

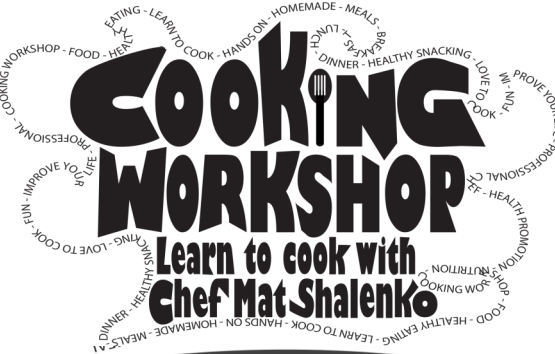
volunteers fitness safer-sex-supplies NutritionNavigators STitesting U-Fit flu-kits vitality resilience academic SexualHealth Louisville  
 fit-coach message yoga advocates  
 promotion HungryCards excellence FlashNap

# CAMPUS Health NEWS

Want to receive Campus Health News via email? Contact: [healthpromo@louisville.edu](mailto:healthpromo@louisville.edu)  
**SIGN UP TODAY!**

## Clueless in the kitchen?

Schedule a



Learn to cook with Chef Mat Shalenko



Gather a group of friends for a hands on experience and learn how to cut, chop, cook, and EAT a delicious healthy meal!

For more information or to request a program visit: [louisville.edu/healthpromotion](http://louisville.edu/healthpromotion)  
**COME CURIOUS AND HUNGRY!**

RADIATE POSITIVE VIBES



## FREE YOGA

Led by Certified Yoga Instructors Matt Harris and Beth Tantarella  
**ALL LEVELS WELCOME!** All equipment provided.

4 classes per week! (see website for class schedule)  
 Location: HEALTH PROMOTION OFFICE ACTIVITY ROOM

Register for free classes, pay enrollment fee, & purchase class cards at: [louisville.edu/healthpromotion](http://louisville.edu/healthpromotion)

**NOW ON MONDAYS!**  
**DON'T JUST THINK ABOUT IT!**  
**GET YOURSELF TESTED**

**FREE HIV TESTING**  
 Every MONDAY from 11:00am-3:00pm  
 Location: Health Promotion Office  
 Student Services Annex between the SAC & Houchens

**NO APPOINTMENT NEEDED- first come, first tested.**

## JOIN THE HEALTH PROMOTION TEAM AS A HEALTH ADVOCATE LEADER!

Now hiring! Paid positions available for the 2015/2016 school year. Deadline to apply: February 20th 2015  
 Gain valuable experience in one of the Health Promotion Office's many subject areas while sharing your passion for health with the campus community!

For more information or to apply visit: [louisville.edu/healthpromotion](http://louisville.edu/healthpromotion)



Between the SAC and Houchens  
 P:502.852.5429  
[louisville.edu/healthpromotion](http://louisville.edu/healthpromotion)

@HealthyCards  
 UofL Health Promotion