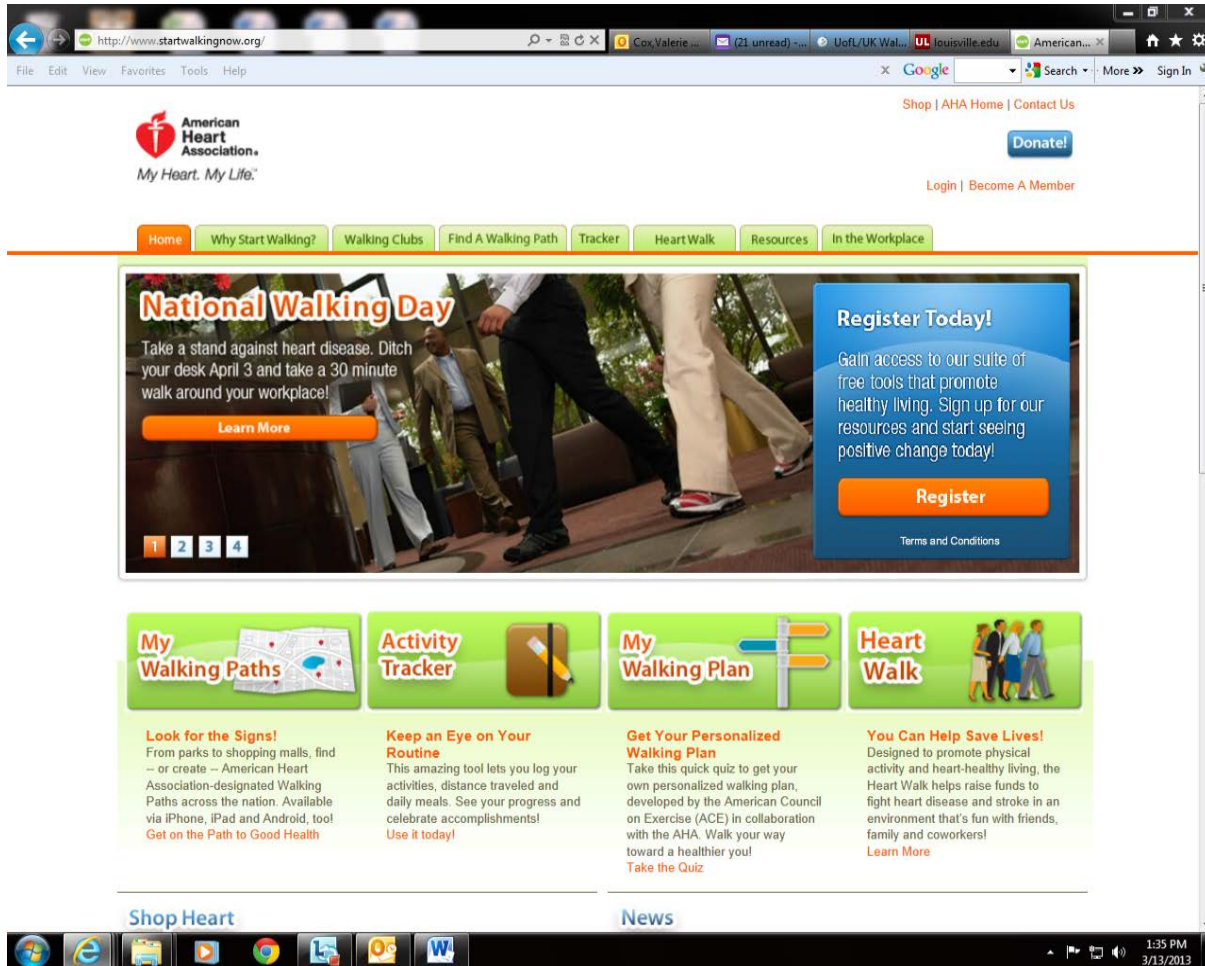


How to Register on www.startwalkingnow.org:

**Note: If you have previously registered with the American Heart Association, your information is already stored. You do not have to register again, but be sure to use the same login information that you provided.*

1. On the home page, click the “Register” button in the “Register Today!” box.



2. Enter all required contact info: First name, last name, email, address, city, state, and zip code. This is how we will contact you if you have won an incentive.
3. In the box that says “Company” click the orange phrase that says “Search for Company.”

Search for company Clear

(with no company name selected) c

company will only be used to place y

4. In the box that appears, type in, “University of Louisville” and then click “Search.”

Please Select

Search for company Clear

ith no company name selected) or as part of your organization

company will only be used to place you on the proper le

Community profile.

University of Louisville Search

- If you are registering as part of your company's wellness program, please contact your HR representative to get the exact company registration information.
- Company not listed? Then please contact your HR representative to get your company registered.

5. Select “40292 University of Louisville” by clicking on it.



6. You do not need to specify a department or team.
7. Create your own password, and re-enter it where it says “Confirm.”
8. Enter your weight and height.
9. Under Preferences, make sure the first box is checked to make sure that we can see your activities. This helps us to determine if you are eligible to receive an incentive at the end of the challenge.

A screenshot of the 'Preferences' section of a registration form. The section is titled 'Preferences' in orange. It contains several checkboxes and text fields. The first checkbox is checked, and a red arrow points to it. The text next to it says: 'If checked, your employer will be able to see your name, department, email address, and physical activities. However, no one will see your health information (i.e. weight or height).' The second checkbox is unchecked, and the text next to it says: 'If checked, you may receive special offers and information from our Start! Sponsors'. The third checkbox is checked, and the text next to it says: 'Click this box to indicate you agree to the Terms of use*'. The fourth checkbox is checked, and the text next to it says: 'Click this box to indicate you agree to the Community Guidelines*'. At the bottom of the section is a blue 'Submit' button.