexuality, identity, and coalition building. Join Robyn and HSC for Beyond Binaries, an interactive program that explores the landscape of sexuality. Participants will conduct a thought-provoking anonymous survey of those present and look together at the data. Questions to be explored include: How do we assign labels to our complicated experiences of sexuality? Where do we fall on various sexuality continua? How do we label? How old were we when we came to our identities and to our sexualities? How asexual/sexual are we? How well do our friends and family members understand us?

This program will expand your perspective and change the way you think about labels. Come as you are and with an open mind - **students, faculty, and staff are all welcome and encouraged to attend.**

"I am witness to the increasingly complex and diverse ways in which people come to understand and identify their gender identities and sexualities. Labels should not be boxes into which we feel we must squeeze ourselves, but rather tools with which to communicate and to BEGIN conversations."

-ROBYN OCHS



# HONORS STUDENT COUNCIL

**NOW ACCEPTING DONATIONS!**



**BOOKS, CD'S, DVD'S, VINYL  
VIDEO GAMES, BOARD GAMES, & MORE!**



Questions? Contact us!  
Call (502) 653-2130  
Facebook: @UOFLHSC  
Instagram/Twitter: @bams-uofl  
Email: [honorsbams@gmail.com](mailto:honorsbams@gmail.com)



**ALL PROCEEDS BENEFIT THE AMERICANA COMMUNITY CENTER**

Donations can be delivered to the Etscorn Honors Center (at Threlkeld Hall on the Belknap Campus) between 8AM - 4:30PM.

Pick-ups can be arranged - email at [honorsBAMS@gmail.com](mailto:honorsBAMS@gmail.com) to set one up!

# MIDTERM TRICKS (& TREATS!)

The Honors Program staff hopes that you enjoyed your Fall Break - but now midterms are upon us! If you're feeling petrified by the nightmare of studying and haunted by your potential exam grades, check out these midterm tricks and treats.

## STAY HYDRATED



If you need a coffee to fuel your study session, go for it! And don't be ashamed of your PSL. Using a mix of nutmeg, cinnamon, ginger, and cloves in autumn dishes has been a tradition for hundreds of years - Starbucks 2004 latte is just a modern take on this delicious combination of spices. Remember to keep a water bottle on hand, too. Hydration is more important than caffeine.

## DON'T STUDY IN BED...

Your study spot can make or break the session. Studying where you sleep can result in unplanned naps instead of productivity. Get out of the dorm and into a building like the library, the Honors House, or your major's departmental space so you're in a more focused environment.



## ...BUT DO GET SOME SLEEP!



Staying up all night to cram weeks of information into your head might hurt rather than help. Taking breaks between study sessions and following a healthy sleep schedule will result in a clearer mind when it's time to take that big test!

## UNTANGLE THE MATERIAL

What are the definitions you should know? Put them on flashcards and say the answers aloud. If there will be an essay component, set a timer and write a practice response. If there's a lot of material, get a group together and collaboratively fill out the study guide by pulling from everyone's notes.



## TAKE A HALLOWEEN OUTING



Black cats are rumored to be unlucky - but that's just superstition. For the cutest relaxation time between sessions or as a reward for making it through, visit some cute cats at one of Louisville's cat cafes or a shelter with some pals. If you're more into frights than furry friends, there are plenty of haunted houses in and around Louisville to check out.



# FELLOWSHIPS/SCHOLARSHIPS

## USAID DONALD PAYNE INTERNATIONAL DEVELOPMENT GRADUATE FELLOWSHIP

DEADLINE: FRIDAY, NOVEMBER 1, 2019



**HOWARD**  
UNIVERSITY

The **USAID Donald Payne International Development Graduate Fellowship** is now accepting applications for the 2020 Cohort of Payne Fellows. The Payne Fellowship is a U.S. Agency for International Development (USAID) Program, administered by Howard University, which seeks to attract and prepare outstanding individuals for careers as USAID Foreign Service Officers. Candidates can be graduating seniors or college graduates with strong academic records and a desire to promote positive change in the world. The Payne program encourages the application of members of historically underrepresented groups in the Foreign Service and those with financial need. Selected fellows will receive support for graduate school and gain employment with USAID in an exciting and rewarding career in the Foreign Service.

### PROGRAM BENEFITS

An orientation to the Program and the Foreign Service at Howard University in Washington, D.C. in late spring 2020.

Two summer internships, one on Capitol Hill in summer 2020 and one overseas at a USAID Mission in summer 2021.

Up to \$22,000 annually toward tuition, fees and living expenses for a two-year master's degree in fields related to the Foreign Service such as development, economics, public administration, business administration, global health, agriculture, or environmental science at a U.S.-based institution.

Mentoring from a Foreign Service Officer throughout the duration of the fellowship.

Employment in the USAID Foreign Service for those who successfully complete the program and meet Foreign Service entry requirements, in accordance with applicable law and USAID policy, with each Payne Fellow committing to a minimum of five years of service.

### ELIGIBILITY REQUIREMENTS

U.S. citizenship.

Seeking admission to graduate school in fall 2020 for a two-year program in an area of relevance to the Foreign Service at a U.S.-based institution.

Cumulative grade point average of 3.2 or higher on a 4.0 scale at the time of application.

### THE USAID FOREIGN SERVICE

USAID Foreign Service Officers work on the front lines of some of the most pressing global challenges of our times, including poverty, hunger, injustice, disease, environmental degradation, climate change, conflict and violent extremism. They are part of a corps of officers who have worked for more than fifty years to make lasting improvements to the lives of millions of people around the globe. USAID Foreign Service Officers are stationed in Washington and in more than 75 countries in five regions worldwide – Africa, Latin America and the Caribbean, Europe and Eurasia, Asia, and the Middle East. They work alongside colleagues from other U.S. government agencies to achieve our country's foreign policy objectives in democracy and governance, economic growth and trade, peace and security, education and health, conflict mitigation and humanitarian response.

More Info:

<https://www.paynefellows.org>

Email Bethany Smith at  
[bethany.smith.1@louisville.edu](mailto:bethany.smith.1@louisville.edu)  
to get started!

# FELLOWSHIPS/SCHOLARSHIPS

## CRITICAL LANGUAGE SCHOLARSHIP [ALL DISCIPLINES, ALL LEVELS]

*DEADLINE: WEDNESDAY, NOVEMBER  
27, 2019*



The Critical Language Scholarship (CLS) is a summer scholarship designed to provide students with the opportunity to study critical languages in countries of national security interest to the U.S. State Department. The eight to ten week program includes intensive language instruction and structured cultural enrichment experiences designed to promote rapid language gains and cultural immersion.

CLS plays an important role in preparing students for the 21st century's globalized workforce and increasing national competitiveness. The following languages are eligible for study:

**Two years of prior study required:** Chinese, Japanese

**One year of prior study required:** Arabic, Korean, Portuguese, Russian

**No prior study required:** Azerbaijani, Bangla, Hindi, Persian, Punjabi, Indonesian, Korean, Swahili, Turkish, Urdu

For more information see: <http://www.clscholarship.org>. You do not need our institutional endorsement to apply for this scholarship; however, we can help you develop and revise your answers to the application questions. To make an appointment, please email [bethany.smith.1@louisville.edu](mailto:bethany.smith.1@louisville.edu).



## THE PPIA JUNIOR SUMMER INSTITUTE FELLOWSHIP PROGRAM

*DEADLINE: FRIDAY, NOVEMBER 1, 2019*

The PPIA Junior Summer Institute (JSI) Fellowship Program is a rigorous academic graduate-level preparation program for undergraduate juniors committed to public service careers. The program was started to address the lack of diversity across the spectrum of professional public service, including government, nonprofits, public policy institutions, and international organizations. The purpose of the JSI Fellowship is to prepare students to obtain a Master's or joint degree, in public policy, public administration, international affairs, or a related field.

This fully-funded opportunity equips fellows with the knowledge and skills they will need to succeed in graduate school and ultimately, in influential roles serving the public good. Once a student has successfully completed their JSI, they join an alumni network of more than 4,000 leaders. In addition to the opportunities that this network provides for mentoring and career development, our alumni network has the opportunity to receive financial support for their graduate school education if they attend one of the programs in our Graduate School Consortium.

The JSI curriculum includes economics, statistics, domestic/international policy issues, and leadership topics, all designed to sharpen the students' quantitative, analytic, and communication skills. Extracurricular activities are included, as well. These skills are vital for admission into the top graduate programs in public and international affairs. The successful completion of a summer institute is a requirement for PPIA Fellows to qualify for graduate school benefits.



# FROM OUR FRIENDS



## REACH (RESOURCES FOR ACADEMIC ACHIEVEMENT)

Interested in graduate school? REACH and the Graduate School have partnered with The Princeton Review to offer UofL students and members of the community FREE workshops and review sessions.

### For LSAT/DAT/MCAT prep workshops:

See the table to the right for the schedule and register for a FREE graduate exam review session, where you will review test-taking strategies and get advice from a Princeton Review professional.

Session	Location	Date	Time
LSAT (Workshop)	Belknap Academic Building Room 248	October 16	6:00 – 8:00 PM
DAT (Workshop)	Belknap Academic Building Room 248	November 13	6:00 – 8:00 PM
MCAT (Workshop)	Belknap Academic Building Room 248	October 23	6:00 – 8:00 PM

Register in advance at [origin-www.princetonreview.com/offer/louisville](http://origin-www.princetonreview.com/offer/louisville).

### For test prep workshops for the GRE:

Check out the schedule to the right and register online at [bit.ly/2YjGdOj](http://bit.ly/2YjGdOj). Additional resources at [princetonreview.com/louisville](http://princetonreview.com/louisville).

11/16/19: 10am-12pm, online  
2/26/20: 5:30-7:30pm, BAB 248  
4/11/20: 10am-12pm, online

Questions? Contact [lrcutor@louisville.edu](mailto:lrcutor@louisville.edu) or call 502.852.8114.

## STAY CONNECTED WITH HONORS!

Remember, we're on Twitter and Instagram [@UL\\_Honors](https://twitter.com/UL_Honors) and on Facebook [@LouisvilleHonors](https://www.facebook.com/LouisvilleHonors). We'd love to see your photos from Honors events - so follow, like, and tag us!

## A WORD FROM THE EDITOR

Hello again, readers of *The Current*! Even though I'm a scaredy-cat when it comes to haunted houses and horror movies, Halloween is one of my favorite holidays. I hope this Halloween issue of *The Current* is helpful. I don't think I'd be much use against a zombie horde, but I can at least try to ease your academic fears! (Luckily, the only zombies at Honors are faculty/staff without their morning coffee.) No matter what your plans are this month, have a good time and stay safe while you enjoy the candy, costumes (any other Kirks out there?), and classic movies. I highly recommend *Hocus Pocus*, *ParaNorman*, *Coraline*, and *Scooby Doo on Zombie Island* to get you in that frightfully fun Halloween mindset.

I'm off to the pumpkin patch -  
see you next issue!

