October 16, 2010

Hello!

I hope your family has been able to enjoy all of this fall weather! As fall continues, much of the time is spent getting ready for the Holiday season. While the holidays are full of celebration and good times, we all know that it takes a lot of preparation. October's KY PLANS topic is "Preparing for the upcoming holiday season".

The goal of this month is to help parents prepare for what can be a stressful time of year. To help accomplish this, we are including a tip sheet to increase holiday readiness, a sheet with ideas for fun holiday activities, and a social story about Halloween costumes, which can often be scary for many children with ASD.

I want to encourage everyone to complete the survey reviewing June KY PLANS. Your feedback is essential to the continued success of this program.

Please let me know if there are any ways that the KATC can help you or members of your support group. You can contact me at my email at <u>rich.mancil@louisville.edu</u> or by phone at 502-852-2629 (or the main line at 502-852-4631).

Rich Mancil