

Enhance your yoga practice.
Try something new.
Start your year off calm and strong.

Yoga with Live Music

All levels welcome!

Two dates in January:

Sunday, Jan 10th, 7:30pm-8:30pm

Keyboard: Rob Monsma

Instructor: Matt

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Thursday, Jan 14th, 7:30pm-8:30pm

Violin: Martina Langdon

Instructor: Layne

Location: Student Rec Center (SRC)

with live music!

Yoga



For more information:

louisville.edu/healthpromotion



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