

Get Healthy Now WELLNESS CENTER 2015/2016 *Holiday Schedule*



The Get Healthy Now Wellness Center holiday schedule helps you plan ahead to make sure your health and wellness goals are met during the busy holiday season. Have a safe & happy holiday!

Dates	Hours of Operation	
Wed, November 25, 2015	6:00 am – 2:00 pm	Group Fitness: <ul style="list-style-type: none"> • 7:15am: Ab Lab • 8am-12pm: Open Gym • 12-1230pm: Fit in 30!
Thurs, November 26, 2015	Thanksgiving Day CLOSED	
Fri, November 27, 2015	CLOSED	
Thurs, December 24, 2015	Christmas Eve 6:00 am – 2:00 pm	Group Fitness: <ul style="list-style-type: none"> • 6:30am: Fit in 30! • 8am-12pm: Open Gym
Friday, December 25, 2015	Christmas Day CLOSED	
Sat, December 26, 2015	12:00 pm – 5:00 pm No group fitness. Open Gym: 2-4pm	
Sun, December 27, 2015	12:00 pm – 5:00 pm No group fitness. Open Gym: 2-4pm	
Mon, December 28, 2015	9:00 am – 5:00 pm	Group Fitness: <ul style="list-style-type: none"> • 10 am: Fit in 30! • 12-3 pm: Open Gym
Tues, December 29, 2015	9:00 am – 5:00 pm	Group Fitness: <ul style="list-style-type: none"> • 10 am: InCycle • 12-3 pm: Open Gym
Wed, December 30, 2015	9:00 am – 5:00 pm	Group Fitness: <ul style="list-style-type: none"> • 10 am: Fit in 30! • 12-3 pm: Open Gym
Thurs, December 31, 2015	New Year's Eve CLOSED	
Fri, January 1, 2016	New Year's Day CLOSED	
Sat, January 2, 2016	9:00 am – 5:00 pm Normal Hours of Operation*	
Sun, January 3, 2016	12:00 pm – 5:00 pm Normal Hours of Operation*	

Visit reception or contact ghn@louisville.edu or 852-7755 with questions.

*Normal Hours of Operation: Mon-Fri: 6 a.m.-9 p.m. | Sat.: 9 a.m.-5 p.m. | Sun.: 12 p.m.-5 p.m.