

2025 GET HEALTHY NOW PROGRAM RESULTS

142

Participated in the first ever **Pacific Crest Trail Wellness Challenge**

49,000

Miles recorded

1,909

Employees participated in **Behavior Modification** programs to support their overall well-being

2,820

Attendance for **HRtalks Wellness**

Worksite Wellness Council of Louisville
PLATINUM LEVEL AWARD 2025

4.7/5



Satisfaction rating with well-being offerings and services



3,523

Employees enrolled in the **Get Healthy Now** program



364

Participated in the **Healthy Hydration Challenge**



111,104

Ounces of water recorded