

Want to stop using tobacco?

Take the first step!

Plan to be Tobacco FreeSM was developed by the Kentucky Cancer Program to assist thousands of Kentuckians who want to stop using tobacco. Attend this one-time educational session with a trained facilitator who will provide you with a toolkit to help you create a plan to be tobacco free.

Plan to be Tobacco FREESM
www.kycancerprogram.org



PlantobeTobaccoFreeSM

A free educational one-time session that will help those interested in overcoming tobacco use and dependence including a customized quit plan.

Location: Get Healthy Now Wellness Center
601 Presidents Blvd.
Louisville, KY 40217

Date: Tuesday, March 26, 2019

Time: 5:00pm-6:00pm

