

safer-sex-supplies STtesting U-Fit flu-kits vitality resilience
 volunteers fitness NutritionNavigators smoking-cessation academic
 fit-coach message SexualHealth Louisville
 yoga ad

CAMPUS Health NEWS

promotion HungryCards excellence FlashNap

Want to receive Campus Health News via email? Contact: healthpromo@louisville.edu
SIGN UP TODAY!



Cardinals Always Seek Consent!

What is consent? How can you ask for consent without ruining the mood? How drunk is too drunk to get consent? Why is this important?

Look for the kissing booth in the SAC on Feb. 11 & 12 to find out answers to these questions and more!

For more information visit peacc.louisville.edu

LISTEN TO YOUR HEART

FOLLOW YOUR HEART TO THE WELLBEING STATION in the SRC

Stop by this month to participate in exciting & heartfelt challenges brought to you by the Health Promotion Office & KentuckyOne Health

\$7 - 30 min CHAIR MASSAGE

By Appointment for UofL Students

To schedule an appointment visit:

louisville.edu/healthpromotion

Mondays & Tuesdays 12:00-3:00pm

Wednesdays 1:00-4:00pm



Support Sustainability on campus by visiting the



Every Wednesday in the Unitas Tower Basement

Pick up or donate clothes, shoes, electronics, household items, books, art supplies, and more! Help keep useful items out of our landfills.

Reduce-Reuse-Recycle

For more info visit: louisville.edu/sustainability

JOIN THE HEALTH PROMOTION TEAM AS A HEALTH ADVOCATE LEADER!

Now hiring! Paid positions available for the 2015/2016 school year. Deadline to apply: February 20th 2015
 Gain valuable experience in one of the Health Promotion Office's many subject areas while sharing your passion for health with the campus community!

For more information or to apply visit: louisville.edu/healthpromotion



HEALTH PROMOTION
Learn More. Live Well.

Between the SAC and Houchens
 P:502.852.5429
louisville.edu/healthpromotion



@HealthyCards



UofL Health Promotion