

Sweet Potato Hummus

Difficulty level- easy **Price-** cheap

1 can Garbanzo beans, drained

2 tsp cumin

¼ cup olive oil

1 clove garlic (optional)

2 Tbsp Lemon Juice

¼ tsp salt and pepper

1 sweet potato, cooked

Place all ingredients in a food processor and blend well. Add additional olive oil to get to a creamy texture. Use your favorite veggies, pretzels, or whole wheat crackers to dip.