

volunteers fitness safer-sex-supplies STtesting U-Fit flu-kits vitality resilience academic SexualHealth Louisville
 NutritionNavigators smoking-cessation fit-coach message yoga advocates
 promotion HungryCards excellence FlashNap

CAMPUS Health NEWS

Receive Campus Health News in your email! Contact: healthpromo@louisville.edu
SIGN UP TODAY!

WALK TO SAVE A LIFE



National Walk Sponsor



Louisville, KY

NEDA Walk

Saturday, October 17th

Bellarmine University - Quad

8:30 AM Registration

9:00 AM Opening Ceremony



Join our team:

[UofL Health Promotion Team!](#)

show your support & walk with us

To register or donate visit:

www.nedawalk.org/louisville2015

BE SMART, BE SUSTAINABLE

UofL Campus Sustainability Week

October 18th-24th

Stop by the Ville Grill Oct. 19th from 11am-2pm

Participate in **WEIGH THE WASTE** to help promote sustainability and measure how much food really goes to waste on our campus!

SUSTAINABILITY FAIR
 Oct. 21st 10am-12pm

Visit the Humanities Quad to learn what campus & community groups are doing to create a sustainable revolution.

Get involved, green freebies, great info & more!



Where's the Beef?

Tuesday, October 13th
 11am-1pm
 UofL Red Barn

Free fresh, luscious, and local cuisine: vegetarian and vegan.

Come visit the Petting Zoo!



Enjoy **LOCAL NIGHT** at the Ville Grill
 Come by for dinner on **October 23rd**
 for a farm to table menu serving only local foods!

HEALTH PROMOTION
Learn More. Live Well.

Between the SAC and Houchens
 P:502.852.5429
louisville.edu/healthpromotion

 @HealthyCards
 UofL Health Promotion