

LaBlast®

fitness powered by dance

TAUGHT BY
THREE TIME
WORLD CHAMPION
LOUIS VAN AMSTEL

LABLAST LINE DANCING OPEN CLASS

Are you ready to take traditional line dancing out of the saddle and onto the ballroom floor, while blasting it to a whole new level of fun and fitness? Then LaBlast Line Dance is for you! Easy-to-learn dances including Disco, Foxtrot, Samba, Paso Doble, and more get you moving to all four walls in no time at all. All dances are partner-free and can be done anywhere, making LaBlast Line Dance the next social dance revolution. Put a smile on your face and join the fun!

\$10 UNTIL MARCH 31 | \$15 UNTIL APRIL 14 | \$20 AT DOOR

CLASS SCHEDULE

SAT, APRIL 14, 2018
6:00PM-7:00PM

CLASS LOCATION

GET HEALTHY NOW WELLNESS CENTER
601 PRESIDENTS BLVD
LOUISVILLE, KY 40217

TO REGISTER OR FOR MOR INFORMATION VISIT US ONLINE : WWW.LABLASTFITNESS.COM/EVENTS