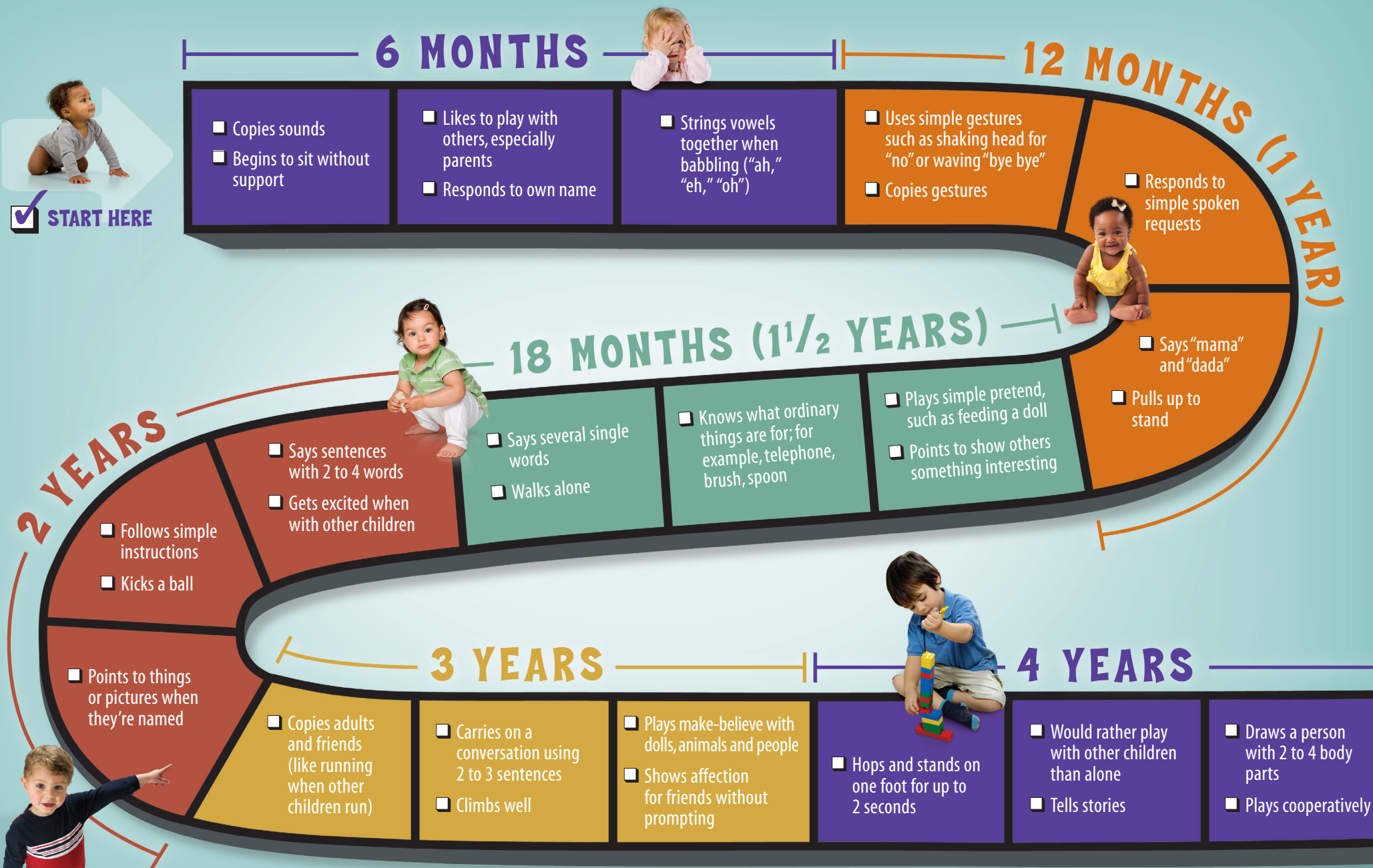


# Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) or call 1-800-CDC-INFO.

## Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

## YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to your child's doctor.

If you or the doctor is still concerned, ask the doctor for a referral to a specialist and call **1-800-CDC-INFO** to learn how to get connected with your state's early childhood system to get the help your child might need.

## DON'T WAIT.

Acting early can make a real difference!

For more information about your child's development and what to do if you have a concern, visit:

[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly)

OR CALL:  
**1-800-CDC-INFO**

to request a FREE "Learn the Signs. Act Early." Parent Kit or to get help finding resources in your area.

Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

### Kentucky "Learn the Signs. Act Early."

For more information call: 502.852.7799  
<https://louisville.edu/education/kyautismtraining/actearly>

Seek early intervention, if your child is under age 3, contact the First Steps Program at (800) 442-0087.

Contact your local school district's special education department, if your child is age 3 or older to secure special education services your child is entitled to under the Individuals with Disabilities Education Act (IDEA).



# Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

For parents of children from birth to 4 years



Centers for Disease Control and Prevention  
[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly)  
1-800-CDC-INFO

Department of Health and Human Services  
Centers for Disease Control and Prevention

Learn the Signs. Act Early.

