

March 15, 2023

Provost Program Proposal Review Committee
University of Louisville
Re: LOI – BS in Exercise Physiology

Dear PPPRC Committee:

This letter is to signify my strong support for a new Bachelor of Science in Exercise Physiology. The program design was led by Dr. Kathryn Harman, Interim Assistant Departmental Chair and Exercise Science/Physiology Program Coordinator and approved by the Department of Health and Sports Sciences (HSS) and the CEHD Curriculum Committee. This program will eventually replace the existing BS Health and Human Performance (HHP) degree and will let HSS better prepare students for careers in the allied health sciences and human performance fields. As the existing HHP degree is phased out, those students will be ushered into the BS in Exercise Physiology, guaranteeing a steady flow of new admits.

This proposed program is intended for students interested in pursuing credentialing in medicine, physical therapy, occupational therapy, dentistry, and other professional degrees within the allied health sciences. The proposal describes the need for this 120-credit hour program to provide students with an engaging and application-based curriculum that will prepare them to be leaders and health advocates dedicated to enhancing the quality of life for individuals in their communities. Students will develop a deep and comprehensive understanding of human physiology and ways in which human movement and exercise initiate structural and functional adaptations at the biochemical, physiological, and biomechanical level.

The curriculum is designed to progressively build critical thinking skills and afford students with skill sets that are required for immediate entry into numerous careers, including human performance, athletic training, individual and corporate health/wellness, education, and exercise rehabilitation.

If you have questions, please do not hesitate to contact me.

Sincerely,



Amy S. Lingo, Ed.D.
Interim Dean and Professor, Special Education
College of Education and Human Development

CC: Megan Shreffler, Chair, HSS
Kathryn Harman, Interim Assistant Chair, HSS
Ashley Witt, Accreditation Specialist