Certain skills and characteristics are considered important for student success in graduate school. In selecting from the skills and characteristics below, we recommend that you consider your areas of strength as well as the skills and characteristics that are important to the program to which you are applying.

**Required for Degree Seeking Applicants:** Please choose two of the areas below and discuss how your experience(s) demonstrate those qualities, and limit your response to 300 words. You may choose the same experience in addressing the two areas you selected. It is important to first check on your program's webpage for specific instructions as some programs may indicate specific areas to address, and may require a personal or academic statement.

**Leadership**

- Ability, preparation and desire to inspire others. Willingness to help others succeed. Ability to recognize, respect, and encourage on the unique strengths of others; Being able to be an active member in a group that achieves a shared vision.

**Community Engagement**

- Recognizes and acts on their responsibilities to society; Locally, nationally, and globally.

**Resilience and Adaptability**

- Demonstrates tolerance of stressful or changing environments or situations and adapts effectively to
them; is persistent, even under difficult situations; recovers from setbacks; able to navigate challenges and handle multiple, competing demands.

Explain:

Accountability and Responsibility

- Consistently fulfills obligations in a timely and satisfactory manner; Takes responsibility for personal actions and performance and their impact on others.

Explain:

Self-Motivation

- Ability to take initiative to set goals and work autonomously to make progress toward those goals.

Explain:

Capacity for Self-Improvement

- Solicits and responds appropriately to feedback; Seeks opportunities to learn new things; Engages in reflective practice for improvement, including recognition of personal strengths and weaknesses.