



Get Healthy Now

March Madness Challenge

Let's hoop it up and slam dunk your way into
March Mania!
Who's got next?

Join the GHN March Madness Challenge, promoting team work, physical activity, and a fun fitness routine. Teams earn points for participating in fitness classes and other exercise opportunities at the GHN Wellness Center.

Game Plan:

- Teams must consist of five (5) players
- Earn points by participating in classes and overall time spent at the Wellness Center
- Compete head-to-head with other teams and advance through the bracket with weekly games.
- Winning team will receive the grand prize!



Get Healthy Now
Wellness Center

Tip-off: March 14-April 11, 2016

Eligibility: UofL Get Healthy Now Wellness Center members

Sign-up: <http://louisville.edu/gethealthynow>