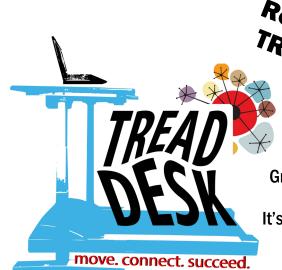


CAMPUS HEALTH NEWS

YOUR CALL TO ACTION AND LATEST WELLBEING NEWS



Reserve time on a Today!

Great for reading, studying, meeting, & more! It's FREE! Book as much time as you need.

louisville.edu/healthpromotion



TAKE BACK THE NIGHT

Wed, March 30th. UofL Red Barn Panel Discussion—3:30pm Resource Fair—5:00pm Rally & March 6:00pm louisville.edu/peacc for more info

HAVE YOU COMPLETED **THE WELLBEING SURVEY? DO IT NOW!**

It's in your inbox and takes LESS THAN 10 MINUTES! Don't miss your chance to win an amazing prize!

20 Mindful Minutes

Relax and Refocus

Drop in for guided relaxation, a snooze, or a quiet calm space.

Mon-12:30pm, Health Promotion Office Wed-9:00am, Life Sciences Rm 127 Thurs-12:30pm, Interfaith Center





B114: 4 Tuesdays
March 22, 29, April 5, & 12
5:15pm-6:30pm
Health Promotion-Waiting Room

To register: louisville.edu/healthpromotion

Receive Campus Health
News in your email!

Contact:

healthpromo@louisville.edu

SIGN UP TODAY!



Between the SAC and Houchens P:502.852.5429 Iouisville.edu/healthpromotion



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