

# BRICC

SUBSTANCE MISUSE. HARM REDUCTION. RECOVERY SUPPORT.

Mary Beth Uberti, BRICC Program Coordinator

Martin T. Hall, Kent School Professor and BRICC Steering Committee

# 30-Day Substance Use Prevalence, 2023: College vs. Noncollege Young Adults

	Total			Men		Women		Sex Differences	
	Full-Time College	Non-College	College/Non-College Differences	Full-Time College	Non-College	Full-Time College	Non-College	Full-Time College	Non-College
Cannabis	26.1	28.8	n.s.	26.7	27.9	25.6	29.9	n.s.	n.s.
Vaping Cannabis	14.2	19.6	p<.05	15.5	20.0	13.5	19.5	n.s.	n.s.
Alcohol	55.0	51.9	n.s.	51.0	53.3	58.4	52.0	n.s.	n.s.
Cigarettes	4.0	8.3	p<.05	3.7	11.3	4.0	3.8	n.s.	p<.01
Vaping Nicotine	18.0	28.8	p<.001	19.1	31.5	16.9	25.3	n.s.	n.s.
Any Drug other than Cannabis	4.2	5.4	n.s.	7.0	6.7	1.7	3.5	p<.01	n.s.
Hallucinogens	2.3	2.9	n.s.	3.7	3.8	0.8	1.6	p<.05	n.s.
Hallucinogens other than LSD	1.5	2.9	n.s.	2.2	3.8	0.8	1.4	n.s.	n.s.
MDMA (ecstasy, molly)	*	0.3	n.s.	*	0.7	*	*	n.s.	n.s.
Narcotics other than Heroin	0.1	0.1	n.s.	0.2	0.2	0.1	*	n.s.	n.s.
Sedatives (Barbiturates)	0.3	0.1	n.s.	0.6	0.2	*	*	n.s.	n.s.
Tranquilizers	0.5	0.2	n.s.	0.5	0.1	0.4	0.4	n.s.	n.s.
Amphetamines	0.8	0.9	n.s.	1.6	1.3	0.3	0.5	n.s.	n.s.
Any Prescription Drug	1.3	1.2	n.s.	2.1	1.5	0.7	0.8	n.s.	n.s.
Cocaine	0.4	1.6	n.s.	1.0	2.3	*	0.7	n.s.	n.s.

Notes. '\*' indicates a prevalence rate of less than 0.05%.

# Association between high-risk substance use and academic and health outcomes

- Of full-time college students ages 18 to 22, **29%** engaged in binge drinking in the past month (NSDUH, 2023)
  - Students who binge drink are **6x** more likely to perform poorly on tests and **5x** more likely to miss class (Presley & Pimentel, 2006)
- About **one in five** college women experience sexual assault during their time in college (Muehlenhard et al., 2017), and the majority of assaults involve alcohol or other drugs (Carey et al., 2015; Lawyer et al., 2010)



**Accurate, nonjudgmental  
programs, services,  
experiences and  
resources about alcohol  
and other substances.**



**[www.louisville.edu/bricc](http://www.louisville.edu/bricc)**



**[briccchs@louisville.edu](mailto:briccchs@louisville.edu)**



**Stevenson Hall, Room 520**

# **BRICC**

**SUBSTANCE MISUSE. HARM REDUCTION. RECOVERY SUPPORT.**



# BRICC Health Advocate Leaders

---

# First Year Experience Classes

- **Presentation**
  - 25 minutes
  - 40 minutes
- **Alcohol focused**
  - Awareness of BRICC
  - Standard Drink size
  - Harm reduction strategies
  - Signs & Symptoms of Alcohol Poisoning
  - Awareness of Medical Amnesty
- **Scheduling**
  - Request to present sent in July
    - Department advisor



# WHAT WE OFFER

---

## Programs

- Alcohol 101
- Watch Your Drink
- Narcan Training
- Interactive Tabling
- Request at [www.louisville.edu/bricc/programs](http://www.louisville.edu/bricc/programs)

## Recovery Support

- All Recovery Meetings
- Peer Support meetings

## Resources

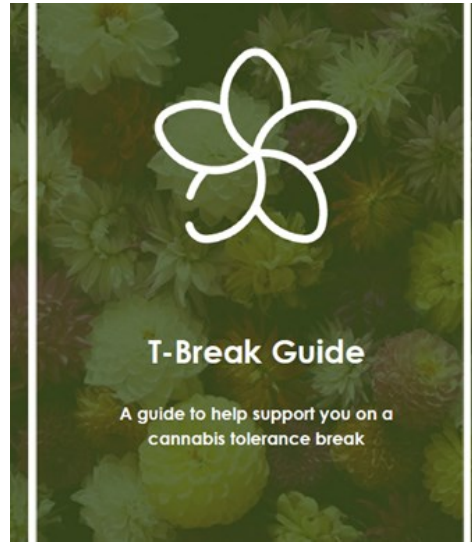
- ScreenU Alcohol, Cannabis, Rx Drugs
- eCHECKUP TO GO
- T-Break Guides

# Cannabis

Misuse Prevention

State Law

T-Break Guides



## LET'S CLEAR THE AIR

- In Kentucky, there is no legal adult recreational use of cannabis.
- The legalization of medical cannabis occurred March 31<sup>st</sup>, 2023, and will not take effect until the beginning of 2025.
- Medical cannabis can only legally be acquired with the proper medical diagnosis, certification, and dosage.
- For more information, go to [medicalcannabis.ky.gov](https://medicalcannabis.ky.gov).





# Self-Assessment of Usage

- **ScreenU**
  - Alcohol
  - Cannabis
  - Prescription Drugs
- 3-5 minutes
- Motivational Interviewing
- Confidential and Anonymous
- Personalized feedback

[www.Louisville.edu/bricc/screenu](http://www.Louisville.edu/bricc/screenu)

- **eCHECK UP TO GO**
  - Alcohol
  - Cannabis
- 15-20 minutes
- Confidential and Anonymous
- Quantity and Frequency of Use
- Amount Consumed
- Normative Comparisons
- Physical Health Information
- Amount and Percent of Income Spent
- Negative Consequences Feedback
- Explanation, Advice and Local Referral Information

[www.Louisville.edu/bricc/e-checkup](http://www.Louisville.edu/bricc/e-checkup)

# ALL-RECOVERY MEETING



Embracing all  
pathways of recovery.  
An opportunity to  
create community and  
feel supported.

**FREE AND OPEN  
TO ALL**

**Mondays  
6pm-7pm  
SRC  
Classroom 107**

**Beginning Mon,  
Sept. 9, 2024**


# BRICC

SUBSTANCE MISUSE. HARM REDUCTION. RECOVERY SUPPORT.

[www.Louisville.edu/BRICC](http://www.Louisville.edu/BRICC)  
[briccchs@louisville.edu](mailto:briccchs@louisville.edu)

All  
Recovery  
Meetings

# Peer Support By Appointment Only



**PEER SUPPORT MEETINGS**

**YPR**  
YOUNG PEOPLE IN RECOVERY


Meet with a Peer Support Specialist who has experience living with substance use disorders and offers shared experiences, emotional support, skill building, goal setting and resource connection in a one-on-one meeting.

**Tuesdays and Thursdays  
11 a.m.-1 p.m.  
SRC 2<sup>nd</sup> floor meeting room**

**Beginning  
9-10-2024**

**BY APPOINTMENT ONLY**

Scan to schedule your 30-minute Peer Support meeting with YPR



**BRICC**

SUBSTANCE MISUSE. HARM REDUCTION. RECOVERY SUPPORT

[www.Louisville.edu/BRICC](http://www.Louisville.edu/BRICC)  
[briccchs@louisville.edu](mailto:briccchs@louisville.edu)

# OPIOID RESCUE KIT

OPENING THIS BOX DOES NOT

NOTIFY 911 OR ULPD.

IF AN EMERGENCY, CALL 911.

Davidson Building does not manage this box.

Contact BRICC at 502-852-3442 or

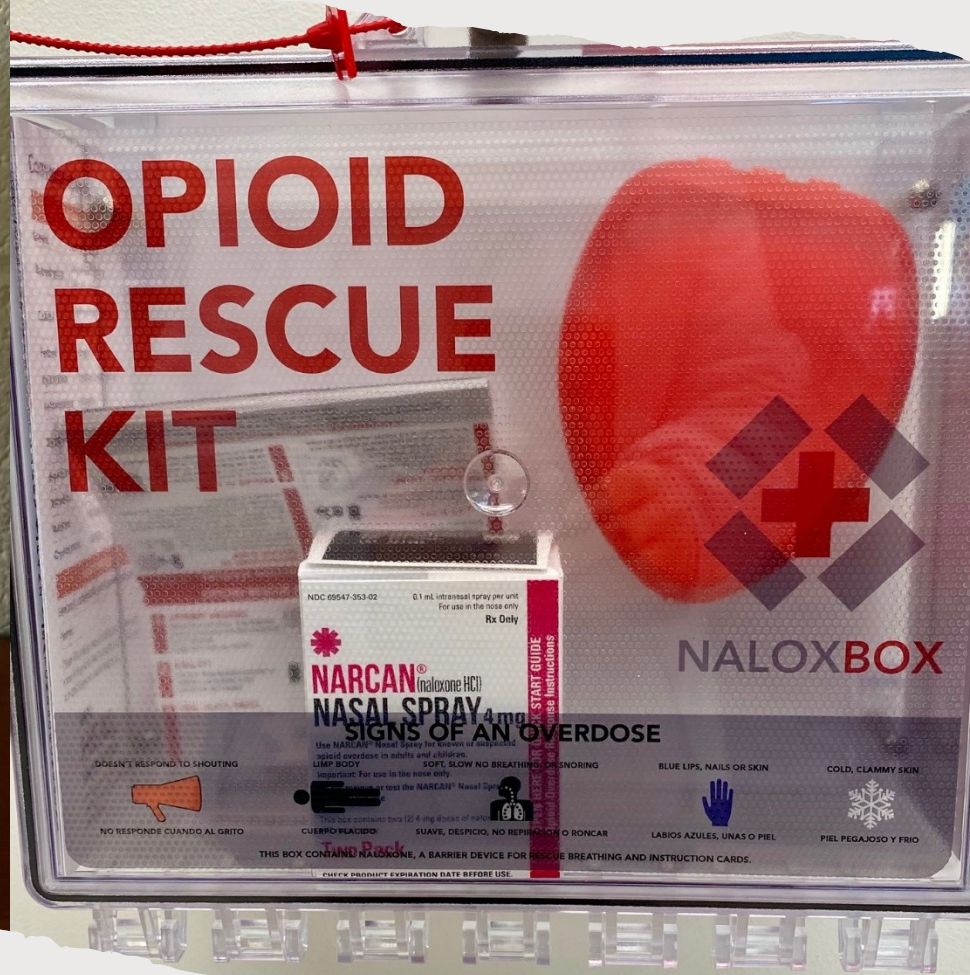
scan QR code below to request Narcan refill  
for this box.



Scan Here



Request  
Refill



## NARCAN Training and Kits

Schedule a training at:

[www.Louisville.edu/bricc/programs](http://www.Louisville.edu/bricc/programs)

# LOCATIONS

## Residence Halls

- Belknap Village North
- Belknap Village South
- Bettie Johnson
- Community Park
- Denny Crum Res. Hall
- Kurz Hall
- Louisville Hall
- Billy Minardi Hall
- Unitas Tower
- University Tower Apts.
- University Pointe

## HSC Campus

- Kornhauser Health Sciences
- Dental School

## Belknap Campus

- Student Recreation Center (SRC)
- Student Activities Center (SAC)
- Ekstrom Library
- Brandeis School of Law
- Belknap Academic Building (BAB)
- Speed School of Engineering
- College of Business
- Humanities
- Thorton Academic Center for Excellence
- Red Barn
- Davidson
- Natural Science
- Physical Plant
- College of Education
- Miller IT Center

# Keep in mind

---

We are not  
counselors

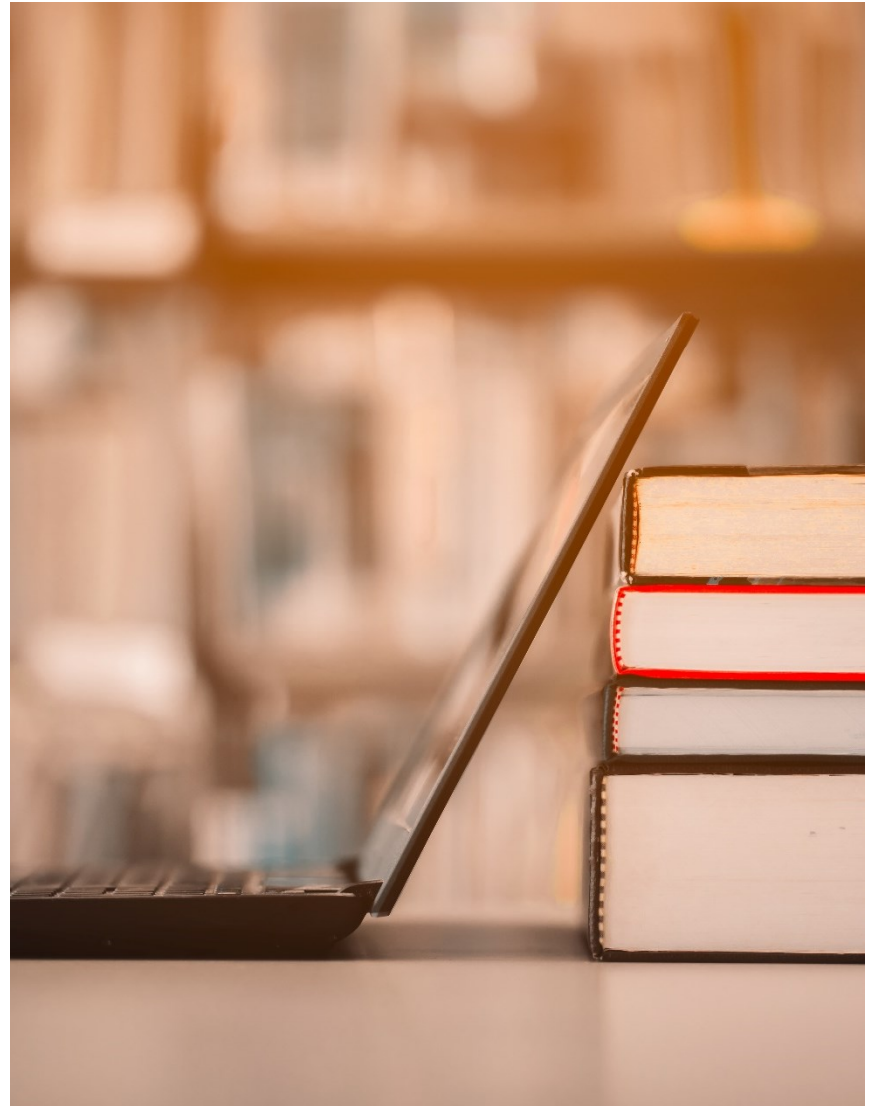
Discuss usage only  
and harm  
reduction

Can provide  
accurate  
information,  
resources, and  
referrals

# When to refer a student to BRICC

---

- Student is missing classes or assignments due to alcohol or substance misuse
- Student is questioning their usage of alcohol or other substances
- Student wants more information about alcohol and/or other substances
- Student is looking for recovery support services on campus or near campus



---

- **Reach out to BRICC at:**

- BRICC email:
- [briccchs@louisville.edu](mailto:briccchs@louisville.edu)
  
- Mary Beth Uberti
- Program Coordinator
- [Marybeth.Uberti@louisville.edu](mailto:Marybeth.Uberti@louisville.edu)
  
- BRICC Website
- [www.louisville.edu/bricc](http://www.louisville.edu/bricc)
  
- Follow us on Instagram:  
BRICC\_UofL

