

Bridges to the Future: Transitional Care Program

Social Services



Important Information

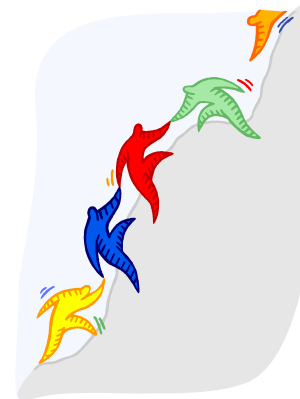
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Social Services

- Discuss the importance of developing networks
- Discuss different forms of support including financial and mental health
- Discuss how certain life goals can be accomplished including working and going to college.



Developing Support Networks

Sometimes we all need:

- ▶ Good advice
- ▶ Reliable information
- ▶ A helping hand
- ▶ Someone who can help us think through our problems so we can resolve them



Formal Support Networks

- ▶ Government Agencies
- ▶ Medicaid
- ▶ Medicaid Waivers
- ▶ Social Security
- ▶ Special Programs and Non-Profit Organizations



Government Programs

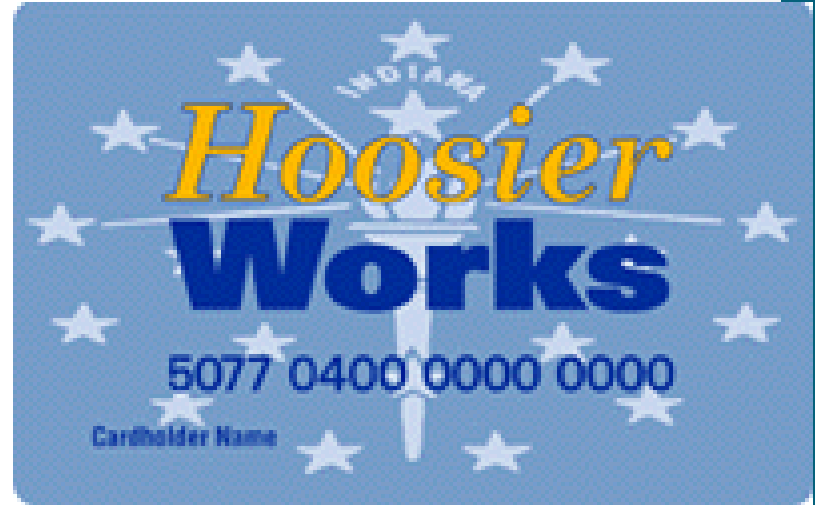
The federal and local government offer many programs to assist with a myriad of issues. A general assistance website has been set up to help identify benefits for which you may qualify: www.benefits.gov



How to Qualify in Indiana

In Indiana, the easiest way to find out if you're eligible for support programs is to contact your area's **Division of Family Resources (DFR)** office

www.in.gov/fssa/dfr/2999.htm



How to Qualify in Kentucky

In Kentucky, the easiest way to find out if you're eligible for support programs is to contact a social worker at your local **Department for Community Based Services (DCBS)**.

www.chfs.ky.gov/dcbs



Insurance Programs

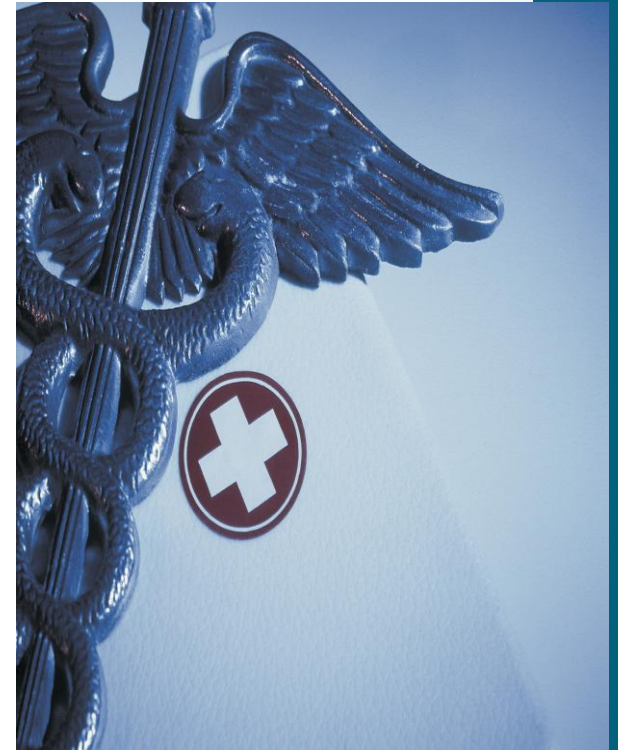
Insurance is important to assist with both medical and mental health needs. You can learn about insurance and options on the following websites:

<http://www.usa.gov/topics/health/health-insurance/choosing.shtml> and www.healthinsurance.org



Medicaid

Medicaid is a government program that provides insurance benefits to its members. There are several different Medicaid delivery agencies. To see if you qualify for Medicaid contact your local DCBS agency or DFR agency or online at www.member.indianamedicaid.com in Indiana or www.chfs.ky.gov/dms in Kentucky



Medicaid Waiver Programs

Medicaid waivers offer services to individuals who are aged or physically, mentally, or intellectually disabled, and who, without the services, would be admitted to a nursing facility.



Medicaid Waiver

Waivers provide such services as:

- Adult Day programs
- Assisted Living programs
- Behavior Support
- Case Management
- Community Living Supports
- Home Adaptions
- In-home Therapists
- Respite
- Personal Care
- Supported Employment
- Transportation Assistance
- And Many others

Medicaid Waiver Programs

The learn more about the waivers and eligibility requirements in Indiana go to:

<http://member.indianamedicaid.com/programs--benefits/medicaid-programs/waivers.aspx>

In Kentucky go to:

<http://www.chfs.ky.gov/dms/mws.htm>

Mental Health Support in Kentucky

The **Kentucky Cabinet for Health Services** also provides other resources to help people cope with life's challenges, including **Community Mental Health Centers (CMHC)**, which provide mental health, substance abuse treatment and developmental services. To find the CMHC in your area:

www.chfs.ky.gov/dms/community+mental+health+centers.htm



Mental Health Support in Indiana

Mental health assistance for Indiana residents is offered through the **Indiana Council of Community Mental Health Centers (ICCMHC)**, a nonprofit, association with 25 community-based mental health providers. To find your local office go to:

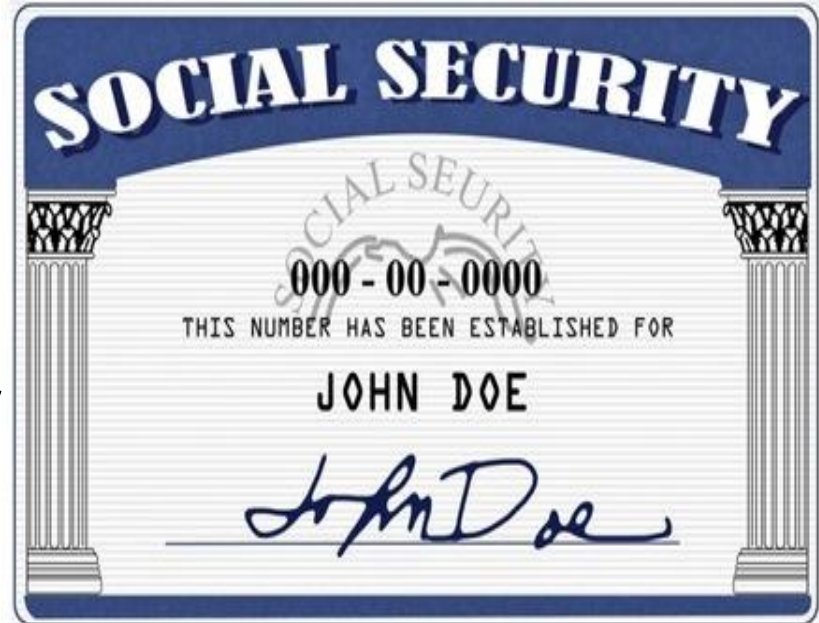
www.in.gov/fssa/dmha/index.htm



Social Security Services

“The Social Security Income (SSI) program pays benefits to disabled adults and children who meet certain requirements. Go to your local Social Security office or look or apply online at:

www.ssa.gov/applyfordisability.



Social Security Services & Support

If you are receiving Social Security and wish to work or go to school there are programs to support you and continue your services. You must stay within strict guidelines



Non-Profit Agencies and Special Programs

Nonprofit agencies are available to assist with education and support.

In Indiana some general agencies

are: www.abilityindiana.org;

www.insource.org;

www.aboutspecialkids.org

In Kentucky: www.calky.org;

www.kyspin.com;

www.kyf2f.org



Education and Employment

- ✓ College Disability Services Offices – can help you get important services and support at technical schools, community colleges and universities. Every school has one although some are better than others
- ✓ Vocational Rehabilitation Services – can help you hone job skills, gain work experience and determine the best career options for you.

Vocational Rehabilitation

- ✓ Assessment testing
- ✓ Counseling and guidance
- ✓ Vocational and other training services
- ✓ Supported employment
- ✓ Personal assistance services
- ✓ Interpreter and note-taking services
- ✓ Telecommunications & other technological devices
- ✓ Rehabilitation technology
- ✓ Job placement and job retention services
- ✓ Employment follow-up and post-employment services



Vocational Rehabilitation

Candidates for Vocational Rehabilitation:

- ✓ Must have a physical or mental impairment that constitutes a disability.
- ✓ Must have limitations that result in a substantial barrier to employment and require VR services
- ✓ Must be able to benefit from services in terms of an employment outcome

Contact your local VR agency or go online: In Kentucky:

www.ovr.ky.gov

In Indiana: www.in.gov/fssa/ddrs/2636.htm

Informal Support Networks:

- ▶ FAMILY
- ▶ FRIENDS
- ▶ TEACHERS
- ▶ CO-WORKERS



Any Questions



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Thanks for attending!

