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 FlashNap
 promotion HungryCards excellence

CAMPUS Health NEWS

Want to receive Campus Health News via email? Contact: healthpromo@louisville.edu
SIGN UP TODAY!



Thursday, April 2, 2015 8:00pm-9:00pm
 Location: SRC Room 200

Learn to teach

Learn to teach

Mini Me Yoga

Become a certified instructor and learn to facilitate yoga, mindfulness and positive thinking programs for kids!

Where: Health Promotion Office, Student Services Annex

When: Friday, April 10th, 10:30 a.m. – 12:30 p.m.

Cost: \$28 or bring a friend and pay only \$25 each

In addition to training participants will receive a certificate and a set of 14 Yoga Cards.

To reserve your spot visit: <http://goo.gl/forms/qRhGJkLyZZ>
 Or email Bridget Dewson: bridget@minimeyoga.com

Hot weekend?



MAN UP MONDAY!

Free HIV testing every Monday from 11 - 3 in the Health Promotion Office.

Participate

Participants needed for a cigarette smoking study

The School of Nursing is conducting a study to examine the trajectory of smoking behavior in college students (ages 18-24) & their motivation to stop smoking. The study will involve a series of text-messages delivered over three weeks, regarding smoking and motivation to quit, and three 20-30 minute online surveys. Participants will receive \$30 compensation over the course of the study.



IRB Number: 14.0816

Study Contact: Anna Jorayeva; 502-551-4475 (call or text);

Email: a0jora01@louisville.edu.



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