

THE MARKETPLACE

Student Activities Center - 1st Floor

ENTREES



PRIME GRILL | Southwest Garden Burger



OLILO | Falafel bowl or flatbread
AQUA SUSHI | Veggie roll w/ seaweed salad, edamame

THE EXCHANGE

Rotating menu of world cuisine. Vegan/Vegetarian options available in most rotations. Ask the cook or look for RD signage indicating the current vegan and vegetarian options

SALAD BAR | COMING SOON!

THE VILLE GRILL



VEGAN & VEGETARIAN OPTIONS

The Ville Grille is your one stop shop for a variety of options that fit your needs and preferences. It offers a full vegan bar for individuals following a vegan/vegetarian lifestyle.

Vegan and Vegetarian markers are located on nutritional placards at each station to identify appropriate items. A variety of nuts, seeds, and spreads are offered at the salad bar to round out a salad to a complete meal. Ask a Manager or Chef about which dressing options are Vegan.

DAILY MENU

Visit louisville.edu/dining for daily menus



Our Campus Dietitian, Executive Chef, and the UofL Dining team work hard to make sure there are healthy, nutrient-dense options available for every lifestyle. If you have questions or concerns, please reach out to us.

This brochure serves as a guide to help identify some of the nutrient dense vegan and vegetarian options that make a balanced meal. Not all vegan and vegetarian options are listed (such as fries or yogurts available at some locations). Some locations- Chick-Fil-A, Wendy's, City Café, and Panda Express- do not provide enough options to pair and create a balanced, nutrient dense meal, but still have vegan and vegetarian options available. For a complete list of all vegan and vegetarian options at each location, visit:

louisville.edu/dining



SCHEDULE YOUR APPOINTMENT

This guide was created by our Registered Dietitian and is meant to be a quick, easy way to find the vegan & vegetarian options at our dining locations. If you need additional assistance, please contact our Registered Dietitian to schedule an appointment:

louisville.edu/healthpromotion/services/nutrition-coaching

CONNECT WITH US!

   | @uofldining

Vegetarian & Vegan

CAMPUS
DINING
OPTIONS

 DINING
SERVICES




DINING LOCATIONS

AU BON PAIN

Kornhauser Library - H.S.C. Campus

ENTREES

 Mediterranean Power Pack
Egg Whites, Cheddar & Avocado-Skinny Wheat Bagel

 Veggie & Hummus Wrap
Any Lentil Soup


PAIRINGS

 Fruit Cup
Fresh Fruit

CITY CAFÉ

Duthie Center

ENTREES

 Southwest Vegetarian Quesadilla
Chipotle Black Bean Burger


 **Hummus Platter**
Southwest Taco (No Chicken)

EINSTEIN BROS. BAGELS

Bingham Humanities Building

ENTREES

 Spinach, Mushroom & Swiss


 **Bagel w/peanut butter or hummus**
Vegout Sandwich (sub hummus for signature sauce)
Powerbagel w/Peanut Butter or Hummus

PAIRINGS

 Yogurt Parfait

 Fruit Cup
Garden Salad

 **Vegetarian** No meat or fish.

 **Vegan** No meat, fish, eggs, dairy, honey, or gelatin.
All vegan items are also vegetarian.

 **MEAL SWIPE COMBO**

McALISTER'S DELI

Miller I.T. Center

ENTREES

 **Veggie Club, pickle & 1 side**
Cheese Spud

 **Just a Spud & Small Garden Salad**
Veggie Chili

PAIRINGS

 Garden Salad Fruit cup
Apple Sauce Steamed Broccoli

PANDA EXPRESS

Student Activities Center - 1st Floor

ENTREES

 Veggie Spring Rolls*
Cream Cheese Rangoon*

PAIRINGS

 Mixed Vegetables**
Steamed Brown Rice

*All items are cooked/fried in the same oil/equipment as meat and cheese products.


**Vegetables are not vegan. They are seasoned with a powder containing soy, dairy, and wheat.

***Any item with "basic sauce" contain chicken fat and chicken broth

PAPA JOHN'S PIZZA

Student Activities Center - 1st Floor

ENTREES

 Signature Mozzarella Cheese Pizza

 Garden Fresh Pizza w/ No Cheese and Classic Crust

P.O.D. | GRAB & GO

Davidson Hall, University Tower Apts.


ENTREES

 Look for the natural & organic snack sections

STARBUCKS

S.A.C. East, Ekstrom Library, H.S.C. Campus Bookstore

ENTREES

 Vegetable Frittata on Artisan Roll
Spinach, Feta Roasted Tomato on Wheat Wrap

 Perfect Oatmeal w/Fruit, Brown Sugar & Nuts


SUBWAY

Davidson Hall

ENTREES

 Veggie Delight Salad/Sandwich*
Veggie Pattie*

PAIRINGS

 Apple Slices

*Hearty Italian, Italian, Sourdough & Wrap are Vegan

*Mustard, oil, vinegar, sweet onion, fat free Italian, vinaigrette, & buffalo sauce are vegan

TWISTED TACO

Louisville Hall

ENTREES

 Vegetarian version of any taco

 **2 Tacos-Veggie or Tofu***
Vegetarian or Tofu Twisted Nachos, Burrito, or Bowl*

*Ask for no cheese, sour cream, dressing, queso or mayonnaise

FOR MORE INFO & COMPLETE MENUS, VISIT:

LOUISVILLE.EDU/DINING