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GetHealthy**Now**

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**Gain KNOWLEDGE and know  
your NUMBERS  
to make HEALTHY choices**

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*Get the 411 on your health. Knowing your digits is an important first step towards achieving better health.*

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**Sign up today for the following FREE health screenings:**

Cholesterol (total, HDL, LDL, triglycerides), blood pressure, resting heart rate, blood glucose, waist/hip ration, and body mass index.

**How to sign up:**

Contact Get Healthy Now at [ghn@louisville.edu](mailto:ghn@louisville.edu) to schedule a screening at our new location, 1980 Arthur Street. Our entrance is on the side facing Brandeis Ave.

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**There are limited time slots available. Sign up today!**

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