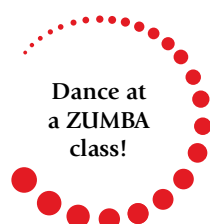
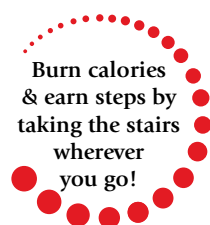
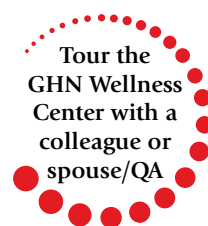


## Connect the Dots with GHN in January!

GHN is challenging YOU to connect the dots this month! Think BINGO: Connect 5 dots across, down, or diagonally to be entered to earn an awesome PRIZE! It's in you!



Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Date: \_\_\_\_\_ Admin: \_\_\_\_\_

\*Walk & Run Club, Weight to Wellness, Meatless Monday, etc. / \*\*W.O.W. = Workout of the Week / \*\*\*Mindfulness tracks go great with a workout!