Ideas for Holiday Activities!

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- Create a visual countdown to your family's holiday using construction paper loops or a calendar with pictures.
- If your son or daughter enjoys repetitive activities, encourage stringing popcorn cereal, or another favorite item that can add to the holiday decorations!
- Involve your son or daughter with packing a bag of items that are comforting or fun to take to holiday parties, or anywhere that might be different from the normal routine.
- Involve your children in decorating! Choose a craft project that everyone can participate in, and takes into account your children's interests!
- Allow your son or daughter to make decisions about what kinds of holiday decorations are hung, and where they go!
- If your son or daughter has a special interest, incorporate the interest into holiday activities or decorations. For example, ornaments, lights, and napkins come in a variety of themes!
- If your son or daughter has a favorite movie, create a "movie room" at a holiday party. Celebrate their interest, and encourage family members to do the same!
- Making holiday cookies with your son or daughter with ASD can be a lot of fun!
- If your child has an interest in music, have a dance party with lots of fun holiday songs!
- Read holiday stories and then create your own by taking pictures throughout the holiday season of your family.
- If you have access to a camcorder or a webcam, create video messages (verbal or just an image) of your child doing one of his/her favorite activities to send to friends and family as a holiday greeting and/or present.
- Decorate holiday cards, your refrigerator, or door with handprint Menorah's or a Kwanzaa Handprint Wreath. See the back of this sheet for instructions!

Create a Handprint Menorah



Materials:

2 clean hands

favorite color of finger paint, yellow finger paint

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2 heavy duty paper plates

construction paper

newspaper

- 1. Cover your work area with newspaper.
- 2. Pour your favorite color of finger paint onto the paper plates, and place them side by side.
- 3. Place the construction paper onto the newspaper.
- 4. Put one hand in each plate of paint. Carefully lift hands out of paint, and link thumbs so they overlap.
- 5. Place both hands down on construction paper, with fingers spread to make the Menorah candles.
- 6. Wash your hands off.
- 7. Dip thumb in yellow finger paint, then dab a "flame" onto the top of each "Menorah candle"!
- 8. Share your Menorah with family, friends, or classmates to celebrate the Hanukkah season!

http://www.torahtots.com/holidays/chanuka/crafts/handprint.htm

Create a Kwanzaa Handprint Wreath



Materials:

Hands Glue

Scissors

Red, green, and black construction paper

- 1. Trace hands on the different colors of construction paper to make 12 handprints.
- 2. Cut out the hands and glue together to form a wreath.
- 3. If you want, write the names of family members or paste pictures onto the handprints. Enjoy the Kwanzaa season!

http://www.dltk-holidays.com/kwanzaa/mhands.html