

Hummus

DIFFICULTY LEVEL- EASY

PRICE-CHEAP

INGREDIENTS:

- 1 can (19 ounces) chickpeas, rinsed and drained
- 1/4 cup fresh lemon juice
- 1/4 cup sesame tahini
- 1/4 cup water
- 1 tablespoon olive oil
- 1 clove garlic, freshly minced
- 1/2 teaspoon salt

DIRECTIONS:

- Combine all ingredients in a food processor fitted with metal chopping blade; pulse to puree.