

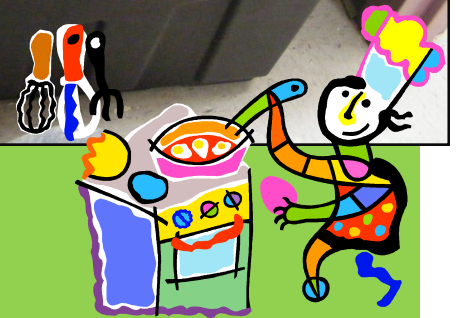
Cooking Kits in Residence Halls...

Provided so students can develop their **Basic Pantry skills: shopping for nutrient-dense foods and cooking real food.**



Health Promotion provides cooking kits in residence halls on a

rotating basis. Kits include pots, pans, utensils, Basic Pantry Recipe Book, cleaning supplies and more. Check out the kit from your residence hall front desk and you will be equipped with all the items necessary to make a delicious and healthy meal!



Does your Residence Hall have a kit?

Contact your Building Director to find out.

Sponsored by the Health Promotion Office and the Dining Services Committee

Phone: 502-852-5429

louisville.edu/healthpromotion

Campus Health Services

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